



The newsletter of the National Capital Area (NCA) Emmaus for the glory of God

Fourth Day Journal

Vol. XXXIV No.12 December 2016

an independent, ecumenical fourth-day community - not affiliated with The Upper Room



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

Friends,
'Kind of sad to be writing this final article to you as CLD. It has been my humble pleasure to serve NCAE and our great Lord. Thank you for this opportunity and all your support. God is good. Spirits are high and our mission and goals are being focused on by the Board and community members! Well done, faithful servants.

Gloria Esterline was elected by the NCAE Board to serve in 2017, and what a wonderful choice to lead this community with experience and kindness. My joy meter is pegged at the thought of her taking the reins. Congratulations, Gloria, enjoy the thrills and challenges. We all love you.

Elections at Ultreya brought in wonderful 2017 - 2018 new NCAE Board members: Dale Gillis as Spiritual Director, Rich Goad, Jim Stacy, Charlie Duren, Vickie Carroll, and Gaylene Guest. Welcome and blessings. You are lifted in prayer and we praise God for your willingness to give of yourself.

Past Board members, you rock! Praises to our Lord. You glorify Him - your energy inspires, your willingness provisions and ideas equip! Your progressive work and service challenge us all. Hallelujah. So thankful for you.

December Ultreya at Bethel UMC in Woodbridge promises to be an exciting time of fellowship and worship -- Starting with 6:30pm dinner on 12/16/16, and following at

7:30pm with music and brief business, intro of C94 team, more music, testimony talk and communion. Pls come, and if you have a chance bring a canned good - preferably protein such as canned tuna, chicken, potted meat, Vienna sausage, ham, etc., to leave at Bethel as a blessing to their food drive mission. Our way of saying a small thanks for hosting us. Palanca for C94 can be left in the Bethel foyer at Ultreya too.

As Christmas draws near let's consider blessing NCAE and others with apps and offerings. What a great gift this would be. God has blessed us all! Pass it on. Fa La La, JOY to the World!

So, as I close - sigh! - I thank my God for you and I love you dearly. I pray I have shown that, and responded to all things with love.

De Colores and Fly with Christ!

Mary Ann "Mae" Krauss, CLD

Keep the JOY!

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“God Is Moving”

December is an exciting month for me and I hope it is for all of you. I am so very thankful to be the Community Spiritual Director. This is the month that we join together in thanking God for all of our blessings. We have a Savior and He is alive and HE WILL COME AGAIN!

What a wonderful time for our Emmaus Family! During the month, there will be singing, praising and feasting! This is your invitation to come and join us in worship this December. ECCLESIASTES 4; 9-10 SAYS, “Two are better than one, because they have a good reward for their labor. For if they fall, one will lift up his companion. But woe to him who is alone when he falls, for he has no one to help him up.”

It is clear that God intends us to be a community of believers. A “Body of Christian Love.” When we are separated from each other we are weak. It is so important that we come together and celebrate the great love we have in Jesus Christ and in each other! During our difficult times, it is so important that we are walking together with other Christians. Beloved, we are “Family” and you are missed when you are not in our fellowship gatherings!

I am so thankful that the compassion, love and outreach of our community is touching many lives and has brought us into contact with many who have felt the presents of the Living Christ. Many have been so important in allowing that to happen as they have reached out in faith and been willing to express their ministry in so many wonderful ways. Yet there are others that are treasured members of our Emmaus Family that have been missing these opportunities. So it is my prayer that many will come and rejoin our ministry, that our Family might be strengthened and that our ministry might grow stronger!

Please pray every day for this ministry. Our community will have many new members again this December and we will need your help if they are to be reached for the Lord! Please be at each of our gatherings. Be sure to

greet one another in the name of the Lord before you begin your conversations with your Emmaus friends.

I am praying for you and for our ministry! Looking forward to greeting you at our December fellowship gathering!

BLESSINGS,

Richard E. Cobb

Community Spiritual Director



From the NCAE MD

I've hijacked the FDJ article here to say well-deserved honors go to Marty Petrizza as she leaves us and settles in Florida. Singing "New Again" at this December Ultreya is so appropriate as she and Marc start a new home, new neighbors, new job, new friends (don't forget the old ones), and a new church. Her participation and leadership in weekends and especially the music program as AMD thrilled this community, the praise team, outreach efforts, and all glorified Him. Her sincerity in prayer and song lead us all with grace and provided the true atmosphere of worship which is our mission. She also encouraged others and worked to include them and develop them as leaders. The Holy Spirit always showed up!!

Come join us at December Ultreya to say a warm farewell.

We wish her and Marc the richest of blessings and welcome them back any time. De Colores, Sister and Brother! We truly love you.

Jim Krauss,

NCAE MD



From the NCA Chrysalis, CLD

Hello from your Chrysalis Lay Director. Here is the list of team for the upcoming Chrysalis Weekend. So far we have up to 11 caterpillars for January, we are hoping for more. Please pray and write agape!
FWC,Monica G

C94 High School Weekend January 13-16, 2017

Team:

Alan Teaford- Dining Room Cha
Alison Wills -Table Leader
Andrew Weston -Youth Rector
Ariana Marth - Talk Room Cha/AV
Ben Melugin- Youth Table Leader
Burt Robinson- Spiritual Director
Grace Becker - Youth Table Leader
Jackie Gleadall - Rectora
Jacob Mosser - Old Buffalo
Jarrett Reagan - Head Cha & Ragman
Jeremiah Meslie - Youth Table Leader
Jerry Wills- Table Leader
John Klein - Chapel Cha
Judiciaire Kinerney - Youth Table Leader
Kaleb Sullivan - Youth Chapel/Dining Room Cha
Katie DeV Vaughn - Head Cha
Kevin Gleadall - Rector
Lauren VanWert - Music Director
Linda Smith - Agape Cha
Lori Darden- Table Leader
Lydia Hugo- Youth Rectora
Maggie Oakes - Youth Table Leader
Michael Hummer - Youth Table Leader
Molly Haynes -Youth Head Cha
Nicholas Reagan -Talk Room Cha/AV Cha
Pam Oakes - Table Leader
Phyllis Weeks - Youth Table Leader
Richard Goad - Table Leader
Ron Lanman - Spiritual Director
Sarah Lemay - Youth Agape Cha
Scott Niehoff - Music Director
Sheri Goad - Table Leader
Stu Mentzel - Table Leader
TJ Hunt - Youth Head Cha

Join us at our next Ultreya Gathering
7:30 p.m., **Friday, Dec. 16, 2016**
Bethel, UMC

“AGAPE LOVE”

We are asking you to support to our host church, by bringing canned meats, non-perishable food, and canned vegetables and fruits. May God bless the harvest of Love!

Questions please contact Donna Morris at 540-625-2843 or email at:Donnamor117@gmail.com or agape@emmausnca.org

COMMUNITY PALANCA

Love, Love, Love is what 2016 was full of. The community supported the new pilgrims, bugs, and team with such love. From the beautiful placemats, warm and fuzzies, palanca bags to the Joy flags that spread God's love in such a special way. We are gearing up for 2017 with placemats to be decorated and much more. We have a need for material to replenish the supplies. If you see anything that you think may be good for palanca bags please pick up a yard or so. It takes a yard to make 3 bags and each weekend needs at least 35. Wishing you the happiest of holiday filled with God's Love!
DeColores,

Donna Morris

KAIROS KORNER

Kairos is really making an impact. The day before Thanksgiving, we received in the mail a \$14 money order donation from one of the resident (prisoner) graduates of our Kairos program. Considering that residents make around 50 cents an hour, it was an amazing sacrifice by him. His gift brings to mind Luke 21:1-4 where the widow puts in a couple of copper coins:

“He looked up and saw rich people putting their gifts into the treasury; he also saw a poor widow put in two small copper coins. He said, “Truly I tell you, this poor widow has put in more than all of them; for all of them have contributed out of their abundance, but she out of her poverty has put in all she had to live on.”

This prisoner wanted to give back to the ministry that helped change his life. How do you feel about matching or exceeding his contribution? Please consider helping your Kairos Community during this season of giving. Make checks out to Kairos of Virginia, and send to:

Kairos
PO Box 245. Annandale, VA 22003 – 0245

If you have a preference for which prison to support, please put it (GCC, S1SP, or women’s prison) in the memo line.

You can also make an impact for Christ in prisons through your active participation in Kairos. Applications are now being accepted for GCC K-66 and S1SP K-5. Applications are available at Ultr yeas or at our website, <https://kairosnova.org/documents>.

Want to know more about YOUR call to Kairos? The NOVA Kairos team is hosting an information dinner on January 21, 2017 at Annandale UMC. All are welcome – please RSVP to either an active Kairos member or to Bill Iwig (bethesda.duo@verizon.net).

Matt 25:36 “...I was in prison and you visited me.”

2016 ULTREYA GATHERINGS

Dec. 16	Bethel UMC
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If you are interested in hosting an Ultr eya gathering, please contact the NCA Emmaus Board.

2017 NCA Emmaus Walks

E-180~ **W~Mar. 9-12, 2017**.....Nancy Geeting
E-181~ **M~May 18-21, 2017**.....Tom Geenty
E-182~ **W~Oct. 5-8, 2017**.....Glenda Lambert
E-183~ **M~Nov. 2-5, 2017**.....TJ Cuddy

NEW – NCA Emmaus Car Magnets and Decals

The NCAE, 4”x 6” car **MAGNETS** and **REMOVABLE DECALS** are available for **\$5.00 donation or more for each decal**. All proceeds go to Scholarship Fund. For more information, please contact:

***Raúl Castillo at 703-307-8070 or
Email: 4DayJour@emmausnca.org***

NCA EMMAUS BOARD

Term Expiring January 2017

Richard Cobb, SD		umcelder@aol.com
Mary Ann Krauss CLD	703-850-8226	mkrauss70@aol.com
Lindsey Kirkwood	571-236-4563	lindsey.kirkwood@gmail.com
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Term Expiring January 2018

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Jerry Wills	703-217-4262	jerry@hippofamily.com
Phil Wisner	540-760-7594	phil_wisner@yahoo.com

COMMUNITY SUPPORT LEADERS

Applications ~ NCA Emmaus Pilgrims

Charlie & Vickie Carroll	703-887-7590	Cand_app@emmausnca.org
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Applications ~ NCA Emmaus Team

Charlie & Vickie Carroll	703-887-7590	Team_app@emmausnca.org
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Audio-Visual/Software Managers

Jim and Donna Morris	540-625-2843	avsoftware@emmausnca.org
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Community Palanca/Agape Coordinators

Donna Morris	540-625-2843	Agape@emmausnca.org
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Community Shed Coordinator

Annette Barbier	703-491-2104	Abarbier2@aol.com
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Facility Liaison

Nancy Geeting	540-841-3343	ngeeting_54@gmail.com
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Fourth Day Journal – Newsletter Editor

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Charlie Hays	703-8013521	Charleyhays@gmail.com
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Kairos Representative

Dick Tobey		tobeygroup@aol.com
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Kairos Outside Representative

Barbara Teats	703-354-9043	barbteats@hotmail.com
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Rector (a) Manuals Coordinator

Linda Girten	703-491-3801	manuals@emmausnca.org
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Music Directors

Jim Krauss	703-850-8226	md@emmausnca.org
Marty Petrizza	540-602-9928	md@emmausnca.org

Outreach Palanca/Agape Coordinator

Debbie McCluskey		gndmcccluskey2@verizon.net
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Prayer Wheel Coordinator

Robin Wisner	202-341-2485	Robin@robinwisner.com
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Rector(a) Selection Coordinator

Annette Barbier	703-491-2104	Abarbier2@aol.com
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Reunion Group Coordinator

Liana Cuffman	703-920-6219	cuffli@comcast.net
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Scholarship Coordinator

Lindsey Kirkwood	571-236-4563	lindsey.kirkwood@gmail.com
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Talk Folder Coordinator

Al Barbier	703-869-1380	Ajbarbier@aol.com
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Treasurer

Stacey Jones	540-840-0445	tay70tay@yahoo.com
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Website Manager

Rob Cannon	703-965-8045	webadmin@emmausnca.org
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Weekend Handouts Coordinator

Mark Segnari	703-670-3145	4daypack@emmausnca.org
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Wooden Crosses & Ropes

Jim & Jan Womer	703-670-5236	jmwomer@verizon.net
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NCA CHRYSALIS BOARD

Community Lay Director (CLD) Assistant Lay Director (ALD) Spiritual Director (SD)

CLD	Monica Gibson	Butterfly_maka@yahoo.com
ACLD	John Rowe Devin Duren	asstlaydirector@chrysalisnca.org
SD	Jose Saldana	Pastor2@chrysalisnca.org
SD		

Other Board Members

Lindell Tinsley	Dan Hughes
Stephanie Williams	Katie Rowe
Bonita Darby	Matt Critchley
Carolyn Tidd	Burton Robinson
Milton Zapata	Michael Jurabe
Tori Guest	Molly Haynes
Sarah LeMay	Nicole Parish

Chrysalis Support Personnel

Supply Coordinators	Linda Russ/ Melissa Detwiler
Prayer Wheel Coordinator	Volunteer Needed
Manuals and Talk Folders Coordinator	Kurt Bubenhofer
Community Music Director	Dave Moore
Registrar	Donna Morris
Secretary	Stephanie Williams
Treasurer	Bob LeMay
Clothe Agape Bags Coordinator	Beth Ann Eadie
Dining Room Coordinator	Donna Morris
Worldwide Agape Coord.	Volunteer Needed
Facilities Coordinator	Volunteer Needed
Fourth Day Packet Coord.	Bob LeMay
Historian	Volunteer Needed
Outreach Coordinator	Mark and Pat Fahner
Clown Communion Coord.	Jan Niehoff
Chrysalis Crosse Coord.	Janet & Lindsey Matthews
Hoot Coordinators	Donna VanWert/Bob LeMay Karen Kimberlin
I am Lovable Pin Coordinator	Donna Morris
Website Coordinator	Clayton Newberry

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2016 WEEKEND EMMAUS FEES

Application Fee	\$35.00
Pilgrim Fee	\$200.00
Team Fee	\$250.00

WEEKEND PRAYER WHEEL needs you!

Sign up at emmausnca.org; click on weekend #E180 on the left; then click Prayer Wheel heading. Be a Blessing as the Body of Christ covers these weekends in prayer.

INCLEMENT WEATHER POLICY

In case of inclement weather on the night of an Ultreya, please listen to the local television or radio. If **Public Schools are closed**, and after school activities are canceled in the locality where the Ultreya is being held, **the Ultreya will also be canceled**.



**Fourth-Day-Journal
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