

The newsletter of the National Capital Area (NCA) Emmaus for the glory of God

Fourth Day Journal

Vol. XXXV No.1 January 2017

an independent, ecumenical fourth-day community- not affiliated with The Upper Room



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

In the beginning....Everyone loves a new beginning, a clean slate, a new look at life. Sometimes that can be a little scary, but it can also be filled with a sense of excitement. Through God's mercy each day we are gifted with a new beginning called his GRACE.

It is with a true sense of joy, anticipation and humility that I accept the role as your Community Lay Director. In my own power, I am nothing, but with Christ at my side, and a whole host of CLDs that have preceded me as my advisors and each of you praying for me, I know that our community will continue to be a blessing to all who attend the weekends and participate in Emmaus activities.

As we begin a new year in NCA Emmaus, we look to our Lord for guidance in all we do. We look to each of the board members to listen carefully to His voice as He leads us in our roles. We look to each R who has been selected to lead a weekend and the chosen Cadre to be obedient to the quiet voice of our Lord. We look to each team member to follow in His footsteps as they carry the load of guiding new pilgrims on the path to a renewed walk with their Lord. We look to each agape/palanca person, for joy flags, placemats, agape letters, food, and much needed prayer support. Each and every one has a place in our community to serve each other and our Lord. I hope that you will find your place this year! It will be a great year of our Lord.

We will be doing our "food and fellowship" time just a bit differently this year. We are asking for those who can to help out with the food. If you are able to provide a pot-luck kind of dish, that would be awesome!!! We will be having "themes" each month so check the 4th Day Journal each month to see what you can bring.

I hope to see each one of you at our next Ultreya which will be our annual business meeting. It will be at Old Bridge UMC, Lake Ridge, VA. Come at 6:30PM! The board will be serving Chili and we are asking you to help out, too. If your last name begins with A-G please bring either sour cream, cheese or chips. If your last name begins with H-N please bring a salad. If your last name begins with O-Z bring a dessert. If you are not able to bring something, come anyway!!! There is always plenty at our Lord's table.

Wear your team shirts or your workshirt if you have one. Or just come "colorful"!!!

DE Colores!!!

Gloria

Gloria Esterline
Community Lay Director

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A New Year to celebrate! We go forth with great anticipation of the wonders of life God has given us, to enjoy them to the fullest extent possible! And in the midst of this enthusiasm, each of us must sponsor at least one person for a weekend on Emmaus. We have hardly touched the potential of how many people would really desire to spend a few days with Jesus and his disciples. However, our lives may be focused on less noble things. What do you anticipate your life will be like in the coming year of 2017? Confusion? Good things? Difficulties? Disappointment? Conquest?

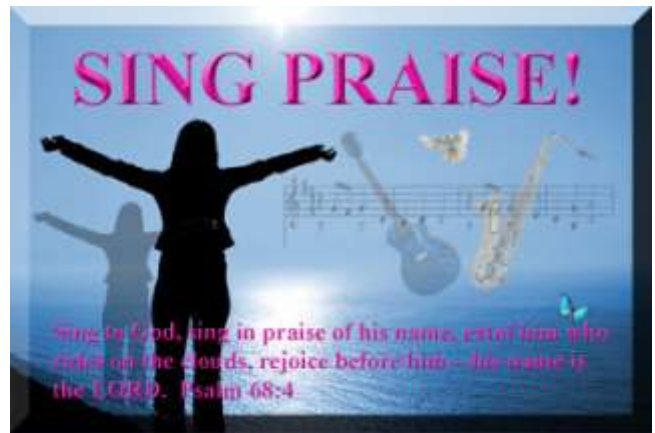
The year will almost certainly bring all of these experiences at different times, and many others. Whatever the future holds, we can rest assured that our Lord will be present, constantly walking beside us and reassuring us that our faith in him will bring us through. Where should we let our minds rest when we are meditating? Philippians 4:8 says that we should always think about good things: true, noble, right and pure attributes of our friends, things or people that are lovely, admirable, and anything excellent or praiseworthy. If you think that is easy, consider letting your mind evaluate the people in your church congregation, or perhaps your extended family members or in-laws. It won't be long before you (and I) may be thinking about some or many of their shortcomings and be looking for a person or group to share it with.

But the scripture says that we must let our thoughts and minds be filled with good, optimistic and encouraging thoughts.

So that brings us back to the opening thought: Excitement of the life God has gifted us; and the joy we experience through "passing on" the message of Christian grace in Emmaus. Make it much more than a New Year's resolution. Let it be a response to Jesus' great commission to us to spread the gospel.

Grace and Peace,

Stan Esterline, Spiritual Director



From the NCAE MD

Happy New Year! "Auld Lang Syne" (old long since) from a poem written in 1570 by Robert Ayton - as we ring in the New Year, we sing praise to our King! Praises for days gone by and petition for His presence in days ahead. We seek Him in guidance for song choices and plans for Ultreyas and NCAE weekends and events. Our great Lord is so faithful to put songs on our heart and harmony in our relationships and get-togethers. The Holy Spirit shows up as all is covered in much prayer.

For the Annual Business meeting at the January 20 Ultreya, Dave Charboneau is leading the Praise Team in praise and worship for the community. May it provide an atmosphere of fellowship and worship conducive for truly giving 2017 and our mission to Him.

February music will be lead by C-94 musicians
 March by E-180 MD/AMD
 April and May - NCAE Praise Team
 June - E-181 MD/AMD
 July and August - C-95 & C-96
 September - NCAE Praise Team
 October - E-182 MD/AMD
 November - E-183 MD/AMD
 December - NCAE Praise Team

All are invited to join in. If you have an interest in participating, pls contact us for further details at mkrauss70@aol.com

De Colores, Glory to God!

Jim and Mae Krauss

Community MDs



From the NCA Chrysalis, CLD

Hello from your Chrysalis Lay Director. Here is the list of team for the upcoming Chrysalis Weekend. So far we have up to 11 caterpillars for January, we are hoping for more. Please pray and write agape!
FWC, Monica G

C94 High School Weekend January 13-16, 2017

Team:

Alan Teaford- Dining Room Cha
Alison Wills -Table Leader
Andrew Weston -Youth Rector
Ariana Marth - Talk Room Cha/AV
Ben Melugin- Youth Table Leader
Burt Robinson- Spiritual Director
Grace Becker - Youth Table Leader
Jackie Gleadall - Rectora
Jacob Mosser - Old Buffalo
Jarrett Reagan - Head Cha & Ragman
Jeremiah Meslie - Youth Table Leader
Jerry Wills- Table Leader
John Klein - Chapel Cha
Judiciaire Kinerney - Youth Table Leader
Kaleb Sullivan - Youth Chapel/Dining Room Cha
Katie DeV Vaughn - Head Cha
Kevin Gleadall - Rector
Lauren VanWert - Music Director
Linda Smith - Agape Cha
Lori Darden- Table Leader
Lydia Hugo- Youth Rectora
Maggie Oakes - Youth Table Leader
Michael Hummer - Youth Table Leader
Molly Haynes -Youth Head Cha
Nicholas Reagan -Talk Room Cha/AV Cha
Pam Oakes - Table Leader
Phyllis Weeks - Youth Table Leader
Richard Goad - Table Leader
Ron Lanman - Spiritual Director
Sarah Lemay - Youth Agape Cha
Scott Niehoff - Music Director
Sheri Goad - Table Leader
Stu Mentzel - Table Leader
TJ Hunt - Youth Head Cha

Join us at our **next Ultreya Gathering**
 7:30 p.m., **Friday, Jan. 20, 2017**
 Old Bridge UMC

“AGAPE LOVE”

We are asking you to support to our host church, by bringing **canned meats, non-perishable food, and canned vegetables and fruits.** May God bless the harvest of Love!

Questions please contact Donna Morris at 540-625-2843 or email at: Donnamor117@gmail.com or agape@emmausnca.org

COMMUNITY PALANCA

Happy New Year!

I pray that each weekend this year is filled with the Holy Spirit and every pilgrim/bug slot is filled. God has blessed each of us with an amazing community. With each weekend there are placemats that need to be decorated. If you have received blank placemats to decorate please bring to the January Ultreya. The women's weekend has received their trunk, but the men's weekend is quickly approaching and I need placemats for them.

C94 heads to the mountain on January 13th so please keep the team and bugs in your prayers and help fill their bags with the love from the community.

Material needed. If you have extra material that you think would make great palanca bags please bring the Ultreya in January. One yard of fabric makes 3 bags. I will have instructions if you would like to help construct the bags. The Love offering for our host church in January - Old Bridge UMC will be canned goods. Please show our love and support their mission to feed the needy in our community.

Wishing you all a Happy and Blessed 2017!

DeColores & Fly with Christ,

Donna Morris

KAIROS KORNER

Wow! 2017 already!!! If you made a New Year's Resolution to open yourself to Christ's calling, perhaps Kairos is the answer!

Both of the men's prison teams are beginning to form – it's not too late for you to say "YES! Send me!" To properly host the maximum number of residents (prisoners), we need about 55 men to team. Applications are at every Ultryea and at our website <https://kairosnova.org>. The 4-day event, K-5, for Sussex-1 State Prison (S1SP) is March 16-19, 2017. Team meetings will be at St Matthews UMC Annandale on Saturday Feb 18, Mar 4, and Mar 11. The 4-day event, K-66, for Greensville Correctional Center (GCC) is April 6-9. Team meetings are TBD, but will be held on Saturdays and most likely at Annandale UMC.

Want to know more about Kairos? The NOVA Kairos team is hosting an information dinner on January 21, 2017 at Annandale UMC, with dinner starting at 5:30. All are welcome – please RSVP to either an active Kairos member or to Bill Iwig (bethesda.duo@verizon.net). If this is your first time coming to the semi-annual dinner, your meal is free!

We are also entering the preparation phase for meeting with the participants (similar to pilgrims, but prisoners). It is critical that we bathe our team, the participants, the residents, and the prison administration in prayer during the weekend. We need your support. Please consider signing up on one of the prayer lists being passed around at Ultryeas or online at our website, <https://kairosnova.org>.

Matt 25:36 "...I was in prison and you visited me."

NEW – NCA Emmaus Car Magnets and Decals

The NCAE, 4"x 6" car **MAGNETS** and **REMOVABLE DECALS** are available for **\$5.00 donation or more for each decal**. All proceeds go to Scholarship Fund. For more information, please contact:

[Raúl Castillo at 703-307-8070 or Email: 4DayJour@emmausnca.org](mailto:4DayJour@emmausnca.org)

2017 NCA Emmaus Walks

E-180~ **W~Mar. 9-12, 2017**.....Nancy Geeting
 E-181~ **M~May 18-21, 2017**.....Tom Geenty
 E-182~ **W~Oct. 5-8, 2017**.....Glenda Lambert
 E-183~ **M~Nov. 2-5, 2017**.....TJ Cuddy

2017 ULTRYEA GATHERINGS

Jan. 20	Old Bridge UMC
Feb. 17	Lake Ridge Baptist Church
March 17	Dumfries UMC
April 21	Franconia UMC w/ <i>Spirit of Life UMC</i>
May 19	Cameron UMC
June 23	Pender UMC
July 21	Sleepy Hollow UMC w/ <i>Annandale UMC</i>
August 18	Clarendon UMC
Sept. 15	First United Presbyterian Church of Dale City
Oct. 20	Bethel UMC
Nov. 17	Christ Church UMC
Dec. 15	Messiah UMC

If you are interested in hosting an Ultryea gathering, please contact the Emmaus Board.

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Term Expiring January 2019		
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Kairos Outside Representative		
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Mary Anne Krauss	703-850-8226	md@emmausnca.org
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Debbie McCluskey		gndmcccluskey2@verizon.net
Prayer Wheel Coordinator		
Robin Wisner	202-341-2485	Robin@robinwisner.com
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Wooden Crosses & Ropes		
Jim & Jan Womer	703-670-5236	jmwomer@verizon.net

NCA CHRYSALIS BOARD		
Community Lay Director (CLD)		
Assistant Lay Director (ALD)		
Spiritual Director (SD)		
CLD	Monica Gibson	Butterfly_maka@yahoo.com
ACL D	John Rowe Devin Duren	asstlaydirector@chrysalisnca.org
SD	Jose Saldana	Pastor2@chrysalisnca.org
SD		
Other Board Members		
	Lindell Tinsley	Dan Hughes
	Stephanie Williams	Katie Rowe
	Bonita Darby	Matt Critchley
	Carolyn Tidd	Burton Robinson
	Milton Zapata	Michael Jurabe
	Tori Guest	Molly Haynes
	Sarah LeMay	Nicole Parish
Chrysalis Support Personnel		
Supply Coordinators		Linda Russ/ Melissa Detwiler
Prayer Wheel Coordinator		Volunteer Needed
Manuals and Talk Folders Coordinator		Kurt Bubenhofer
Community Music Director		Dave Moore
Registrar		Donna Morris
Secretary		Stephanie Williams
Treasurer		Bob LeMay
Clothe Agape Bags Coordinator		Beth Ann Eadie
Dining Room Coordinator		Donna Morris
Worldwide Agape Coord.		Volunteer Needed
Facilities Coordinator		Volunteer Needed
Fourth Day Packet Coord.		Bob LeMay
Historian		Volunteer Needed
Outreach Coordinator		Mark and Pat Fahner
Clown Communion Coord.		Jan Niehoff
Chrysalis Crosse Coord.		Janet & Lindsey Matthews
Hoot Coordinators		Donna VanWert/Bob LeMay Karen Kimberlin
I am Lovable Pin Coordinator		Donna Morris
Website Coordinator		Clayton Newberry

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2017 WEEKEND EMMAUS FEES

Application Fee	\$35.00
Pilgrim Fee	\$200.00
Team Fee	\$250.00

WEEKEND PRAYER WHEEL needs you!

Sign up at emmausnca.org; click on weekend #E180 on the left; then click Prayer Wheel heading. Be a Blessing as the Body of Christ covers these weekends in prayer.

INCLEMENT WEATHER POLICY

In case of inclement weather on the night of an Utreya, please listen to the local television or radio. If Public Schools are closed, and after school activities are canceled in the locality where the Utreya is being held, **the Utreya will also be canceled.**



**Fourth-Day-Journal
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