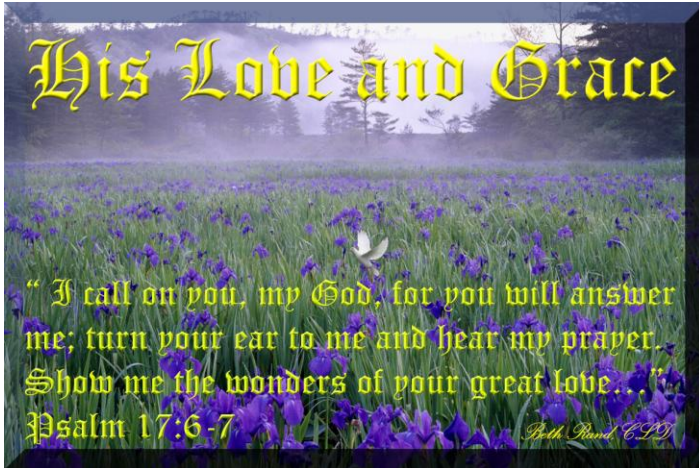


The newsletter of the National Capital Area (NCA) Emmaus for
the glory of God

Fourth Day Journal

Vol. XXX No.1 January, 2012

an independent, ecumenical fourth-day community~ not affiliated with The Upper Room



From the Emmaus Community Lay Director

My name is Beth Rand. I worship at Old Bridge United Methodist Church, walked on Chrysalis 20 and sat at the table of Love (clap).

I feel overwhelmed by the blessings that this community has given me throughout my Fourth Day. While I would have never imagined the role in which God would call me to serve so many years later, I knew from the moment I walked on C-20 that part of my service to Him would be in this amazing community. I am both humbled and honored to serve as the Community Lay Director for 2012 and see this as yet another part of His plan for me.

As I sit writing this we are approaching the end of 2011 and I've been examining that age old tradition of New Year's Resolutions. Have you made yours? Perhaps you've resolved to try a new diet, try a new bible study, resolve to give up a vice, resolve to sponsor a pilgrim on a weekend. I started thinking about my resolutions as they apply to being Community Lay Director. As I was thinking about this I was listening to Chris Tomlin's song *God of this City*. One part of refrain includes "Greater things are yet to come and greater things are still to be done in this City". I think that applies to our community. Great, amazing, powerful things are yet to come for those who have already been called to walk in 2012. Great, amazing and powerful things are still to be done by those of us already within the community- as we welcome, nurture, serve and share our faith with all we know. I pray that God will use each of us as His instrument in the coming year to serve as His hands and feet in any capacity needed.

This will be a year where we as a community will experience many changes. As we close a wonderful chapter at New Windsor we prepare to begin an exciting, new chapter

at a new facility. As it has been echoed over and over--- God will meet us wherever we hold our weekends. A verse that has inspired me as of late is Psalm 17: 6-7: " I call on you, my God, for you will answer me; turn your ear to me and hear my prayer. Show me the wonders of your great love..." His love and grace truly is great and I can't wait to see what he has in store for us all in the coming year.

Know that each of you are in my prayers and I wish you a wonderful New Year.

DeColores,

Beth Rand

Community Lay Director

Did You Know?

The January Ultreya will be held at Old Bridge United Methodist in Woodbridge.

- C-80 heads to the mountain January 13-16 at the 4H Center in Front Royal. Let's shower the bugs with love!
- In case of **inclement weather** on the night of an Ultreya if schools are closed, and after school activities are canceled Ultreya will also be canceled.
- A 2012 list of Ultreya dates and locations can be found on the website.

INSIDE THIS ISSUE

Emmaus CLD Message	1
Emmaus SD Message	2
Outreach Prayer Request	2
2012 Weekend Schedule	2
2012 Weekend Fees	2
Emmaus Weekend Fee Schedule	2
Community Palanca	3
2012 Ultreya Gatherings	3
Jan. 20, Ultreya at Old Bridge UMC	3
Chrysalis CLD Message	4
Community Website Reminder	5
Inclement Weather Policy	5
Emmaus/Chrysalis Board /Directories	5
Business Sponsors	6





From the Emmaus Spiritual Director

Emmaus New Year Letter, 2012

Perhaps you have heard some of these predictions for 2012: The Mayan calendar says the world will end on Dec 21st, 2012. I Ching, ancient Chinese prophecies, also claim Dec. 21st, 2012 as the end of time. The same date is predicted by the Web Bot, software which tracks the most frequently used words on the internet to predict future events. The Web Bot was supposedly accurate in predicting the terrorist attacks in 2001 and the tsunami in 2004.

Scientists, analysts and forecasters make predictions about almost everything. As Christians, we need not be concerned with predictions but with God's plan. Revelation 21 was written to the church during a time of great difficulty. Christians like you and me were being harassed for their faith, some of them were even martyred. The very existence of the church was threatened. The author of Revelation reports a vision—" *Then I saw "a new heaven and a new earth... And I heard a loud voice from the throne saying, "Look! God's dwelling place is now among the people, and he will dwell with them. They will be his people, and God himself will be with them and be their God. 'He will wipe every tear from their eyes. There will be no more death 'or mourning or crying or pain, for the old order of things has passed away."* He who was seated on the throne said, "I am making everything new!"

Because of Christ, the new heaven and new earth are possibilities now. Every tear will be wiped away, today. This is not a prediction, this is God's plan and God has been delivering it to us since the very beginning. Think about it! From the very ordering of creation, God's plan was for every night to turn into day. In Exodus, God heard the cries of the Egyptian slaves and God wiped away the tears of the slaves, delivered them into a new land. Prophets like Jeremiah delivered the news of God's plan to prosper his people. Jesus was born even though there was no room for him, God's kingdom emerged anyway! We can move forward into 2012, with confidence. We will witness the transformation from what was lifeless to life abundant because of God's plan.

I look forward to serving God with you in this faithful community and watching God's loving plan unfold for us all.

Rev. Janet Salbert, SD

2012 WEEKEND SCHEDULE	
E-160	March 1-4 (W)
E-161	May 17-20 (M)
E-162	TBD
E-163	TBD

2012 WEEKEND FEES	
Application Fee	\$35.00
Pilgrim Fee	\$175.00
Team Fee	\$275.00



Outreach Prayers Request

Please pray for all Fourth Day communities worldwide. Lift up all governing Boards, Community Lay Directors, all Spiritual Directors, physical sites and teams for 2012. Some Fourth Day Communities include: Walk To Emmaus, Tres Dias, Great Banquet, Kairos, Kairos Outside, Cursillo, Episcopal Cursillo, Chrysalis, Ephinay, Koinonia and many independent communities like ours.

Be blessed,

Kathy Skilton



COMMUNITY PALANCA

I am the Community Palanca Cha. I need volunteers to make placemats for me. We need 270 decorated placemats for each team that goes to the Mountain.

I will have blank placemats at the Ultreyas each month. You can create your own design, either free hand, trace from a coloring book, use markers, glitter and glue to create your designs. You can either do them yourselves or get your Sunday School classes to do them. The pilgrims really like them when they come from the children. There are two kinds needed: the ones that are decorated with cute pictures and words, and ones that specifically say "DeColores". It does not matter what the picture is, it only needs to say "DeColores" somewhere on the placemat. If you wish to make a set for a specific weekend that is great but you need to mark the envelope this is for E-# and I will make sure it goes on that weekend.

You can do placemats for Chrysalis they need the same decorated and instead of saying DeColores they say FLY WITH CHRIST. If you want to do them for Chrysalis you can get them from me also, and return them to me.

Or what about your cloth Palanca bags that you received on Friday. How many of you sew? You can go to your fabric store and pick up some material. Rainbow material works well, I guess because most people don't want to use it as a dress. I will have the dimensions available for you if you're interested at the Ultreya.

Do you remember your Joy Flag Parade? Joy flags are always needed. These can be made from paper or fabric, and can be as simple or intricate as you desire, as long as they say "Joy" somewhere on the flag. These should always be the pennant shape, too. You may also specify the joy flags for specific weekend also.

First stones are simple. Go outside, pick up a rock, and write "First" on it. Please write "F-I-R-S-T" and not "I-S-T" on it. We have felt for the "I'm Lovable" flower pin that you received on Friday. Men get a pennant-shaped ribbon, and felt is available for both. Do you remember being showered with Warm Fuzzies on Sunday? If you love yarn, then this is the project for you. At the Ultreyas there will be the

prayer wheel for you to sign up to pray and also, there will be a sheet passed that will have snacks for the weekend. You can sign at the Ultreyas. Food for the weekends needs to get to the Head Cha before Tuesday of the week that the team is going unless you are sponsoring someone and will be going to the mountain on Thursday.

Where do I get all of the material or instructions, you may ask. Well, you can pick up placemats, felt for flowers and banners, and yarn for warm fuzzes at the Ultreya each month. You can also pick up or return items at the Ultreya. There is usually a table near the church's entrance where items are placed. Or you can find me and hand items to me.

If you're not available to attend the Ultreya, you can contact me. My email address is LindaLSmith999@verizon.net and phone number is 703- 216-2469. And if you're concerned about getting an item to me quickly, we can always keep in touch by phone and work out something. If you are willing to serve as Palanca Chairman for your church please fill out the information on the clipboard that I will have at each Ultreya in the front. Please list which items your group is interested in doing, so when I am running low on items I can contact the chairman.

If you are in a reunion group this is a good project that you could do. So, check with your group and see what items you all would love to do. If someone from your church has already signed up then you don't need to. I am looking forward to working with you!

Thank you De Colores! And Fly with Christ

Linda L. Smith

2012 ULTREYA GATHERINGS	
Jan. 20	Old Bridge UMC
Feb.17	Lake Ridge Baptist, Woodbridge
Mar.16	Dumfries UMC
Apr. 20	Cameron UMC
May 18	St. Paul's UMC, Woodbridge
Jun.15	St. John's UMC
Jul. 20	Annandale UMC
Aug.17	Christ Church
Sept.21	Sydenstricker UMC
Oct. 19	St. Stephen's UMC
Nov. 16	First Baptist Church, Woodbridge
Dec. 21	First United Presbyterian Church of Dale City

Join us at our next **Ultreya**
7:30 p.m., Friday, January 20, 2012
Old Bridge UMC
 3966 Old Bridge Road, Woodbridge, Virginia
 22192

National Capital Area Chrysalis



From Our Chrysalis Community Lay Director

Dear Community,

Happy New Year everyone! Its 2012 and C-80 is only a couple weeks away and it looks like is going to be a full weekend! Second Corinthians 5:17 says, "Therefore, if anyone is in Christ, the **new** creation has come: The old has gone, the **new** is here!" (2 Cor. 5:17)! It is our prayer that as all the Bugs/Caterpillars who go through our weekends will be transformed into beautiful butterflies. We pray that they will grow in their faith and knowledge of God and then go out and share their faith with others. The deadline to submit Bug Applications is January 6th but space is limited so please get those applications in ASAP! Youth ages 14-18 may attend as long as they have completed their first semester of High School. C-80 will take place January 13-16 at the 4-H Center in Front Royal, VA. The weekend theme is "The Power of Love," their song is "I Lift My Hands" by Chris Tomlin, and their verse is 1 John 4:19. There are still a few spots open on the Prayer Wheel so please email me or sign up on facebook if you're interested! The Bug & Team lists are below but please check our website (www.chrysalisnca.org) or facebook page for the most current information.

C-80 Bug List (as of 12/28/11)

Guys: (12)

Robert Anton	Pender UMC
Jake Eng	Grace Life Community Church
Ryan FitzGibbon	Annandale UMC
Jack Francis	Grace Baptist
Nate Griffo	Grace Baptist
Ben Lazo	Hope Hill (Non-Denominational)
Elijah McCain	Lifepoint Church
Jacob Meighen	Messiah UMC
David Moon	Christ UMC
Braden Pena	Pender UMC
Jerry Reed	Christ UMC
Zach Wood	Grace Baptist

Girls: (16)

Kat Barone	Pender UMC
Amanda Cahow	Prince of Peace UMC
Lauren Cavendish	Old Bridge UMC
Bethany Hugo	Pender UMC
Vicky Johnson	Dumfries UMC

Whitney LeMay	Old Bridge UMC
Marissa Marth	Dumfries UMC
Mariama Oliver	New Life (Non-Denominational)
Raina Payne	Springfield UMC
Taylor Robinson	Cameron UMC
Stephanie Seitz	(none listed)
Brin Szuma	First Baptist of Springfield
Ivey Wagner	Fairfax Community
Kristy Wilkinson	Bethel UMC
Elizabeth Zachman	Grace Baptist
Hannah Zachman	Grace Baptist

C-80 Team List

Katie Bubenhofer – Youth Female HC, DDU 4th Day Talk
 Kurt Bubenhofer – Adult Male HC
 Sharon Bubenhofer – Table Leader, Prayer Talk
 Nicole Gunderson – Table Leader, Hope for the Flowers Reading
 Amanda Damon – Female MD, Single Life Talk
 John Dolan – Agape Cha
 Emily Downer – Talk Room Cha, Study Talk
 Dan Elmore – SD, God Talks, The Wall Reading
 Carol Good – Adult Female R, Priesthood Talk
 Brittney Janzen – Chapel Cha
 Sally Lyberger – Chapel Cha, Faith Talk
 Tim Lyberger – Adult Male R, Priesthood Talk, The Ragman Reading
 Jerrod Mannucci – Talk Room Cha, Please Hear Reading
 Shane Marth – Youth Male R, Next Steps Talk
 Madison McLean – Dinning Room Cha
 Mariah McLean – Youth Female R, Next Steps Talk
 Mike McLean – Table Leader, Prayer Talk, Who Me Reading
 Clayton Newberry – Youth Male HC, Ultreya 4th Day Talk, Hope for the Flowers
 Scott Niehoff – Male MD, Single Life Talk
 Mack Parrish – Table Leader, Faith Talk
 Sarah Pritt – Table Leader
 Kat Provost – Table Leader
 Chennon Radford – Adult Female HC
 Becca Radoye – Table Leader, Christian Action Talk
 Jose Saldana – SD, God Talks
 Brian Smith – Table Leader, Study Talk
 Victoria Sprenger – Table Leader, Please Hear Reading
 Max Stribula – Table Leader, Christian Action Talk
 Donna VanWert – Agape Cha
 Rebecca Waring – Table Leader
 JR Williams – Table Leader, Marriage Talk
 Stephanie Williams – Table Leader, Marriage Talk
 Tyler Zong – Table Leader, Prodigal Talk

If you ordered a Chrysalis Shirt please pick up your order at the January Ultreya. If you can't make it to the Ultreya please email me so we can make other arrangements. If you missed out on the first round of Shirt orders don't worry you'll have another opportunity in the Spring. Plus, we're still selling our Chrysalis Bumper Magnets at \$7.00 a piece, which would make for great agape! Remember all of the proceeds go to our scholarship fund.

Fly With Christ,
 Jessie Kearns
 Chrysalis Community Lay Director

EMMAUS BOARD		
Term Expiring January 2013		
Beth Rand	703-763-3242	rand.beth@yahoo.com
Kent Eshelman	703-560-3112	dkesh@cox.net
Jim Earley	703-536-7720	revsrus@comcast.net
Mike McLean	703-577-6678	mike.mclean@caaii.com
Jan Niehoff	703-455-8796	niehoff4@verizon.net
Rich Wunderlin	703-627-9811	rich.wunderlin@cox.net
Term Expiring January 2014		
Vickie Carroll	703-887-7590	Vickie.carroll@verizon.net
Jack Christie	703-491-8670	jackchristie153@gmail.com
Mark Fahner	703-273-1204	mfahner1@verizon.net
Amy Phillips	703-371-8173	amyville22@gmail.com
Janet Salbert	571-275-0289	jansalbert@wesleyva.org
Kathy Woodley	703-971-3741	kwoodley1@cox.net
EMMAUS SUPPORT STAFF		
Applications ~ Pilgrims (& drops)		
Jan & Carolyn Janiczek	703-670-6615	Cand_app@emmausnca.org
Applications ~ Team		
Jan & Carolyn Janiczek	703-670-6615	Team_app@emmausnca.org
Board Secretary		
Kathy Henry	703-960-4540	dakota-laguapa@earthlink.net
Community Agape		
Linda Smith	703-216-2469	lindalsmith999@verizon.net
Community Support (Storage Shed)		
Patty Plummer	703-490-3769	plummerp@comcast.net
Data Base Manager		
Jan & Carolyn Janiczek	703-670-6615	Data_adm@emmausnca.org
Facility Liaison		
Fourth Day Packets		
Mark Segnari	703-670-3145	4daypack@emmausnca.org
Fourth Day Journal Editor		
Raúl Castillo	703-307-8070	4DayJour@emmausnca.org
Fourth Day Journal Mailing		
Maria Hooper	703-878-3227	4DayMail@emmausnca.org
Historian		
Neal Ailstock	703-931-4800	history@emmausnca.org
HolyNet Coordinator		
Dave Moore	703-680-4002	emmausnca@gmail.com
Kairos Information (Weekend, Cookies, Etc.)		
Todd Hastings	703-938-9553	dumpster63T@verizon.net
Kairos Outside Information		
Barbara Teats	703-354-9043	barbteats@hotmail.com
Manuals		
Linda Girten	703-491-3801	manuals@emmausnca.org
Music Directors		
Jay Nesmith	540-809-6840	md@emmausnca.org
Assistant - Vacant		
Outreach Agape		
Kathy Skilton	703-321-7139	auntkath@aol.com
Prayer Wheel Coordinator		
Jenn Glidwell	703-580-5182	magnolias72@verizon.net
Rector(a) Selection Committee		
Annette Barbier	703-491-2104	Abarbier2@aol.com
Reunion Group Coordinator		
Todd Hastings	703-938-9553	dumpster63T@verizon.net
Scholarships		
Treasurer		
Jim McCray	703-491-8863	treas@emmausnca.org
Website Manager		
Rob Cannon	703-965-8045	webadmin@emmausnca.org
Wooden Crosses & Ropes		
Jim and Jan Womer	703-670-5236	jmwomer@verizon.net

CHRYSALIS BOARD		
Community Lay Director (CLD)		
Assistant Lay Director (ALD)		
Spiritual Director (SD)		
CLD	Jessie Kearns	laydirector@chrysalisnca.org
ACL D	Jo Ann McLean	asstlaydirector@chrysalisnca.org
SD	<i>Volunteer Needed</i>	
SD	Gary McCluskey	Pastor2@chrysalisnca.org
Other Board Members		
Katie Bubenhofer		Shane Marth
Kurt Bubenhofer		Mariah McLean
Sam Gero		Sam Parris
Nick Iverson		Josh Risinger
Karen Kimberlin		Lindell Tinsley
Chrysalis Support Personnel		
Supply Coordinators		Linda Russ/ Melissa Detwiler
Prayer Wheel		Gale Collins
Manuals and Talk Folders		<i>Volunteer Needed</i>
Music Director		Dave Moore
Registrar		Scott Niehoff
Secretary		Katie Bubenhofer
Treasurer		Gale Collins
Clothe Agape Bags		Beth Ann Eadie
Dinning Room Supplies		Linda Smith
World Wide Comm. Agape		<i>Volunteer Needed</i>
Facilities Liaison		<i>Volunteer Needed</i>
Fourth Day Packets		Bob LeMay
Historian		<i>Volunteer Needed</i>
Weekend Manuals & Talk Folders		<i>Volunteer Needed</i>
Chrysalis Crosses		<i>Volunteer Needed</i>
Website Cha		Alex Cannon

COMMUNITY WEBSITE REMINDER!

Please check our Website at www.emmausnca.org for updates and listings of on-going ministries, missions and additional worship and service opportunities.

INCLEMENT WEATHER POLICY

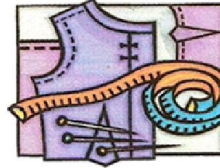
In case of inclement weather on the night of an Ultreya, please listen to the local television or radio. If schools are closed, and after school activities are canceled in the county in which the Ultreya is held, the Ultreya will also be canceled.

"Heaven is a little closer in a house by the sea"

Beach House – Cape Hatteras NC
3 BR, 2Bath (Semi-oceanfront, open all year)

Bill and Marie Pfancuff 703-241-2949
WPfancuff@aol.com

MARY JOHNSON
SEAMSTRESS
SEWING AND ALTERATIONS



703-492-1020

Seatco Custom
Embroidery

*Let us transform your original design into
beautiful, lustrous embroidery!*

Jennifer Ailstock E-67

5610 Scoville St. 703-931-4800
Bailey's Crossroads, VA 22041



RE/MAX
Allegiance

Dawn Squires
REALTOR®

Top Producer, SRES Specialist
5641 Burke Centre Parkway
Burke, Virginia 22015

10% of Commission to NCA Emmaus
for each "Emmaus" House

Direct (703) 503-4286
Office (703) 250-8500
Fax (703) 250-4586

Each Office Independently Owned and Operated

dawn.squires@gte.net



www.emmausnca.org

**Fourth-Day-Journal
Emmaus of the National Capital Area
P.O. Box 2243
Merrifield, VA 22116**