



The newsletter of the National Capital Area (NCA) Emmaus for the glory of God

# Fourth Day Journal

Vol. XXXVI No.8 August 2018

*an independent, ecumenical fourth-day community~ not affiliated with The Upper Room*



## FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

Rain, rain go away...there has been so much rain recently it seemed it might never go away. We spent the last week in July stranded on an island at our church where we got to share how Jesus Rescues at our Shipwrecked VBS. Each evening we arrived so did the rain! It really added to the special effect of being in a rainforest! What wasn't so special was having to move all the games for 50 kids inside, and for me, it meant all my softball games for the week was cancelled!

One night in particular the rain poured and the thunder echoed through the air. When it finally broke, a bright rainbow appeared over the church. What an amazing reminder of just how much God loves us!

Sometimes, it seems like we are surrounded in storms, no matter how hard we try the only thing we can see is the pouring rain, and thunder seems to echo so loud in our ears we can't hear anything else. Even when God is there whispering to us, "Be Still!"

Maybe it's a struggle to find a job, or a difficult relationship, or perhaps it is the unfathomable loss of a loved one. Regardless of the storm, one thing is certain, God's unfailing, amazing love for us! In the middle of whatever storm, you may be facing, find your rest and hope in him. Then keep your eye out for the rainbow!

Psalm 62:5 Yes, my soul, find rest in God; my hope comes from him.

Enjoy the summer and hopefully August will bring more sunshine. Our next Ultreya will be at First United Presbyterian Church of Dale City on August 17<sup>th</sup>. Please bring a friend and come prepared to worship our Lord.

De Colores

*Rich Goad*, Community Lay Director

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### 2018 ULTREYA GATHERINGS

Aug., 17	First United Presbyterian Church
Sep., 21	St. Johns UMC
Oct., 19	Bethel UMC
Nov., 16	Christ Church, UMC
Dec. 21	St. Paul UMC

**If you are interested in hosting an Ultreya gathering, please contact the Emmaus Board.**



### FROM THE SPIRITUAL DIRECTOR

One of the many things I like to do during the spring, summer, and fall months is to listen to the birds and to watch my fish in the pond. These moments remind me so much of God's majesty and greatness in creating this wonderful world. I look with amazement at how smart squirrels are.

I have five bird feeders around the house but the squirrels are on top of the feeders more than the birds. I was getting irritated with those little pesky creatures. I saw on Facebook, from someone in the Emmaus community, about putting a slinky on the pole. Dan and I did that and actually enjoyed watching the squirrels trying to maneuver the slinky. The day came when the squirrel conquered the slinky and I think the squirrel told all the other squirrels. Now they put their nose under the slinky and push it up until they reach the feeder. Amazing. I would laugh and laugh at them. Job 8:21 says "He will yet fill your mouth with laughter, and your lips with shouts of joy." Looking at creation can make me laugh and fills me with joy to know, see, and hear the beauty of nature. Speaking of nature, we went to the zoo the other day. It's so awesome to see God's work. We listened to a tiger roaring, and we saw the aquarium, and so many cute and weird animals. When we arrived home, we were able to watch the hummingbirds zip here and there and chirp. Genesis 1:20 – And God said, "Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky." It is so relaxing and enjoyable to watch and listen. What an amazing God we have!

God created each one of us in a unique way and with unique gifts to use and share. Discover God's gifts of nature and you. You are special. Matthew 6:26 – Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

Decolores

*Pastor Gale, Spiritual Director*

### From the NCAE MD

Summertime! And the tunes are flowing. Sunshine/Spirit/Songs

Lord, we ask you to bless and protect our Emmaus family during this high-spirited and fun season. Stay right alongside us in all we do & keep a song in our heart for You, Lord.

August Ultreya promises to be rich in summertime spirit at FUPCDC, music lead by the NCAE community musicians. We hope to celebrate upcoming 2018 weekends September by involving those MDs. September music is provided by Chrysalis rockers! ALL glory to God.

"Praise the Lord, for the Lord is good; celebrate his holy name with music."  
Psalm 135:3 NLT  
!De Colores!

***Mae and Jim Krauss***

[Mkrauss70@aol.com](mailto:Mkrauss70@aol.com)

All are invited to join in.

**2018 WEEKEND PRAYER WHEEL needs you!**

Sign up at [emmausnca.org](http://emmausnca.org); click on weekend #E186 on the left; then click Prayer Wheel heading. Be a **Blessing** as the **Body of Christ** covers these **weekends** in **prayer**.



## From the NCA Chrysalis, CLD

Hello Family!

I have a couple announcements this time around to start things off with. We are almost to the end of the busy season for Chrysalis, but we are not quite there yet! Thank you so much to everyone who helped out with all of the clean up and community events for C-98. Starting over at a new facility is always really hard, especially since they had several team members drop the week before, and I know that all of the outside help was greatly appreciated. Now it's time to get the ball rolling for C-99! The weekend will be happening August 16-19, We will need ninjas for that weekend too on Saturday and Sunday, as well as folks to come out to candlelight Saturday evening! If you are interested in being a ninja please let me know, and be on the lookout for what time candlelight will start!

Also this month we will be electing new board members since our terms of office begin in September. Short biographies of each person running will be posted online very soon, so keep an eye out for that! Here are the names of all the folks we have running – please be in prayer for them and the community as you decide who you feel led to vote for!

### Youth/Young Adults

Sarah Kleppinger  
Nick Reagan  
Becca Washburg

### Adults

Charley Hayes  
Ali Wills  
Erin Prendergast

Kirsten Smith  
Doug Radoye

### SD

Robin BeMiller

As half the board comes to the end of their service, I will also be ending my term as Lay Director for the community this month. I'm going to be selfish for a moment and give a big shout out and thank you to all the board members who worked so hard this year. We had some really large and difficult decisions to make right away, and I really appreciate everyone's time and effort to keep the community moving forward in a safe and God centered way. It has been an honor to serve with all of you this year, and I know that I personally have grown a great deal from the experience. Be nice to the new Lay Director when I'm gone, and keep growing in love with God and community with each other!

Fly With Christ!

*Nicole Parrish*

Chrysalis Community Lay Director

### **2018 WEEKEND EMMAUS FEES**

<b>Application Fee</b>	<b>\$35.00</b>
<b>Pilgrim Fee</b>	<b>\$250.00</b>
<b>Team Fee</b>	<b>\$250.00</b>

### ***INCLEMENT WEATHER POLICY***

In case of inclement weather on the night of an Ultreya, please listen to the local television or radio. **If Public Schools are closed**, and after school activities are canceled in the locality where the Ultreya is being held, **the Ultreya will also be canceled.**



## KAIROS KORNER

**Kairos Special Events: Find out more about Kairos and ways to serve.**

### Needed: New Team Members

We welcome new team members to serve on the GCC S-3 and Sussex 1 weekends. K-75 at GCC S-3 is October 11-14, 2018. K-8 at Sussex 1 is October 25-28, 2018.

Information and team applications can be found in the Documents & Resources section at <https://kairosnova.org/>

You may also contact the weekend leaders:

K-75 - Tom Lambert, [tmlfam@aol.com](mailto:tmlfam@aol.com)

K-8 - TBD, contact Ed Tucker, [edtucker829@gmail.com](mailto:edtucker829@gmail.com)

**Virginia Kairos Outside Weekend** will be held at Hat Creek Camp Brookneal, VA Spring 2019

<http://www.hatcreekcamps.org>

Contact Linda Wickstrom for more information

[jnlwick@cox.net](mailto:jnlwick@cox.net) 540-798-8698

### National KAIROS Annual Conference

Kairos of Northern VA is helping host the National KAIROS Annual Conference

2018 Annual Conference July 24th - 28th, 2018 Hyatt Regency Dulles, Herndon, Virginia

For More Information Contact Steve: [Steve@themusselwhitegroup.com](mailto:Steve@themusselwhitegroup.com)

### Advanced Kairos Training (AKT)

2019 date to be announced in Richmond, VA

For More Info: [www.mykairos.org](http://www.mykairos.org)

As always you can learn more by contacting me at:

[michaelagentile@verizon.net](mailto:michaelagentile@verizon.net)

Respectfully

### **Michael A. Gentile**

703-638-2545

Faith can move mountains...

Don't be surprised when God hands you a shovel!



## COMMUNITY PALANCA

Hope everyone is having a wonderful summer.

As the last Chrysalis weekend draws near, please keep all the bugs in your prayers and show them as much Love as possible. As you know that is always the common thread in each weekend on how special all the love from the community touched the pilgrims and bugs.

The next Emmaus weekend is October 4-7.

Sign-up sheet for snacks will be passed out next month.

All your donations are greatly appreciated.

Placemats for decorating can be obtained at

Ultreyas or by emailing [donnamor117@gmail.com](mailto:donnamor117@gmail.com).

Love, Love,

*Donna Morris*

DeColores & Fly With Christ,

### 2018 NCA Emmaus Walks

E 186 ~ *W-October 4-7, 2018*..... Cindy Bireley

E 187 ~ *M-November 1-4, 2018*..... Jerrv Wills

**NCA EMMAUS BOARD**

**Term Expiring January 2019**

Dale Gillis, ASD	703-517-2232	gillisdale1@gmail.com
Vickie Carroll	703-887-7590	vickie.carroll@me.com
Charlie Duren	703-216-5027	c_duren@comcast.net
Rich Goad	571-265-2682	Richard.e.goad@gmail.com
Gaylene Guest	703-398-7449	Gi.gi.@verizon.net
Jim Stacy	703-680-5111	stacycentral@verizon.net

**Term Expiring January 2020**

Stephanie Williams	330-340-4720	teacherpm1@gmail.com
Gail Dietz, ASD	540-545-1327	gaile44@aol.com
Tammy Crouch	703-346-3190	tammycrouch81@yahoo.com
Glenda Lambert	703-618-6273	gcljewelry@gmail.com
Charlie Carroll	703-887-7591	ccarroll813@me.com
Mark Gibson	703-926-5030	m5gibson@aol.com

**COMMUNITY SUPPORT LEADERS**

<b>Applications ~ NCA Emmaus Pilgrims</b>		
Charlie & Vickie Carroll	703-887-7590	<a href="mailto:Cand_app@emmausnca.org">Cand_app@emmausnca.org</a>
<b>Applications ~ NCA Emmaus Team</b>		
Charlie & Vickie Carroll	703-887-7590	<a href="mailto:Team_app@emmausnca.org">Team_app@emmausnca.org</a>
<b>Audio-Visual/Software Managers</b>		
Jim and Donna Morris	540-625-2843	<a href="mailto:avsoftware@emmausnca.org">avsoftware@emmausnca.org</a>
<b>Community Palanca/Agape Coordinators</b>		
Donna Morris	540-625-2843	<a href="mailto:Agape@emmausnca.org">Agape@emmausnca.org</a>
<b>Community Shed Coordinator</b>		
Annette Barbier	703-491-2104	<a href="mailto:Abarbier2@aol.com">Abarbier2@aol.com</a>
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<b>Kairos Representative</b>		
Mike Gentile	703-638-2545	<a href="mailto:michaelagentile@verizon.net">michaelagentile@verizon.net</a>
<b>Kairos Outside Representative</b>		
Barbara Teats	703-354-9043	<a href="mailto:barbteats@hotmail.com">barbteats@hotmail.com</a>
<b>Rector (a) Manuals Coordinator</b>		
Linda Girten	703-491-3801	<a href="mailto:manuals@emmausnca.org">manuals@emmausnca.org</a>
<b>Music Directors</b>		
Jim Krauss	703-850-8226	<a href="mailto:md@emmausnca.org">md@emmausnca.org</a>
Mary Anne Krauss	703-850-8226	<a href="mailto:md@emmausnca.org">md@emmausnca.org</a>
<b>Outreach Palanca/Agape Coordinator</b>		
Debbie McCluskey		<a href="mailto:gndmcccluskey2@verizon.net">gndmcccluskey2@verizon.net</a>
<b>Prayer Wheel Coordinator</b>		
Lisa Giamette		<a href="mailto:Shark.mommy@gmail.com">Shark.mommy@gmail.com</a>
<b>Rector(a) Selection Coordinator</b>		
Jack Christie	703-491-8670	<a href="mailto:Jackchristie153@gmail.com">Jackchristie153@gmail.com</a>
<b>Reunion Group Coordinator</b>		
Liana Cuffman	703-920-6219	<a href="mailto:cuffli@comcast.net">cuffli@comcast.net</a>
<b>Scholarship Coordinator</b>		
Lindsey Kirkwood	571-236-4563	<a href="mailto:lindsey.kirkwood@gmail.com">lindsey.kirkwood@gmail.com</a>
<b>Talk Folder Coordinator</b>		
Al Barbier	703-491-2104	<a href="mailto:Ajbarbier@aol.com">Ajbarbier@aol.com</a>
<b>Treasurer</b>		
Lindsey Kirkwood	571-236-4563	<a href="mailto:treas@emmausnca.org">treas@emmausnca.org</a>
<b>Website Manager</b>		
Rob Cannon	703-965-8045	<a href="mailto:webadmin@emmausnca.org">webadmin@emmausnca.org</a>
<b>Weekend Handouts Coordinator</b>		
Mark Segnari	703-670-3145	<a href="mailto:4daypack@emmausnca.org">4daypack@emmausnca.org</a>
<b>Wooden Crosses &amp; Ropes</b>		
Jim & Jan Womer	703-670-5236	<a href="mailto:jmwomer@verizon.net">jmwomer@verizon.net</a>
<b>Security</b>		
Jon Guest		<a href="mailto:Jon.guest@verizon.net">Jon.guest@verizon.net</a>

**NCA CHRYSALIS BOARD**

**Community Lay Director (CLD)  
Assistant Lay Director (ALD)  
Spiritual Director (SD)**

<b>CLD</b>	Nicole Parish	<a href="mailto:Nicolegp410@gmail.com">Nicolegp410@gmail.com</a>
<b>ACL D</b>	Jon Guest Judiciaire Kinerney	<a href="mailto:asstlaydirector@chrysalisnca.org">asstlaydirector@chrysalisnca.org</a>
<b>SD</b>	Burton Robinson	<a href="mailto:Pastor2@chrysalisnca.org">Pastor2@chrysalisnca.org</a>
<b>SD</b>	Jessie Kearns	

**Other Board Members**

Lindell Tinsley	Dan Hughes
Stephanie Williams	Emma Grammer
John Lohr	Michael Jurabe
Scott Marth	Molly Haynes
Tori Guest	Kayleigh Sullivan
Sarah LeMay	

**Chrysalis Support Personnel**

<b>Supply Coordinators</b>	Linda Russ/ Melissa Detwiler
<b>Prayer Wheel Coordinator</b>	Volunteer Needed
<b>Manuals and Talk Folders Coordinator</b>	Kurt Bubenhofer
<b>Community Music Director</b>	Dave Moore
<b>Registrar</b>	Jerry Wills
<b>Secretary</b>	Aliecia Whalen
<b>Treasurer</b>	Bob LeMay
<b>Clothe Agape Bags Coordinator</b>	Beth Ann Eadie
<b>Dining Room Coordinator</b>	Donna Morris
<b>Worldwide Agape Coord.</b>	<i>Volunteer Needed</i>
<b>Facilities Coordinator</b>	<i>Volunteer Needed</i>
<b>Fourth Day Packet Coord.</b>	Bob LeMay
<b>Historian</b>	<i>Volunteer Needed</i>
<b>Outreach Coordinator</b>	<i>Mark and Pat Fahner</i>
<b>Clown Communion Coord.</b>	<i>Jan Niehoff</i>
<b>Chrysalis Crosse Coord.</b>	<i>Janet &amp; Lindsey Matthews</i>
<b>Hoot Coordinators</b>	<i>Donna VanWert/Bob LeMay Karen Kimberlin</i>
<b>I am Lovable Pin Coordinator</b>	<i>Donna Morris</i>
<b>Website Coordinator</b>	Clayton Newberry



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