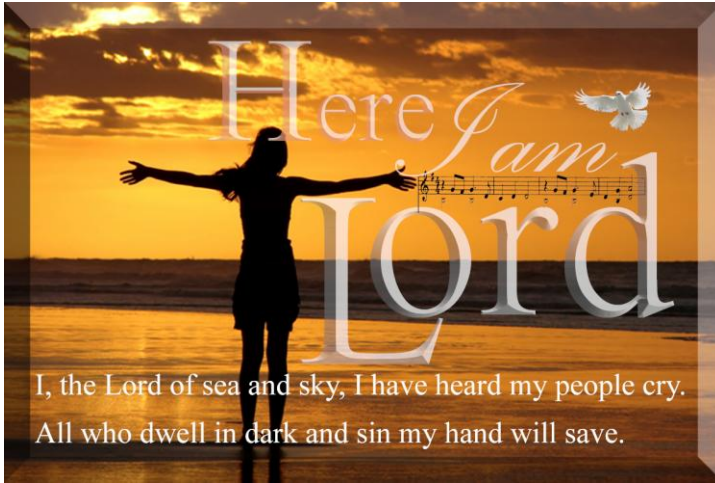


The newsletter of the National Capital Area (NCA) Emmaus for
the glory of God

Fourth Day Journal

Vol. XXIX No. 4 April, 2011

an independent, ecumenical fourth-day community~ not affiliated with The Upper Room



From the Emmaus Community Lay Director
"Here I Am, Lord"

One aspect of Emmaus that has impacted me the most is the music. What an awesome way to "pray twice"! Many of the songs that touched my heart on my weekend (E-58) were "oldies but goodies", but the one that stood out the most was "Here I Am, Lord". The chorus of the song says, "Here I am Lord. Is it I Lord? I have heard you calling in the night. I will go, Lord, if you lead me. I will hold your people in my heart."

For many of us it's not very dramatic when God is calling us in a certain direction. Often, we may know what He wants us to do, but maybe we are afraid or pretend we don't hear that small voice inside of us.

In an earlier article, I shared that it took 2 years for me to accept an invitation to walk on an Emmaus weekend. Well, let me be honest and say, that once I walked, it took *another* 2 years to put in a teaming application! I heard that small voice calling me, but my doubts, insecurities and fears got in the way.

Is the Lord calling you? Maybe he's calling you to reach out to your neighbors, to a soup kitchen, to prison ministry, to visit a nursing home, to be a minister, or to help more at your church. Maybe he's calling you to put in a teaming application or to find someone in your church, workplace or friend to sponsor.

"I, the Lord of sea and sky, I have heard my people cry. All who dwell in dark and sin my hand will save. I who made the stars of night, I will make their darkness bright. Who will bear my light to them? Whom shall I send?"

What is going to be your response?

De Colores!
Annette

DID YOU KNOW?

- We had an awesome Ultreya in March at First Baptist Church! Thanks to each of the members for making it such a lovely evening.
- The April Ultreya will be at Cameron UMC. The men's team of E-157 will be introduced.

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From the Emmaus Spiritual Director

What do you think of when you think of April?. Maybe you think of Springtime, flowers, little tweeting birdies, Easter bunnies, candy, and pastel eggs in pretty baskets lined with that fake neon green grass stuff. Maybe you're even thinking about Easter's promise of Resurrection and new hope and new joy and new life!

Me too! But do you know what else I usually think of when I think of April? Taxes. I know, call me cynical, but I think April 15th... our patriotic duty and privilege to render unto Washington that which is Washington's! And when I think of taxes, I think of Jesus' conversation with the Pharisees in Matthew 22:15-21. Here it is from the NRSV Bible...

"Then the Pharisees went and plotted to entrap him in what he said. So they sent their disciples to him, along with the Herodians, saying, 'Teacher, we know that you are sincere, and teach the way of God in accordance with truth, and show deference to no one; for you do not regard people with partiality. Tell us, then, what you think. Is it lawful to pay taxes to the emperor, or not?' But Jesus, aware of their malice, said, 'Why are you putting me to the test, you hypocrites? Show me the coin used for the tax.' And they brought him a denarius. Then he said to them, 'Whose head is this, and whose title?' They answered, 'The emperor's.' Then he said to them, 'Give therefore to the emperor the things that are the emperor's, and to God the things that are God's.'"

The coin was made in Caesar's image and so the tax rightfully belongs to Caesar, Jesus teaches. But he doesn't stop there. He reminds us in his usually amazing way that we have likewise been made in **God's** image and, therefore, belong to God! How often we forget that we are not just some lucky random combination of water and carbon and electricity, but we have been carefully crafted by a car-

ing Creator. We are precious and beloved children of God! Jesus' Passion and Resurrection prove just how much God loves us and desires to be in restored relationship with us! And just like the tax rightfully belongs to Washington... ..I mean, Caesar... so we belong to God! We are precious to God. We are valuable to God. We are treasured in God's sight, no matter what! And you can take that to the bank!

De Colores!

Matt Meisenhelter, SD

2011 ULTREYA GATHERINGS	
DATE	LOCATION
April 15	Cameron UMC
May 20	St. John's UMC
June 17	Sydenstricker UMC
July 15	Annandale UMC
August 19	Springfield UMC
September 16	Good Shepherd UMC, Dale City
October 21	St. Stephens UMC
November 18	St. Paul UMC, Woodbridge
December 16	Clarendon UMC

2011 WEEKEND SCHEDULE	
E-157	May 12 – 15 (M)
E-158	September 15 -18 (W)
E-159	November 3 – 6 (M)

NCAE INCLEMENT WEATHER POLICY

In case of inclement weather on the night of an Ultreya, please listen to the local television or radio channels. If schools are closed, and after school activities are canceled in the county in which the Ultreya is held, the Ultreya will also be canceled.

Join us at our next Ultreya gathering
7:30 p.m., Friday, April 15, 2011
Cameron UMC
 3130 Franconia Road,
 Alexandria, VA 22310



COMMUNITY PALANCA

I am the Community Palanca Cha. I need volunteers to make placemats for me. We need 270 decorated placemats for each team that goes to the Mountain.

I will have blank placemats at the Ultreyas each month. You can create your own design, either free hand, trace from a coloring book, use markers, glitter and glue to create your designs. You can either do them yourselves or get your Sunday School classes to do them. The pilgrims really like them when they come from the children. There are two kinds needed: the ones that are decorated with cute pictures and words, and ones that specifically say "DeColores". It does not matter what the picture is, it only needs to say "DeColores" somewhere on the placemat. If you wish to make a set for a specific weekend that is great but you need to mark the envelope this is for E-# and I will make sure it goes on that weekend.

You can do placemats for Chrysalis they need the same decorated and instead of saying DeColores they say FLY WITH CHRIST. If you want to do them for Chrysalis you can get them from Terry Downer and return them to her or you can give them to me and I will make sure she gets them.

Or what about your cloth Palanca bags that you received on Friday. How many of you sew? You can go to your fabric store and pick up some material. Rainbow material works well, I guess because most people don't want to use it as a dress. I will have the dimensions available for you if you're interested at the Ultreya.

Do you remember your Joy Flag Parade? Joy flags are always needed. These can be made from paper or fabric, and can be as simple or intricate as you desire, as long as they say "Joy" somewhere on the flag. These should always be the pennant shape, too. You may also specify the joy flags for specific weekend also.

First stones are simple. Go outside, pick up a rock, and write "First" on it. Please write "F-I-R-S-T" and not "I-S-T" on it. We have felt for the "I'm Lovable" flower pin that you received on Friday. Men get a pennant-shaped ribbon, and felt is available for both. Do you remember being showered

with Warm Fuzzies on Sunday? If you love yarn, then this is the project for you.

At the Ultreyas there will be the prayer wheel for you to sign up to pray and also, there will be a sheet passed that will have snacks for the weekend. You can sign at the Ultreyas. Food for the weekends needs to get to the Head Cha before Tuesday of the week that the team is going unless you are sponsoring someone and will be going to the mountain on Thursday.

Where do I get all of the material or instructions, you may ask. Well, you can pick up placemats, felt for flowers and banners, and yarn for warm fuzzes at the Ultreya each month. You can also pick up or return items at the Ultreya. There is usually a table near the church's entrance where items are placed. Or you can find me and hand items to me.

If you're not available to attend the Ultreya, you can contact me. My email address is LindaL.Smith999@verizon.net and phone number is 703- 216-2469. And if you're concerned about getting an item to me quickly, we can always keep in touch by phone and work out something. If you are willing to serve as Palanca Chairman for your church please fill out the information on the clipboard that I will have at each Ultreya in the front. Please list which items your group is interested in doing, so when I am running low on items I can contact the chairman.

If you are in a reunion group this is a good project that you could do. So, check with your group and see what items you all would love to do. If someone from your church has already signed up then you don't need to. I am looking forward to working with you!

Thank you and DeColores!

Linda L. Smith



Outreach Prayers Requests

Please be in prayer for the following Fourth Day Weekends and also keep all Fourth Day Brothers and Sisters lifted up to His throne.

March 31-April 4, 2011

Appleton Wisconsin Cursillo #220 women

April 7-10, 2011

Arlington, VA Cursillo #122

Fluvanna Correctional Center for Women, VA Kairos

New Hampshire Cursillo #272 women

Northern Michigan Emmaus # 76 women

April 28-May 1, 2011

Eastern Oregon Great Banquet #44 coed

Hagerstown Correctional Center, MD Kairos # 14

Be blessed,

Kathy Skilton

Caterpillar Pillar

For information on NCA Chrysalis, please visit Chrysalis NCA website: www.chrysalisnca.org.

Fly with Christ!

Cadre and Team

- Al Barbier** ~ Old Buffalo, *Stations of the Cross Direction and Support*
- Kurt Bubenhofer** ~ Table Leader, *Christian Action Talk, Chapel Reading*
- Charlie Carroll** ~ Chapel Cha, *Growth Through Study Talk, Chapel Reading*
- Raúl Castillo** ~ Assistant Chapel Cha, Mañanita Cha, *Lord, I have time Reading*
- Toby (Octaviano) Castillo** ~ Table Leader, *Chapel Reading*
- Vernon Chute** ~ Closing Cha, Assistant Agape Cha, *Chapel Reading*
- Rev Larry Craddock** ~ Spiritual Director, *Prevenient Grace Talk, Obstacles to Grace Talk*
- Ken Denham** ~ Table Leader, *Chapel Reading*
- Dave Downer** ~ Rector, *Fourth Day Talk, Prayer of St. Francis Reading*
- Eric Downer** ~ Table Leader, *Please Hear What I'm not Saying Reading, Chapel Reading*
- Jon Downer** ~ Audio Visual Cha, *Chapel Reading, Stations of the Cross Reading*
- Kent Eshelman** ~ Assistant Head Cha, *Life in Piety Talk*
- Sean Finegan** ~ Palanca Cha, *Priesthood of All Believers Talk*
- Joe Forrer** ~ Assistant Closing Cha, Assistant Palanca Cha, *Stations of the Cross Reading*
- Brian Gorham** ~ Assistant Music Director, *Priority Talk*
- Carl Jacques** ~ Talk Room Cha, *Changing Our World Talk, Chapel Reading, Via Dolorosa*
- Jim Krauss** ~ Assistant Dining Room Cha, Assistant Mañanita Cha, *Body of Christ Talk, Via Dolorosa.*
- Jim McCray** ~ Assistant Rector, *Perseverance Talk, Chapel Reading*
- Mike McLean** ~ Head Cha, *Who Me Reading*
- Jay Nesmith** ~ Music Director
- Mike Suddarth** ~ Agape Cha, *DDU Fourth Day Talk, Chapel Reading*
- Rev. Russ Urban** ~ Assistant Spiritual Director, *Means of Grace Talk, Sanctifying Grace Talk, Justifying Grace Talk*
- Don Watkins** ~ Table Leader
- Bill Zachman** ~ Dining Room Cha, *Discipleship Talk, Chapel Reading*

EMMAUS BOARD

Term Expiring January 2012

Annette Barbier	703-491-2104	ld@emmausnca.org
TJ Cuddy	703-785-9384	trtjsc@aol.com
Gloria Esterline	703-494-0876	esterlineg@verizon.net
Doug Geeting (SD)	703-221-8607	SD@emmausnca.org
Stan Grigsby	703 244-1516	stan.grigsby@sgrigsby.com
Kathy Henry	703-960-4540	dakota-laguapa@earthlink.net

Term Expiring January 2013

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EMMAUS SUPPORT STAFF

Applications ~ Pilgrims (& drops)

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Applications ~ Team

Jan & Carolyn Janiczek	703-670-6615	Team_app@emmausnca.org
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Board Secretary

Cynde Rogers	703-824-3634	Sec@emmausnca.org
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Community Agape

Linda Smith	703-216-2469	lindalsmith999@verizon.net
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Community Support (Storage Shed)

Paty Plummer	703-490-3769	plummerp@comcast.net
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Data Base Manager

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Facility Liaison

Beth Rand	703-763-3242	rand.beth@yahoo.com
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Fourth Day Packets

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Fourth Day Journal Editor

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Fourth Day Journal Mailing

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HolyNet Coordinator

Dave Moore	703-680-4002	HolyNet@emmausnca.org
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Kairos Information (Weekend, Cookies, Etc.)

Todd Hastings	703-938-9553	dumpster63T@verizon.net
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Kairos Outside Information

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Manuals

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Music Directors

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Assistant - Vacant

Outreach Agape

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Prayer Wheel Coordinator

Jenn Glidwell	571-572-3335	magnolias72@verizon.net
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Rector(a) Selection Committee

Al Barbier	703-491-2104	Ajbarbier@aol.com
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Reunion Group Coordinator

Todd Hastings	703-938-9553	dumpster63T@verizon.net
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Kathy Henry	703-960-4540	dakota-laguapa@earthlink.net
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Treasurer

Jim McCray	703-491-8863	treas@emmausnca.org
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Rob Cannon	703-965-8045	webadmin@emmausnca.org
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Wooden Crosses & Ropes

Jim and Jan Womer	703-670-5236	jmwomer@verizon.net
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CHRYSALIS BOARD

Community Lay Director (CLD)

Assistant Lay Director (ALD)

Spiritual Director (SD)

CLD	Alex Cannon	laydirector@chrysalisnca.org
ACL	Jessie Kearns	asstlaydirector@chrysalisnca.org
SD	Jenny Day	Pastor1@chrysalisnca.org
SD	Gary McCluskey	Pastor2@chrysalisnca.org

Other Board Members

Amanda Damon	Bob LeMay
Jenny Day	Rob Collins
JoAnn McLean	Sam Parris
Joe Downer	Karen Kimberlin
Josh Risinger	Linda Smith

Chrysalis Support Personnel

Secretary	Michele McGaffic
Supplies Coordinator	Linda Russ/ Melissa Detwiler
Treasurer	Gale Collins
Website Cha	Alex Cannon
Weekend Agape	Beth Ann Eadie Terri Downer Gale Collins
Manuals and Talk Folders	Volunteer Needed
Music Director	Dave Moore
Registrar	Michael Collins
Secretary	Michele McGaffic
Supplies Coordinator	Linda Russ/ Melissa Detwiler
Treasurer	Gale Collins
Website Cha	Alex Cannon
Weekend Agape	Beth Ann Eadie Terri Downer Gale Collins

COMMUNITY WEBSITE REMINDER!

Please check our Website at
www.emmausnca.org
for updates and listings of on-going ministries,
missions and additional worship and service

EMMAUS WEEKEND FEE SCHEDULE

Application Fee	\$35
Pilgrim Fee	\$150
Team Fee	\$250

HELP NEEDED:

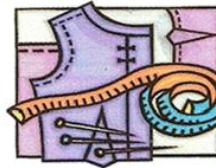
- Beginning Journey With Jesus weekends - contact Linda Smith (lindasmith999@verizon.net)

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04/11/2011

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