

The newsletter of the National Capital Area (NCA) Emmaus for the glory of God

Fourth Day Journal

Vol. XXXV No.12 December 2017

an independent, ecumenical fourth-day community~ not affiliated with The Upper Room



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

What is it about December that warms our hearts and fills our entire being with joy? It is the thought of Christmas. For most of us, being with our families during this season is what we long for most of all. Whether that family is "blood" kin or "spirit" kin, we all desire to celebrate this time with others. I hope that each of you will enjoy special moments with friends and loved ones and that you will reflect on the real reason for the joy in our hearts. 1 John 4:7 says that God sent His son to this world so that we might live through Him. Christ came as an infant to bring to our world a joy and love that knows no limits or boundary. Everyone who loves is born of God and knows God. That brings to our lives a JOY, unspeakable JOY.

It has been a great joy of mine to serve each of you this past year as the Community Lay Director. I have grown to love and appreciate this community and the depth of commitment that you demonstrate in so many ways. God's strong and mighty hand has been so very present during each team meeting, each weekend, each Sponsor's Hour, each DDU and each Ultreya. It is because of your faithful desire to serve Him, unreservedly, that miracles in our hearts have occurred.

I look forward to continuing to serve along side of you in our community for many more years to come.

God has blessed our Community in abundant ways this year. We have been blessed to be a blessing to others. I believe the "secret" to Emmaus is that we love because we have found God's love to be real. When we encour-

ter that amazing love, our desire is to share it with others, to "pass it on" and our joy is made complete. There are so many ways to serve and show that love in the NCA Emmaus community!!! Prayer, Palanca, Sponsorship, Teaming... to name a few. If you are not involved in one of the many ways to be a blessing, now is the time to make a resolution to "improve your serve" in the year 2018.

I welcome the new board and our new CLD, Rich Goad, and pray that God will continue to pour out His blessings on all that they do in His name for our Community. I know that they will seek God's face and lead us with grace and wisdom.

"The steadfast love of the Lord never ceases. His mercies never come to an end. They are new every morning, new every morning, great is thy faithfulness, O Lord..."

Please join us for a night of reflecting on God's love on December 15 at Messiah UMC as we celebrate this festive time together worshipping our Lord and Savior. Please come at 6:30 and bring your favorite finger food/appetizers to share. Messiah will provide drinks, set-up and plates, napkins, etc. Ultreya will begin at 7:30 with De Colores!!!

De Colores

"Glo"

Gloria Esterline

Community Lay Director

2017 WEEKEND EMMAUS FEES

Application Fee	\$35.00
Pilgrim Fee	\$250.00
Team Fee	\$250.00



FROM THE SPIRITUAL DIRECTOR
Closing words of appreciation

As I bid a fond farewell to my time as an Emmaus board of directors Spiritual Director, I cannot depart without expressing my appreciation for all the blessings that have been bestowed upon me by the prayerful support of the community as a whole. Many of you have inspired me with words of encouragement, whether I was praying for a fourth day speaker, presenting a prayer for the offering, offering a devotion before the many communion services I led, or just endeavoring to bring some lighthearted laughter into the various meetings I attended. (This last is subject to scrutiny about the effectiveness of those times, but in all you were patient with me). Your encouragement and smiles buoyed me up, not only when you sent them my way, but also as you encouraged each other. Hebrews 3:13; “Encourage one another daily.”

Thankfully, as I move on to support our community in other ways, I don't have to seriously separate from all its blessings. Our community is irreplaceable under any conditions. God has an infinite variety of relationships that we can enjoy, and that is why he put us in community. The sense of Christian community is apparent throughout the new testament. Passages that encourage us to remember and share our blessings with others include Jesus' presenting the cup to them at the Lord's supper: Matthew 26:27-29. “Then he took a cup, and gave it to them saying, “Drink from it all of you. This is my blood of the covenant.” Just as he included all of the disciples in the communion, so ought we to include all in our expression of love to all people.

Then there is Hebrews 10:25 which instructs us to continue to meet together, “spurring one another on toward love and good deeds.”

Thirdly we look at Acts 4:32: “All the believers were one in heart and mind.” a fulfillment of Jesus' prayer for unity in John 17.

I trust my words have been a reminder of the importance in all our spiritual lives of active participation in the body

of Christ, and continue the excellent work you have already begun. My gratefulness to Christ our Master and all of you wonderful Fourth Day Journeymen continues, Grace and peace,

Stan Esterline
Emmaus Board of Directors Spiritual Director

2017 ULTREYA GATHERINGS

Dec. 15 | Messiah UMC

If you are interested in hosting an Ultreya gathering, please contact the Emmaus Board.

WEEKEND PRAYER WHEEL needs you!

Sign up at emmausnca.org; click on weekend #E184 on the left; then click Prayer Wheel heading. Be a **Blessing** as the **Body of Christ** covers these **weekends** in prayer.

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KAIROS KORNER

The Kairos teams are now starting to prepare for Kairos #72 at Greenville Correctional Center, April 12 – 15, and Kairos #7 at Sussex-1 State Prison, April 26 – 29, 2018. Team applications will soon be available on the team website: <https://kairosnova.org>. As you prayerfully consider being a part of this ministry, please review our Kairos Statement of Faith.

Kairos Statement of Faith

The people of Kairos are called by God to share the love of Christ with those impacted by incarceration. Kairos encourages believers from a variety of Christian traditions to be volunteers in this Christ-filled ministry.

Kairos programs offer to prison residents, their families, and those who work with them, the opportunity to receive God's forgiveness through faith in Jesus Christ, and to grow in their faith and servant-hood in Christian community.

We stand on the common ground of the following elements of faith. We in Kairos believe:

- The Bible is God's authoritative and inspired word for our faith and our lives.
- In the Trinity of the Father, Son, and Holy Spirit.
- In the deity, death, and resurrection of Jesus Christ.
- Friendship with God is a free gift, for God solved the world that He gave His one and only Son so that whoever believes in Him shall not perish but have eternal life.
- The love of Jesus Christ motivates His followers to provide food for the hungry, drink to the thirsty, welcome to the stranger, clothes for the naked, and visits to the sick and those in prison.
- In sharing the love and forgiveness of Jesus Christ with all incarcerated individuals, their families, and to those who work with them inside and outside the correctional institution.

Please contact Bill Iwig (bethesda.duo@verizon.net) or Ed Tucker (edtucker829@gmail.com) or any Kairos team member if you have any questions about Kairos.

Matt 25:36 "...I was in prison and you visited me."

From the NCAE MD

Psalm 7:17 "I will give thanks to the Lord because of his righteousness. I will sing the praises of the name the Lord most high"

Oh, brothers and sisters. This season of gratitude is God's perfect timing!! October Ultreya PRAISED Him, gave glory to Him in a very special way. From "De Colores" to the theme song "One Thing Remains" to "I got saved".

We rejoice and sing praises for the great community, new pilgrims, new CLD and board members, heavenly glory of those departed to Jesus, and our bright future and hope in Him.

These last few weekends have provided musicians who are new to the NCAE community and we are grateful. Glory! Thank you, Lord.

December Ultreya will rejoice with Christmas and Jesus joy. Come join and celebrate. The NCAE praise team will lead at Messiah.

Fire in my soul. Jeremiah 20:9 "His word is in my heart like a fire shut up in my bones. I am weary of holding it in; indeed I cannot."

Let it out - shout with JOY! SING!

Jim and Mae Krauss
Mkrauss70@aol.com

INCLEMENT WEATHER POLICY

In case of inclement weather on the night of an Ultreya, please listen to the **local television or radio**. If **Public Schools are closed**, and after school activities are canceled in the locality where the Ultreya is being held, **the Ultreya will also be canceled.**



From the NCA Chrysalis, CLD

Hello, Family!

I hope this journal finds you all well rested and well fed after the Thanksgiving holiday. This time of the year can seem crazy and busy and messy sometimes. Or, if you're like me – every single time. It can be hard to remember to have grace, patience, and thankfulness through all of the hustle and bustle of cooking, cleaning, traveling, hosting, and finding just the right gift to show your loved ones just how much they mean to you.

This time of year is also always full of Chrysalis events for many in our community. The winter weekend is almost finished teaming, our Hoot this past weekend brought in several youth who are interested in walking this upcoming year, you had a chance to meet our Assistant Lay Directors, and this month you will be meeting the team for C-97. And all that's not even including what the board is working on to make the community run smoothly!

The important thing to remember in all of the busy is who's we are, and why we are doing what we're doing. We give of our time, space, resources, and gifts because we are loved by our Maker, and we are to shower that love in abundance on everyone we can. Take time this busy season to "be still and know" (Psalms 46:10) that our God is awesome, and has given us so much to be thankful for.

I love you all, and I hope that your holiday season is full of blessings!

Fly With Christ!

Nicole Parrish

Chrysalis Community Lay Director

COMMUNITY PALANCA



Need material and help to make palanca bags for 2017.

There are 7 weekends that require 35 palanca bags so that is **245** bags which equal 82 yards of material. So if you can help construct bags or are willing to supply a yard of material which makes 3 bags please bring material to Ultreya.



Who likes to draw?

We need volunteers to design placemats for Emmaus and Chrysalis. Please see Donna Morris at the Ultreyas to pick up an envelope of placemats to decorate.

The love shared by the community is a very important part of each weekend. Without help from the community it is very difficult for a single person to share

so much love. Please Email me at

agape@emmausnca.org

if you would to share your gifts with the community!

DeColores,

Donna Morris

Community Palanca

NCA EMMAUS BOARD		
Term Expiring January 2019		
Dale Gillis, ASD	703-517-2232	gillisdale1@gmail.com
Vickie Carroll	703-887-7590	vickie.carroll@me.com
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COMMUNITY SUPPORT LEADERS		
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Kairos Outside Representative		
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Rector (a) Manuals Coordinator		
Linda Girten	703-491-3801	manuals@emmausnca.org
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Jim Krauss	703-850-8226	md@emmausnca.org
Mary Anne Krauss	703-850-8226	md@emmausnca.org
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Debbie McCluskey		gndmcccluskey2@verizon.net
Prayer Wheel Coordinator		
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Wooden Crosses & Ropes		
Jim & Jan Womer	703-670-5236	jmwomer@verizon.net
Security		
Jon Guest		Jon.guest@verizon.net

NCA CHRYSALIS BOARD		
Community Lay Director (CLD)		
Assistant Lay Director (ALD)		
Spiritual Director (SD)		
CLD	Nicole Parish	Nicolegp410@gmail.com
ACL D	John Rowe Devin Duren	asstlaydirector@chrysalisnca.org
SD	Jose Saldana	Pastor2@chrysalisnca.org
SD	Jessie Kearns	
Other Board Members		
	Lindell Tinsley	Dan Hughes
	Stephanie Williams	Joe Goode
	Bonita Darby	Emma Grammer
	Jon Guest	Burton Robinson
	Scott Marth	Michael Jurabe
	Tori Guest	Molly Haynes
	Sarah LeMay	Judiclaire Kinemey
	John Lohr	
Chrysalis Support Personnel		
Supply Coordinators		Linda Russ/ Melissa Detwiler
Prayer Wheel Coordinator		Volunteer Needed
Manuals and Talk Folders Coordinator		Kurt Bubenhofer
Community Music Director		Dave Moore
Registrar		Donna Morris
Secretary		Stephanie Williams
Treasurer		Bob LeMay
Clothe Agape Bags Coordinator		Beth Ann Eadie
Dining Room Coordinator		Donna Morris
Worldwide Agape Coord.		<i>Volunteer Needed</i>
Facilities Coordinator		<i>Volunteer Needed</i>
Fourth Day Packet Coord.		Bob LeMay
Historian		<i>Volunteer Needed</i>
Outreach Coordinator		<i>Mark and Pat Fahner</i>
Clown Communion Coord.		<i>Jan Niehoff</i>
Chrysalis Crosse Coord.		<i>Janet & Lindsey Matthews</i>
Hoot Coordinators		<i>Donna VanWert/Bob LeMay Karen Kimberlin</i>
I am Lovable Pin Coordinator		<i>Donna Morris</i>
Website Coordinator		<i>Clayton Newberry</i>



National Capital Area Emmaus

Board of Directors Composition

* 12 Members:

- * 5 Lay Women & 5 Lay Men
- * 2 Spiritual Directors

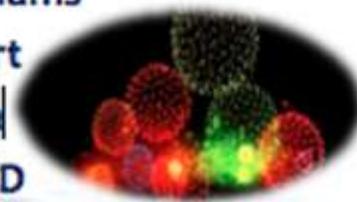


Class of 2018

Rich Goad – CLD
 Vickie Carroll
 Charlie Duren
 Gaylene Guest
 Jim Stacy
 Dale Gillis – SD

Class of 2019

Charlie Carroll
 Mark Gibson
 Stephanie Williams
 Glenda Lambert
 Tammy Crouch
 Gayle Dietz – SD



NEW – NCA Emmaus Car Magnets and Decals

The NCAE, 4" x 6" car **MAGNETS** and **REMOVABLE DECALS** are available for **\$5.00 donation or more for each decal**. All proceeds go to Scholarship Fund. For more information, please contact:

[Raúl Castillo at 703-307-8070](tel:703-307-8070) or
[Email: 4DayJour@emmausnca.org](mailto:4DayJour@emmausnca.org)

2018 NCA Emmaus Walks

- E 184 ~ **W-March 8-11, 2018**..... Vickie Carroll
- E 185 ~ **M-May 17-20, 2018**..... Charlie Duren
- E 186 ~ **W-October 4-7, 2018**..... Cindy Bireley
- E 187 ~ **M-November 1-4, 2018**..... Jerry Wills

December Ultreya

Messiah UMC

6215 Rolling Rd. Springfield VA 22152

December 15, 2017

6:30 Food and Fellowship

7:30 Worship

Love offering
non perishable food items



**Fourth-Day-Journal
National Capital Area Emmaus
P.O. Box 2243
Merrifield, VA 22116**