



The newsletter of the National Capital Area (NCA) Emmaus for the glory of God

Fourth Day Journal

Vol. XXXV No.2 February 2017

an independent, ecumenical fourth-day community~ not affiliated with The Upper Room



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

February....the month when our hearts turn romantic. We think of flowers, chocolates and date nights with someone we love. God has called each of us His beloved. I am constantly amazed that the King of the World calls me "his beloved". His desire is that we treat each other as truly loved children. " Beloved, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God." Expressions of love should not be reserved just for Valentine's Day or even the month of February. It should be a lifestyle that each of of practices daily. The Emmaus community lives a life of love for each other. Prayer is the banner that we fly over each and every weekend. We express our love for our teams, pilgrims, and caterpillars with the prayers we raise to our loving Father. We express our love by teaming and being sponsors and with each note, letter, and piece of palanca we carefully choose for those on weekends. We express our love by attending Sponsors' Hour, Mananitas, and Closings and by baking cookies and other goodies for weekends. These expressions are not limited to our weekends...I know that many of you participate in reunion groups and pray daily for each other. A spontaneous, random phone call or a note to someone this month might mean that the person sees the hand of God in their life encouraging them. Let's all begin/continue this month to show true love to all that we meet and treat each one like beloved children of the Almighty Father.

DE Colores!!!

Glo

Gloria Esterline
Community Lay Director

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Dear Community,
I would like to use this forum to introduce myself as the newly elected Spiritual Director of the NCA Emmaus community. I am Dale Gillis and I serve as Lead Pastor at Dumfries United Methodist Church, where I also worship, I walked on Richmond 88, and I sat at the table of Peter the Rock (no clap needed).

Over the 10 years I have been involved with several different communities and have served on six different teams, 3 of which have been with the NCAE community. I have been married to Lorena (Lorie) for 35 years and we have two adult children, Ryan and Allyson (who is engaged to be married in July, two dogs and two Beta fish. When not busy with church and other activities I enjoy watching football (go Hokies and Skins), college basketball (go VCU), reading, cooking, and baking. I attended JMU and earned my Master of Divinity from Southern Methodist University in Dallas, Texas. I could bore you with other things about myself, but I would rather move on to what is of such great value to me about NCAE that led me to accept the honor of volunteering to be on the Board.

When I arrived at Dumfries UMC in June, 2017 I discovered a church that was filled with strong leaders who were also being led by the Holy Spirit. As I began having conversations with these individuals I learned that to a person they had all walked with this community. It was an amazing gift to walk into a ministry setting with such mature Christians. I was so blessed by these folks that I was anxious to become involved with the community because I wanted some of what they had. And so began my adoption into the NCAE community.

I have experienced great joy watching people within my congregation, and others, attend a weekend and come back transformed into joyful servants. It is also a blessing to see them assume ministry roles within the church that they may never have considered before the weekend experience and even more exciting to see them become involved in the loving family of the community as it gathers for Ultreya.

Friends, I love the NCAE community and want to see it thrive in the presence of the Holy Spirit as it always has. My prayer is that, in some small way, God can use me to

be part of that spirituality and my greater prayer is that we can all walk joyfully in His presence together. DeColores!

Dale Gillis
Spiritual Director



From the NCAE MD

"Bless the Lord, oh my soul. Worship His holy name." We did fellowship and worship at the January Ultreya! Praises! And what a beautiful time as Stan tied the words of a song to his message, encouraging us all in our faith. This is amazing grace - to take lyrics to the heart and make them our life song. To sing words and amplify, apply and LIVE the lyrics. Beautiful. Thank you, Stan!

February Ultreya music will be lead by C-94 MDs Scott Niehoff and Lauren Vanwert. Prepare your hearts for a great time of fellowship and worship as we welcome the awesome butterflies to the community. Also at this time, we ask blessings on E-180 ladies and MDs Patti Plummer and Ashleigh Stacy-Reese and their "Glorious Unfolding"! (theme song)

God is good. (Nahum 1:7) Praise Him, Praise Him, Jesus our blessed Redeemer. All interested in music pls reach out to us, join in, you are welcome to participate.

Keep a song in your heart,

All are invited to join in. If you have an interest in participating, pls contact us for further details at mkrauss70@aol.com

De Colores, Glory to God!

Jim and Mae Krauss
Community MDs



From the NCA Chrysalis, CLD

Hello from your Chrysalis Lay Director. Here is the list of team for the upcoming Chrysalis Weekend. So far we have up to 11 caterpillars for January, we are hoping for more. Please pray and write agape!
FWC,Monica G

C94 High School Weekend January 13-16, 2017

Team:

Alan Teaford- Dining Room Cha
Alison Wills -Table Leader
Andrew Weston -Youth Rector
Ariana Marth - Talk Room Cha/AV
Ben Melugin- Youth Table Leader
Burt Robinson- Spiritual Director
Grace Becker - Youth Table Leader
Jackie Gleadall - Rectora
Jacob Mosser - Old Buffalo
Jarrett Reagan - Head Cha & Ragman
Jeremiah Meslie - Youth Table Leader
Jerry Wills- Table Leader
John Klein - Chapel Cha
Judiciaire Kinerney - Youth Table Leader
Kaleb Sullivan - Youth Chapel/Dining Room Cha
Katie DeVaughn - Head Cha
Kevin Gleadall - Rector
Lauren VanWert - Music Director
Linda Smith - Agape Cha
Lori Darden- Table Leader
Lydia Hugo- Youth Rectora
Maggie Oakes - Youth Table Leader
Michael Hummer - Youth Table Leader
Molly Haynes -Youth Head Cha
Nicholas Reagan -Talk Room Cha/AV Cha
Pam Oakes - Table Leader
Phyllis Weeks - Youth Table Leader
Richard Goad - Table Leader
Ron Lanman - Spiritual Director
Sarah Lemay - Youth Agape Cha
Scott Niehoff - Music Director
Sheri Goad - Table Leader
Stu Mentzel - Table Leader
TJ Hunt - Youth Head Cha

Join us at our **next Ultreya Gathering**
7:30 p.m., **Friday, Feb. 17, 2017**
Lake Ridge Baptist Church

COMMUNITY PALANCA

Love is in the air!

The ladies go to the mountain in March.

At the February Ultreya we will have baskets in the front to collect palanca and nonperishable snacks for the weekend.

With each weekend there are placemats that need to be decorated. If you have received blank placemats to decorate please bring to the February Ultreya.

Material needed to make palanca bags for Chrysalis and Emmaus weekends for 2017. If you have extra material that you think would make great palanca bags please bring the Ultreya in February. One yard of fabric makes 3 bags. I will have instructions if you would like to help construct the bags.

The Love offering for our host church in February - Lake Ridge Baptist will be canned goods. Please show our love and support their mission to feed the needy in our community.

Love, Love, Love,
Your Sister in Christ

Donna Morris

KAIROS KORNER

Following is a testimony from a recent Kairos participant.

When I came to prison I was angry, confused, scared and I was pulled into a life of Islam. . . . I needed a change and a friend invited me to church and I kept going back. I stepped away from Islam and started to pursue Christ. I accepted Jesus Christ as my Lord and Savior. . . . I went to Kairos two months later and found what I was never looking for or even knew existed, AGAPE Love! I was taught things about myself and about God that I couldn't believe; Kairos took me to a level that could not even be measured on a scale! . . . Kairos has turned me into a transformer. I am a walking, talking, living, breathing, sharer and pray-er. I take what Kairos has done to me and for me and offer it to everyone around me from prisoners, to officers, family, friends and anyone else who will listen to me. . . . Kairos changed my life forever and I plan on taking what I have learned and still learn with me when I leave here. – Kairos Graduate

You are cordially invited to share Christ's love and forgiveness with those in prison and be a "life-changer" through Kairos Prison Ministry. Teams are being formed now to serve at the Sussex-I State Prison (S1SP), March 16 – 19, 2017, and at Greenville Correctional Center (GCC), April 27 – 30, 2017.

Applications are at every Ultryea and at our website <https://kairosnova.org> , which also provides more information about this ministry.

NEW – NCA Emmaus Car Magnets and Decals

The NCAE, 4"x 6" car **MAGNETS** and **REMOVABLE DECALS** are available for **\$5.00 donation or more for each decal**. All proceeds go to Scholarship Fund. For more information, please contact:

Raúl Castillo at 703-307-8070 or
Email: 4DayJour@emmausnca.org

2017 ULTRYEA GATHERINGS

Feb. 17	Lake Ridge Baptist Church
March 17	Dumfries UMC
April 21	Annandale UMC
May 19	Cameron UMC
June 23	Pender UMC
July 21	Sleepy Hollow UMC w/ <i>Annandale UMC</i>
August 18	Clarendon UMC
Sept. 15	First United Presbyterian Church of Dale City
Oct. 20	Bethel UMC
Nov. 17	Christ Church UMC
Dec. 15	Messiah UMC

If you are interested in hosting an Ultryea gathering, please contact the Emmaus Board.

2017 NCA Emmaus Walks

E-180~ **W~Mar. 9-12, 2017**.....Nancy Geeting
 E-181~ **M~May 18-21, 2017**.....Tom Geenty
 E-182~ **W~Oct. 5-8, 2017**.....Glenda Lambert
 E-183~ **M~Nov. 2-5, 2017**.....TJ Cuddy

NCA EMMAUS BOARD		
Term Expiring January 2019		
Dale Gillis, ASD	703-517-2232	gillisdale1@gmail.com
Vickie Carroll	703-887-7590	vickie.carroll@me.com
Charlie Duren		c_duren@comcast.net
Rich Goad	571-265-2682	Richard.e.goad@gmail.com
Gaylene Guest	703-398-7449	Gi.gi.@verizon.net
Jim Stacy	703-680-5111	stacycentral@verizon.net
Term Expiring January 2018		
Sam Gero	703-475-8812	samgero@gmail.com
Stan Esterline, SD		stanre@verizon.net
Kathy Woodley,	703-232-8043	Kwoodley69@gmail.com
Gloria Esterline,CLD	703-407-2420	esterlineg@verizon.net
Jerry Wills	703-217-4262	jerry@hippofamily.com
Phil Wisner	540-760-7594	phil_wisner@yahoo.com
COMMUNITY SUPPORT LEADERS		
Applications ~ NCA Emmaus Pilgrims		
Charlie & Vickie Carroll	703-887-7590	Cand_app@emmausnca.org
Applications ~ NCA Emmaus Team		
Charlie & Vickie Carroll	703-887-7590	Team_app@emmausnca.org
Audio-Visual/Software Managers		
Jim and Donna Morris	540-625-2843	avsoftware@emmausnca.org
Community Palanca/Agape Coordinators		
Donna Morris	540-625-2843	Agape@emmausnca.org
Community Shed Coordinator		
Annette Barbier	703-491-2104	Abarbier2@aol.com
Facility Liaison		
Nancy Geeting	540-841-3343	ngeeting.54@gmail.com
Fourth Day Journal – Newsletter Editor		
Raúl Castillo	703-307-8070	4DayJour@emmausnca.org
Fourth Day Journal Mailing		
Beth Parker	703-447-9553	4DayMail@emmausnca.org
HolyNet Coordinator		
Charlie Hays	703-8013521	Charleyhays@gmail.com
Kairos Representative		
Dick Tobey		tobeygroup@aol.com
Kairos Outside Representative		
Barbara Teats	703-354-9043	barbteats@hotmail.com
Rector (a) Manuals Coordinator		
Linda Girten	703-491-3801	manuals@emmausnca.org
Music Directors		
Jim Krauss	703-850-8226	md@emmausnca.org
Mary Anne Krauss	703-850-8226	md@emmausnca.org
Outreach Palanca/Agape Coordinator		
Debbie McCluskey		gndmcccluskey2@verizon.net
Prayer Wheel Coordinator		
Robin Wisner	202-341-2485	Robin@robinwisner.com
Rector(a) Selection Coordinator		
Annette Barbier	703-491-2104	Abarbier2@aol.com
Reunion Group Coordinator		
Liana Cuffman	703-920-6219	cuffli@comcast.net
Scholarship Coordinator		
Lindsey Kirkwood	571-236-4563	lindsey.kirkwood@gmail.com
Talk Folder Coordinator		
Al Barbier	703-869-1380	Ajbarbier@aol.com
Treasurer		
Stacey Jones	540-840-0445	tay70tay@yahoo.com
Website Manager		
Rob Cannon	703-965-8045	webadmin@emmausnca.org
Weekend Handouts Coordinator		
Mark Segnari	703-670-3145	4daypack@emmausnca.org
Wooden Crosses & Ropes		
Jim & Jan Womer	703-670-5236	jmwomer@verizon.net

NCA CHRYSALIS BOARD		
Community Lay Director (CLD)		
Assistant Lay Director (ALD)		
Spiritual Director (SD)		
CLD	Monica Gibson	Butterfly_maka@yahoo.com
ACL D	John Rowe Devin Duren	asstlaydirector@chrysalisnca.org
SD	Jose Saldana	Pastor2@chrysalisnca.org
SD		
Other Board Members		
	Lindell Tinsley	Dan Hughes
	Stephanie Williams	Katie Rowe
	Bonita Darby	Matt Critchley
	Carolyn Tidd	Burton Robinson
	Milton Zapata	Michael Jurabe
	Tori Guest	Molly Haynes
	Sarah LeMay	Nicole Parish
Chrysalis Support Personnel		
Supply Coordinators	Linda Russ/ Melissa Detwiler	
Prayer Wheel Coordinator	Volunteer Needed	
Manuals and Talk Folders Coordinator	Kurt Bubenhofer	
Community Music Director	Dave Moore	
Registrar	Donna Morris	
Secretary	Stephanie Williams	
Treasurer	Bob LeMay	
Clothe Agape Bags Coordinator	Beth Ann Eadie	
Dining Room Coordinator	Donna Morris	
Worldwide Agape Coord.	Volunteer Needed	
Facilities Coordinator	Volunteer Needed	
Fourth Day Packet Coord.	Bob LeMay	
Historian	Volunteer Needed	
Outreach Coordinator	Mark and Pat Fahner	
Clown Communion Coord.	Jan Niehoff	
Chrysalis Crosse Coord.	Janet & Lindsey Matthews	
Hoot Coordinators	Donna VanWert/Bob LeMay Karen Kimberlin	
I am Lovable Pin Coordinator	Donna Morris	
Website Coordinator	Clayton Newberry	

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2017 WEEKEND EMMAUS FEES

Application Fee	\$35.00
Pilgrim Fee	\$200.00
Team Fee	\$250.00

WEEKEND PRAYER WHEEL needs you!

Sign up at emmausnca.org; click on weekend #E180 on the left; then click Prayer Wheel heading. Be a Blessing as the Body of Christ covers these weekends in prayer.

INCLEMENT WEATHER POLICY

In case of inclement weather on the night of an Utreya, please listen to the local television or radio. If **Public Schools are closed**, and after school activities are canceled in the locality where the Utreya is being held, **the Utreya will also be canceled.**



**Fourth-Day-Journal
National Capital Area Emmaus
P.O. Box 2243
Merrifield, VA 22116**