

The newsletter of the National Capital Area (NCA) Emmaus for the glory of God

Fourth Day Journal

Vol. XXXV No.6 June 2017

an independent, ecumenical fourth-day community~ not affiliated with The Upper Room



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

Recently I have been reading **A Leader's Heart** by John Maxwell. One of his devotional readings addresses creating a "team" spirit that is infused with love and regard for each other. He says that there are no "lone ranger" leaders. But, in fact, leaders build a strong inner circle long before the full team is assembled.

Our Emmaus teams begin with the formation of a cadre to work together, plan and organize the details of each weekend. After much prayer and planning together, we then prayerfully choose our teams. Maxwell also talks about King David who surrounded himself with men who had a vast array of talents and gifts. David felt prepared for anything. The men that David surrounded himself with were loyal followers because he allowed them to do jobs that fit with their personalities and gifts.

I love the comparison of the way David organized and planned his army to the way each Emmaus team operates. Much prayer is given to each and every weekend before heading to the "mountain". God equips each member of the team to do the job(s) they are assigned to do. Just as David gradually gave authority to others, so the "R" allows his cadre and team to demonstrate their leadership abilities during the weekend. Musicians, speakers, lay leaders, counselors, pastors, servants are born from each weekend enthused to serve the Lord in new and fresh ways. Emmaus has been a training ground for many of us to spread our wings and fly like never before.

This past men's weekend, E 181, was a true blessing!!! At Closing we heard men tell of the changing of hearts that occurred on the mountain. Lives were revolutionized by the power of the Holy Spirit at work in the lives of the team that were a "brotherhood" of faith working together

tirelessly. The team was well prepared, just like King David's men!!! They were ready for the weekend, just like David's men were ready for battle. They sounded the cry of the ***Spirit in the Sky*** and felt his Spirit there on the Mountain.

These pilgrims will be introduced at the June 23 Ultreya at Pender UMC. Please bring your favorite appetizer to share. (Meatballs, sliders, fruit kabobs, veggie trays....) Come prepared to fellowship, enjoy a fabulous meal, and spend time in worshipping our Lord.

De Colores!

Glo

Gloria Esterline
Community Lay Director

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This morning during Sunday worship the skies opened and poured out a flood of rain. A few people got up from their seats and walked quickly out of the room, probably to make sure their car windows were securely closed and protecting the inside of their vehicles from being damaged by intrusive water.

The deluge came just as the main speaker of the service was beginning his message, but he was unfazed by either the noise of the sudden rain on the roof or the movement of some of his hearers. He presented his message with power and focus, for he was committed to delivering it to the hearers without interruption. He was quite confident of the topic and its importance for all Christians. After all, his text was I John 1:9, one of the most quoted verses in the Bible. It dealt with the recognition of sin in our lives and the importance of confessing it to God, accepting his forgiveness and grace, and further, no matter how difficult, making the offense right with any who may have been hurt by it.

It was a simple message, but essential for Christians to hear regularly, lest we be "hardened by sins deceitfulness". (Hebrews 3:13) The unity and dynamic inspiration of Emmaus depends on our remembering the grace filled message of our faith. A famous quote, (assigned to CS Lewis since he has credibility for wise sayings), is that "We need more often to be reminded than instructed."

The whole Emmaus message is like that, a wonderful and intense reminder of all that Christ is to us, from his incarnation (God's letters coming to us in palanca), to his great and boundless grace (our confession and cleansing from sin in dying moments), and the grand finale of resurrection morning (in mananita).

We in Emmaus must be reminders of God's grace every day to those around us and remember that every person we sponsor will be changed to a more Christlike life. Like the inspired messenger of our Sunday service, we

commit ourselves to 'no distractions', which would draw us away from our "high calling in Christ Jesus."

Grace and peace,

Stan Esterline, Spiritual Director



From the NCAE MD

June Ultreya music will be lead by Jake and Paul of E-181, praising to "Spirit in the Sky". What joy! The two following Ultreyas this summer will be lead by Chrysalis MDs. The leaders of these music groups love the Lord and love music. Join in and celebrate Him with a joyful, positive and supportive heart.

Ask - do I want to be a part of what He is doing now, or do I want to be a part of what he was doing then? New, changing, loving, serving. Trust His power and path. He makes all things new.

Jim and Mae Krauss

Community MDs

If music is your gift, please plug into NCAE music!! Contact us for more info -- all are welcome! Mae at Mkrauss@aol.com and Jim Mkrauss70@aol.com



From the NCA Chrysalis, CLD

FWC, Monica G

**NEW – NCA Emmaus Car Magnets
and Decals**

The NCAE, 4" x 6" car **MAGNETS** and **REMOVABLE DECALS** are available for **\$5.00 donation or more for each decal**. All proceeds go to Scholarship Fund. For more information, please contact:

*Raúl Castillo at 703-307-8070 or
Email: 4DayJour@emmausnca.org*

INCLEMENT WEATHER POLICY

In case of inclement weather on the night of an Ultreya, please listen to the local television or radio. If **Public Schools are closed**, and after school activities are canceled in the locality where the Ultreya is being held, **the Ultreya will also be canceled**.

COMMUNITY PALANCA



Need material and help to make palanca bags for 2017.

There are 7 weekends that require 35 palanca bags so that is **245** bags which equal 82 yards of material. So if you can help construct bags or are willing to supply a yard of material which makes 3 bags please bring material to Ultreya.



Who likes to draw?
We need volunteers to design placemats for Emmaus and Chrysalis. Please see Donna Morris at the Ultreyas to pick up an envelope of placemats to decorate.

The love shared by the community is a very important part of each weekend. Without help from the community it is very difficult for a single person to share so much love. Please Email me at agape@emmausnca.org

if you would to share your gifts with the community!

DeColores,
Donna Morris
Community Palanca

DeColores & Fly with Christ,

Donna Morris

KAIROS KORNER

Did you know?

“Kairos Prison Ministry International, Inc. is a ministry addressing the spiritual needs of incarcerated men, women and children, their families and to those who work in the prison environment. Kairos sprang from the Cursillo movement and is supported by volunteers from Cursillo and those other movements that consider Cursillo as their root. Although a separate ministry, Kairos has received the blessing and encouragement of 4th day movements such as Cursillo, National Episcopal Cursillo, Presbyterian Cursillo, Lutheran Via de Cristo, The Upper Room’s Walk to Emmaus, and independently ecumenical Tres Dias.” (p. 16, Kairos Inside Program Manual, KPMI, DeBary, FL 32713, 2016)

Kairos presents three Kairos programs – Kairos Inside to incarcerated men and women, Kairos Outside for women who have been impacted by incarceration of a family member, and Kairos Torch to incarcerated youth. Kairos of Virginia currently has Kairos Inside teams serving in 18 men’s prisons, 3 women’s prisons, and one Kairos Outside team serving in southeast Virginia. Men and women from the National Capital Area Emmaus currently serve on Kairos Inside teams serving at Greenville Correctional Center S-3 and Sussex I State Prison, both prisons for men, and at Central Virginia Correctional Unit for women.

The need for new team members is great. The blessings of seeing God transform lives in these dark places are even greater. The next Greenville Correctional Center (GCC) S-3 weekend, K-69, is planned for October 12-15. The next Sussex-1 State Prison weekend, K-6, will be October 19-22. Applications are available at our website <https://kairosnova.org>. Team meetings for both prisons will start in the late summer, and usually involve 3-4 Saturday mornings. Prayerfully consider if God is calling you to serve His Kingdom through Kairos. Please contact Bill Iwig (bethesda.duo@verizon.net) or Ed Tucker (edtucker829@gmail.com) if you have any questions about Kairos. The gracious support of the National Capital Area Emmaus for Kairos is greatly appreciated.

Matt 25:36 “...I was in prison and you visited me.”

2017 WEEKEND EMMAUS FEES	
Application Fee	\$35.00
Pilgrim Fee	\$200.00
Team Fee	\$250.00

2017 ULTREYA GATHERINGS	
June 23	Pender UMC
July 21	Sleepy Hollow UMC w/Annandale UMC
August 18	First United Presbyterian Church of Dale City
Sept. 15	Clarendon UMC
Oct. 20	Bethel UMC
Nov. 17	Christ Church UMC
Dec. 15	Messiah UMC

If you are interested in hosting an Ultreya gathering, please contact the Emmaus Board.

2017 NCA Emmaus Walks

E-182~ **W~Oct. 5-8, 2017**.....Glenda Lambert
 E-183~ **M~Nov. 2-5, 2017**.....TJ Cuddy

WEEKEND PRAYER WHEEL needs you!
 Sign up at emmausnca.org; click on weekend #E182 on the left; then click Prayer Wheel heading. Be a **Blessing** as the **Body of Christ** covers these **weekends** in **prayer**.

Summer Chrysalis Weekends at Mar-Lu Ridge:

Young Adult July 6th - 9th
High School July 27th - 30th

Know any Young Adults ages 18-24 or High School Youth ages 15-18?
 Think they will enjoy Chrysalis?
 Want to Team?
 Applications online at ncachrysalis.org



NCA EMMAUS BOARD		
Term Expiring January 2019		
Dale Gillis, ASD	703-517-2232	gillisdale1@gmail.com
Vickie Carroll	703-887-7590	vickie.carroll@me.com
Charlie Duren		c_duren@comcast.net
Rich Goad	571-265-2682	Richard.e.goad@gmail.com
Gaylene Guest	703-398-7449	Gi.gi.@verizon.net
Jim Stacy	703-680-5111	stacycentral@verizon.net
Term Expiring January 2018		
Sam Gero	703-475-8812	samgero@gmail.com
Stan Esterline, SD		stanre@verizon.net
Kathy Woodley,	703-232-8043	Kwoodley69@gmail.com
Gloria Esterline,CLD	703-407-2420	esterline.gloria@gmail.com
Jerry Wills	703-217-4262	jerry@hippofamily.com
Phil Wisner	540-760-7594	phil_wisner@yahoo.com
COMMUNITY SUPPORT LEADERS		
Applications ~ NCA Emmaus Pilgrims		
Charlie & Vickie Carroll	703-887-7590	Cand_app@emmausnca.org
Applications ~ NCA Emmaus Team		
Charlie & Vickie Carroll	703-887-7590	Team_app@emmausnca.org
Audio-Visual/Software Managers		
Jim and Donna Morris	540-625-2843	avsoftware@emmausnca.org
Community Palanca/Agape Coordinators		
Donna Morris	540-625-2843	Agape@emmausnca.org
Community Shed Coordinator		
Annette Barbier	703-491-2104	Abarbier2@aol.com
Facility Liaison		
Nancy Geeting	540-841-3343	ngeeting.54@gmail.com.
Fourth Day Journal – Newsletter Editor		
Raúl Castillo	703-307-8070	4DayJour@emmausnca.org
Fourth Day Journal Mailing		
Beth Parker	703-447-9553	4DayMail@emmausnca.org
HolyNet Coordinator		
Charlie Hays	703-8013521	Charleyhays@gmail.com
Kairos Representative		
Dick Tobey		tobeygroup@aol.com
Kairos Outside Representative		
Barbara Teats	703-354-9043	barbteats@hotmail.com
Rector (a) Manuals Coordinator		
Linda Girten	703-491-3801	manuals@emmausnca.org
Music Directors		
Jim Krauss	703-850-8226	md@emmausnca.org
Mary Anne Krauss	703-850-8226	md@emmausnca.org
Outreach Palanca/Agape Coordinator		
Debbie McCluskey		gndmcccluskey2@verizon.net
Prayer Wheel Coordinator		
Robin Wisner	202-341-2485	Robin@robinwisner.com
Rector(a) Selection Coordinator		
Annette Barbier	703-491-2104	Abarbier2@aol.com
Reunion Group Coordinator		
Liana Cuffman	703-920-6219	cuffli@comcast.net
Scholarship Coordinator		
Lindsey Kirkwood	571-236-4563	lindsey.kirkwood@gmail.com
Talk Folder Coordinator		
Al Barbier	703-491-2104	Ajbarbier@aol.com
Treasurer		
Lindsey Kirkwood		treas@emmausnca.org
Website Manager		
Rob Cannon	703-965-8045	webadmin@emmausnca.org
Weekend Handouts Coordinator		
Mark Segnari	703-670-3145	4daypack@emmausnca.org
Wooden Crosses & Ropes		
Jim & Jan Womer	703-670-5236	jmwomer@verizon.net

NCA CHRYSALIS BOARD		
Community Lay Director (CLD)		
Assistant Lay Director (ALD)		
Spiritual Director (SD)		
CLD	Monica Gibson	Butterfly_maka@yahoo.com
ACL D	John Rowe Devin Duren	asstlaydirector@chrysalisnca.org
SD	Jose Saldana	Pastor2@chrysalisnca.org
SD		
Other Board Members		
	Lindell Tinsley	Dan Hughes
	Stephanie Williams	Katie Rowe
	Bonita Darby	Matt Critchley
	Carolyn Tidd	Burton Robinson
	Milton Zapata	Michael Jurabe
	Tori Guest	Molly Haynes
	Sarah LeMay	Nicole Parish
Chrysalis Support Personnel		
Supply Coordinators	Linda Russ/ Melissa Detwiler	
Prayer Wheel Coordinator	Volunteer Needed	
Manuals and Talk Folders Coordinator	Kurt Bubenhofer	
Community Music Director	Dave Moore	
Registrar	Donna Morris	
Secretary	Stephanie Williams	
Treasurer	Bob LeMay	
Clothe Agape Bags Coordinator	Beth Ann Eadie	
Dining Room Coordinator	Donna Morris	
Worldwide Agape Coord.	Volunteer Needed	
Facilities Coordinator	Volunteer Needed	
Fourth Day Packet Coord.	Bob LeMay	
Historian	Volunteer Needed	
Outreach Coordinator	Mark and Pat Fahner	
Clown Communion Coord.	Jan Niehoff	
Chrysalis Crosse Coord.	Janet & Lindsey Matthews	
Hoot Coordinators	Donna VanWert/Bob LeMay Karen Kimberlin	
I am Lovable Pin Coordinator	Donna Morris	
Website Coordinator	Clayton Newberry	



**PENDER
REGIFT
THRIFT
STORE**

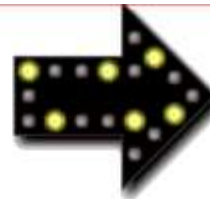


There's a wonderful new thrift store not far from our community, Pender ReGift Thrift Store, located at 4447 C Brookfield Corp. Dr. in Chantilly behind the Chantilly Post Office. ReGift Thrift is a non-profit outreach ministry of Pender United Methodist Church. **We have gently used furniture, household items, and clothing.** We also distribute material goods to the needy locally here in Fairfax, nationally, and internationally.

Volunteer, donate, tell your friends, and come by for a great deal!
For more information, please call us at 703-378-7371, visit the website at www.penderthrift.org, or send us an e-mail at regift@penderumc.org



June Ultreya



**Reminder:
4th Friday**

Friday, June 23rd

THEME: Appetizers



PENDER UMC
12401 Alder Woods Drive
Fairfax, VA 22033

LOVE OFFERING:

ReGift Thrift Store – Anything Goes for Household Items (see next page)
“Or”

Non-Perishable Food for Church Food Pantry



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P.O. Box 2243
Merrifield, VA 22116**