



The newsletter of the National Capital Area (NCA) Emmaus for the glory of God

Fourth Day Journal

Vol. XXXI No.12 December, 2013

an independent, ecumenical fourth-day community~ not affiliated with The Upper Room



We have received the greatest gift of all, God's un-conditional love. We must pass this gift on to others. Wishing you the Peace of Christ. Jack Christie, CLD

From the Emmaus Community Lay Director

Then the angel said to them, "Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. For there is born to you this day in the city of David a Savior, who is Christ the Lord."

As we prepare to celebrate the birth of our Lord and Savior Jesus Christ, we recall the voice of his cousin John the Baptist crying out, as foretold by the prophet Malachi, "Prepare ye the way of the Lord!" We are filled with the hope of God's appearance in our world, and affirmation of God's faithfulness to the covenant He made with us through Jesus. This is our mission each and every day, through our work in Emmaus, Chrysalis, Kairos, or the many programs within our church: to prepare the way for the Lord's return by witnessing to others how God has been active in our lives. We have received the greatest gift of all, God's un-conditional love. We must pass this gift on to others. So as we scurry about in preparation for Christmas, let us not lose sight of "The Reason For The Season!"

Wishing you the Peace of Christ. May all your hopes and dreams come true. It has been an honor to serve as your CLD during this past year. It is each and everyone of you that makes NCA Emmaus a vibrant, living movement. Only through your efforts to serve, to recruit pilgrims, and to work behind the scenes are we able to touch more lives and "Prepare the way of the Lord!" DeColores!

Blessings,

Jack Christie, CLD

Did You Know?

If you missed the November Ultreya, six new members were elected to serve on the NCAE Board of Directors for 2014-2015. Please welcome Dawn Mosteller, Nancy Geeting, Debbie McCluskey, Chris Scholz, Michael Gentile, and Garey Eakes.

The December Ultreya will be held at Cameron UMC in Alexandria on the 20th. Come celebrate the Lord's birth with us.

We will again have four weekends in 2014. All will be held at the 4-H Training Center near Front Royal, VA. The ladies will go the mountain with E-168 March 27-30, and the men will follow with E-169 May 1-4. It's never too early to recruit pilgrims for these weekends.

REUNION GROUP COORDINATOR NEEDED:

The NCA Emmaus Community is seeking a new Reunion Group Coordinator. If you are interested in serving in this capacity, please let a member of the Board know. Many thanks to Todd Hastings ^{Luke 2:10-11} who has been serving the community in this role for the past several years.

INSIDE THIS ISSUE

Emmaus CLD Message.....	1
Reunion Group Coordinator Needed.....	1
Emmaus SD Message.....	2
Emmaus Music Directors, "Sing Praise".....	2
2014 Emmaus Walks.....	2
Ultreya Gatherings.....	3
Community Palanca.....	3
Outreach Prayer Request.....	4
Chrysalis CLD Message.....	4
Inclement Weather Policy.....	4
2013 Weekend Fees.....	4
Emmaus/Chrysalis Board /Directories.....	5
Business Sponsors.....	6



From the Emmaus Spiritual Director

Merry Christmas! We wish you and your loved-ones a most Merry Christmas and a blessed and Happy New Year!

It's hard to believe the holidays are upon us. Those special days tend to become a Means of Grace for us. We are blessed and graced by God when we gather in Jesus name to celebrate. We celebrate wonderful food, the beauty of the season, the glowing trees, the sparkling eyes of children, the decorations that adorn the house, Christmas Eve services, and getting to be with family and friends. It IS a season of hope, joy, peace, and love!

I know that we can get so very busy that we tend to forget about the deep significance of the day. We can get so busy preparing to celebrate Christmas that we actually miss it because we were too busy. As we move through the days of Advent, I hope all of you find the special love and happiness that comes with this time of year. I hope joy and comfort truly are gifts you receive.

And speaking of gifts, have you considered offering to sponsor a pilgrim on one of the upcoming weekends? What a marvelous gift to give a friend or family member. You could get a couple other folks to chip in with you to help cover the \$175 pilgrim fee for 2014. Team fees are \$225. We will be at the Four H Center in Front Royal this coming year. Just a thought, especially when you aren't sure what to get someone...

But more than that, Christmas is about a time for giving and for receiving. It's so much fun to give to others. I sometimes can't wait to give Nancy something I have found that I think she will love. The receiving is not so much the getting a gift, as it is in giving a gift. When we give from the heart, be it money or our time and effort, we find this great joy coming back to us. It's unexpected. It's wonderful. Perhaps now is the time to make sure you have an application in to team. The joy of giving usually outweighs the joy of receiving.

As Christmas comes upon us, in the peaceful quiet of the night, I pray that you will have a wonderful Christmas,

finding the hope and peace of this holy season enfoldng you in the arms of faith and love.

Christmas blessings,
Doug Geeting, SD



From the Emmaus Music Directors, MD's

!!DeColores!!

How touching to hear a child sing, especially about our Lord. We hope you enjoy the carols and children singing at December Ultreya. God is so present as we sing and celebrate Christ's birth. It is exciting to be a Christian during this season and always! Whether it's joyful carols, Breath of Heaven, Joseph's Lullaby, a drama or cantata, let your soul be set free to worship out loud! We love you and appreciate your spirit of Christmas all year long! We share in the JOY of Jesus and sing Hallelujah to the Lord. Start 2014 with a song in your heart.

Please contact us and fill the calendar with outreach plans & your music requests. Merry Christmas!

We love you,

Mary Ann and Jim and Jerry!

MD@EMMAUSNCA.ORG

2014 Emmaus Walks

E-168 ~ Mar. 27-30 - Carolyn Ritenour
E-169 ~ Apr. 01-04 - Paul Salbert
E-170 ~ Oct. 02-05 - Beth Mickey
E-171 ~ Nov. 13-16 - Sam Parris

All weekends will be held at the 4-H Training Center near Front Royal, VA



COMMUNITY PALANCA

I am the Community Palanca Cha. I need volunteers to make placemats for me. We need 270 decorated placemats for each team that goes to the Mountain.

I will have blank placemats at the Ultreyas each month. You can create your own design, either free hand, trace from a coloring book, use markers, glitter and glue to create your designs. You can either do them yourselves or get your Sunday School classes to do them. The pilgrims really like them when they come from the children. There are two kinds needed: the ones that are decorated with cute pictures and words, and ones that specifically say "DeColores". It does not matter what the picture is, it only needs to say "DeColores" somewhere on the placemat. If you wish to make a set for a specific weekend that is great but you need to mark the envelope this is for E-# and I will make sure it goes on that weekend.

You can do placemats for Chrysalis they need the same decorated and instead of saying DeColores they say FLY WITH CHRIST. If you want to do them for Chrysalis you can get them from me also, and return them to me.

Or what about your cloth Palanca bags that you received on Friday. How many of you sew? You can go to your fabric store and pick up some material. Rainbow material works well, I guess because most people don't want to use it as a dress. I will have the dimensions available for you if you're interested at the Ultreya.

Do you remember your Joy Flag Parade? Joy flags are always needed. These can be made from paper or fabric, and can be as simple or intricate as you desire, as long as they say "Joy" somewhere on the flag. These should always be the pennant shape, too. You may also specify the joy flags for specific weekend also.

First stones are simple. Go outside, pick up a rock, and write "First" on it. Please write "F-I-R-S-T" and not "1-S-T" on it. We have felt for the "I'm Lovable" flower pin that you received on Friday. Men get a pennant-shaped ribbon, and

felt is available for both. Do you remember being showered with Warm Fuzzies on Sunday? If you love yarn, then this is the project for you. At the Ultreyas there will be the prayer wheel for you to sign up to pray and also, there will be a sheet passed that will have snacks for the weekend. You can sign at the Ultreyas. Food for the weekends needs to get to the Head Cha before Tuesday of the week that the team is going unless you are sponsoring someone and will be going to the mountain on Thursday.

Where do I get all of the material or instructions, you may ask. Well, you can pick up placemats, felt for flowers and banners, and yarn for warm fuzzes at the Ultreya each month. You can also pick up or return items at the Ultreya. There is usually a table near the church's entrance where items are placed. Or you can find me and hand items to me.

If you're not available to attend the Ultreya, you can contact me. My email address is LindaLSmith999@verizon.net and phone number is 703- 216-2469. And if you're concerned about getting an item to me quickly, we can always keep in touch by phone and work out something. If you are willing to serve as Palanca Chairman for your church please fill out the information on the clipboard that I will have at each Ultreya in the front. Please list which items your group is interested in doing, so when I am running low on items I can contact the chairman.

If you are in a reunion group this is a good project that you could do. So, check with your group and see what items you all would love to do. If someone from your church has already signed up then you don't need to. I am looking forward to working with you!

If you would like to get placemats please call Linda Smith 703-216-2469 and she will meet you to get them to you.

Thank you De Colores! And Fly with Christ

Linda L. Smith

Join us at our next Ultreya Gathering
7:30 p.m., Friday, December 20, 2013
Cameron UMC, Franconia, VA

2013 ULTREYA GATHERINGS
Dec. 20 Cameron UMC - Alexandria

National Capital Area Chrysalis



**From Our Chrysalis
Community Lay Director**

Proverbs 16:3

New Living Translation (NLT)

³ Commit your actions to the LORD,
and your plans will succeed.

With the air turning colder and the leaves changing color fall is a time for thanksgiving and for being with family. A new Chrysalis family is beginning. What do I mean by that? In a way, each time a new team for Chrysalis is called by God to take part in one of His weekends a new family is born. For the next 8 weeks the team of C-85 will come together, meet, and grow into a unique one of a kind family. There will never be another team like the one God has called to be a part of C-85. Think of all the teams you have been on over the years not one of them has been like any other, yes they may have been similar but they were all unique. C-85 will be just the same great in its own way and everything God needs it to be!

Let's get those applications in so C-85 will have lots of caterpillars to turn into beautiful butterflies. The C-85 weekend will be January 17-20 at the 4-H center in Front Royal. All high school age students are eligible to take part in the weekend. Please prayerfully consider sponsoring your high school student, visit the Chrysalis website www.ncachrysalis.org to download an application today.

Fly with Christ

JR Williams, NCA CLD



OUTREACH PRAYERS REQUEST

Pray for all Spiritual Directors, Lay Leaders, Community Boards and Fourth Day Brothers and Sisters worldwide.

Be blessed,

Kathy Skilton

2013 WEEKEND EMMAUS FEES

Application Fee	\$35.00
Pilgrim Fee	\$150.00
Team Fee	\$200.00

INCLEMENT WEATHER POLICY

In case of inclement weather on the night of an Ultreya, please listen to the local television or radio. If schools are closed, and after school activities are canceled in the county in which the Ultreya is held, the Ultreya will also be canceled

EMMAUS BOARD

Term Expiring January 2014

Vickie Carroll	703-887-7590	vickie.carroll@me.com
Jack Christie	703-491-8670	jackchristie153@gmail.com
Mark Fahner	703-273-1204	mfahner1@verizon.net
Amy Phillips	703-371-8173	amyville22@gmail.com
Janet Salbert	571-275-0289	jansalbert@wesleyva.org
Kathy Woodley	703-971-3741	kwoodley1@cox.net

Term Expiring January 2015

Bev Barthmaier	856-231-9912	bevb361@comcast.net
Charlie Carroll	703-887-7590	ccarroll813@me.com
Doug Geeting	540-841-2900	dgeeting@me.com
Bob Jones	703-451-4329	lgandrrjones@aol.com
Glenda Lambert	703-992-6913	gcljewelry@gmail.com
Tony Papp	703-441-9715	teepee22@msn.com

EMMAUS SUPPORT STAFF

Applications ~ Pilgrims (& drops)

Jan & Carolyn Janiczek	703-670-6615	Cand_app@emmausnca.org
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Applications ~ Team

Jan & Carolyn Janiczek	703-670-6615	Team_app@emmausnca.org
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Board Secretary

Kathy Henry	703-960-4540	dakota-laguapa@earthlink.net
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Community Agape

Linda Smith	703-216-2469	lindalsmith999@verizon.net
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Community Support (Storage Shed)

Annette Barbier	703-491-2104	Abarbier2@aol.com
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HolyNet Coordinator

Dave Moore	703-680-4002	emmausnca@gmail.com
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Kairos Information (Weekend, Cookies, Etc.)

Todd Hastings	703-938-9553	dumpster63T@verizon.net
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Kairos Outside Information

Barbara Teats	703-354-9043	barbteats@hotmail.com
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Manuals

Linda Girten	703-491-3801	manuals@emmausnca.org
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Music Directors

Jim Krauss	540-895-9671	md@emmausnca.org
Mary Ann Kraus	540-895-9671	md@emmausnca.org

Outreach Agape

Gary & Debbie McCluskey	703-698-0511	revribster@verizon.net
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Prayer Wheel Coordinator

Jenn Glidwell	703-580-5182	magnolias72@verizon.net
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Rector(a) Selection Committee

Annette Barbier	703-491-2104	Abarbier2@aol.com
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Reunion Group Coordinator

Todd Hastings	703-938-9553	dumpster63T@verizon.net
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Scholarship Coordinator

Glenda Lambert	703-992-6913	gcljewelry@gmail.com
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Treasurer

Jim McCray	703-491-8863	treas@emmausnca.org
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Website Manager

Rob Cannon	703-965-8045	webadmin@emmausnca.org
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Wooden Crosses & Ropes

Jim and Jan Womer	703-670-5236	jmwomer@verizon.net
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CHRYSALIS BOARD

Community Lay Director (CLD)

Assistant Lay Director (ALD)

Spiritual Director (SD)

CLD	J.R. Williams	laydirector@chrysalisnca.org
ACL D		asstlaydirector@chrysalisnca.org
SD	Joann Smith	Pastor1@chrysalisnca.org
SD	Gary McCluskey	Pastor2@chrysalisnca.org

Other Board Members

Katie Bubenhofer	Clayton Newberry
Kurt Bubenhofer	Mariah McLean
Sam Gero	Reann Newberry
Nick Iverson (Young Adult ALD)	J R Williams
Amanda Daman	Lindell Tinsley

Chrysalis Support Personnel

Supply Coordinators	Linda Russ/ Melissa Detwiler
Prayer Wheel Coordinator	Volunteer Needed
Manuals and Talk Folders Coordinator	Kurt Bubenhofer
Community Music Director	Dave Moore
Registrar	Scott Niehoff
Secretary	Stephanie Williams
Treasurer	Bob LeMay
Clothe Agape Bags Coordinator	Beth Ann Eadie
Dining Room Coordinator	Linda Smith
Worldwide Agape Coord.	<i>Volunteer Needed</i>
Facilities Coordinator	<i>Volunteer Needed</i>
Fourth Day Packet Coord.	Bob LeMay
Historian	<i>Volunteer Needed</i>
Outreach Coordinator	<i>Mark and Pat Fahner</i>
Clown Communion Coord.	<i>Jan Niehoff</i>
Chrysalis Crosse Coord.	<i>Janet & Lindsey Matthews</i>
Hoot Coordinators	<i>Donna VanWert/Bob LeMay Karen Kimberlin</i>
I am Lovable Pin Coordinator	<i>Linda Smith</i>
Website Coordinator	Clayton Newberry

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