

The newsletter of the National Capital Area (NCA) Emmaus
for the glory of God

Fourth Day Journal

Vol. XXXVI No.12 December 2018

an independent, ecumenical fourth-day community- not affiliated with The Upper Room



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

It is hard for me to believe that 2018 is coming to a close. It seems like just yesterday I stepped in to the very daunting task of leading our community as the CLD! It did not take but a second for me to realize I was just an ornament on the top of an amazing tree made up of fellow board members and community. Without the support of an amazing board and the love of a community as inspiring as NCAE, I couldn't have done it.

I began my journey into Emmaus reluctantly, well maybe more forcefully since my wife packed my bags into my sponsors car and wouldn't let me back into the house. There is not one moment along the way that I regret. God put the right sponsor in my life, the right team on my weekend, the right weekends I have been able to team and the right community of people surrounding me as I had the honor of my position for the last year.

I am excited to pass the torch along to Mark Gibson! He is going to be an amazing star on our tree in 2019 and he has an equally amazing board to back him up.

I have had a great year. I have been humbled and blessed every step of the way. Thank you for allowing me the opportunity to serve our community.

I will continue in prayer for each and every one of you. My heart is full. Take in the celebration this month of our Lord and Savior Jesus Christ's birth. It is this gift we have all received that makes every fourth day possible

for us all.

Luke 2:10-11 New International Version (NIV)

10 But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the people. 11 Today in the town of David a Savior has been born to you; he is the Messiah, the Lord.

Hope to see you all at the December Ultreya on December 21st at St. Paul UMC, Woodbridge. We will have a wonderful 4th day speaker, someone who teamed on Emmaus #1. Come out and fill the seats.

God Bless, and Merry Christmas!

Rich Goad, Community Lay Director

A special Blessing to our Board members

The **2019-2020** board members:

Liana Cuffman, Kat Schreiber Lopez
Jim Rogers, Chris Scholz
Raul Castillo, Jose Saldana

The **2017-2018** board members:

Gaylene Guest, Vickie Carroll
Charlie Duren, Jim Stacy
Rich Goad

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FROM THE SPIRITUAL DIRECTOR

Christmas should be a time of love, joy, peace, kindness, serving, fellowshiping, giving, and the list goes on of good things we can be doing and experiencing. Christmas is an action word. Jesus came to earth. Action!

Put action into your life this Christmas season and beyond. It doesn't take much. It takes loving the Lord your God with all your heart, with all your soul, and with all your mind. Remember the moment you met your partner? You probably were feeling love, happiness, and giddiness. How did you feel when you or a loved one had a birth? That's a precious moment.

Christmas is a time for sharing the love, joy, and peace of knowing Jesus Christ. Jesus is the Greatest Gift of all. We should be sharing this every day of our lives and being conscious enough to bring those who may not know the Lord to know Jesus. We can't be shy. Jesus needs you. That reminds me of the sign "Uncle Sam Needs YOU!" Jesus needs YOU to be His hands and feet in servitude to one another and to the stranger. Jesus suffered and died on a cross for YOU! Hallelujah, Jesus lives today.

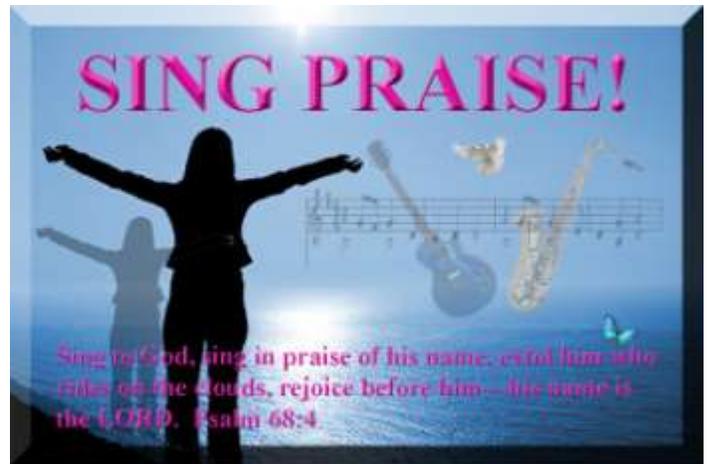
There is a gentleman I know who was totally against our ministry of feeding children. He felt the parents should be doing that. "I mean, let's get real about this, they can afford cigarettes but can't afford to feed their children. That's not your responsibility." I listened to him and would smile because I knew Jesus was working on his heart. About a year later, this person has changed and is very thankful for this ministry. In fact, he now preaches to me every week when I deliver the food for the children. He shares a story or two, tells me what he's reading in the Bible, and what the devotional was about for the day. He will ask me how I feel about certain topics. We share the love of Christ and the joy and peace in knowing Him.

What a marvelous gift to give this Christmas – the gift of Jesus Christ! Sing praises to the King; give honor and

glory and thanksgiving to God for giving us the gift of God's only Son.

Merry Christmas to all and to all many blessings.

Pastor Gail, Spiritual Director



From the NCAE MD

Praises for End-of-year activities honoring Christ.

So full of music. Come on out and participate with NCAE and experience the Holy Spirit lifting your head and filling your heart with hope.

The November Ultreya will be lead by MD/AMDs from E-187 men's weekend, and December by the NCAE Praise Team. We hope in December to gather Emmaus children for a mini-choir. Please contact us for details.

Praises for His great guidance and blessings throughout our music practices, sponsors hours, DDU's, Ultreyas and events. He is a good good Father. We love you, Lord.

All are welcome - please contact us if you are interested in being a part of the music efforts in NCAE, or if you have questions regarding the timing/dates of special events.

Mae and Jim Krauss

Mkrauss70@aol.com

(703)850-8226

All are invited to join in.



KAIROS KORNER

Team,

As I departed Trinity UMC Church (our hub church nearby the prison) on Thursday, it dawned on me that I did not complete our reflections on the Fruit of the Spirit (i.e., Self-Control)...(throughout the teaming process we've been studying together the fruit of the spirit).

Next, I think all the cookies that were processed for the K-8 weekend were put to good use in other ways:

- Some cookies went home with us to be used within our church communities
- Some cookies were donated to local Fall Festivals
- Some cookies went to the Sussex I Staff
- The bulk of the cookies were picked up by other Kairos teams for use at Lawrenceville and Deep Meadow

Finally, there is no way to say how thankful I am to all of you for your time, talent, treasure, and dedication to this ministry; you really made being weekend leader a true blessing. THANK YOU, THANK YOU, THANK YOU from the bottom of my heart.

Bill Eager (K7 advising leader, kairos version of an old buffalo) reminded me in an email last Wednesday evening that Kairos is (translated as) "God's Special Time." (Bill continued), "When K-8 happens – God will make it Special!" (My feelings exactly). And now, the Lord has replaced my lingering disappointment with faith, hope, love, joy, and confidence that the K-8 weekend will be very special...for the team (both inside and outside) and for the men and staff at Sussex I. I pray the Lord will do the same for you. God bless you all!!!

In His Service,

From the NCA Chrysalis, CLD

Greetings,

Chrysalis is not only excited about the upcoming celebration of our saviors birth but we are eagerly awaiting for the upcoming January weekend of C-100...WOO-HOO!!!

The team is working hard in preparation for this milestone weekend and we need the communities support with prayer, bug applications, and more prayer!!!!

May the CHRISTmas season be with you always, Scott Marth

FLY WITH CHRIST!!!.

Scott Marth

Chrysalis Community Lay Director

2019 WEEKEND PRAYER WHEEL needs you!

Sign up at emmausnca.org; click on weekend #E188 on the left; then click Prayer Wheel heading. Be a Blessing as the Body of Christ covers these weekends in prayer.

INCLEMENT WEATHER POLICY

In case of inclement weather on the night of an Ultreya, please listen to the local television or radio. If Public Schools are closed, and after school activities are canceled in the locality where the Ultreya is being held, **the Ultreya will also be canceled.**

Steve “The fruit of the Spirit is: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-control.” (Galatians 5:22)

From Michael Gentile:
To my NCA Emmaus family,

This isn't the first time that a Kairos at Sussex 1 SP has been cancelled due to a lockdown. And no doubt it will not be the last. We've all come to understand, that even though we all are left with a strange kind of numbness, almost a feeling of shock, as we all have spent months preparing for this moment only to be left at the very last minute with no other option but to turn around and go home, we have learned to take it in stride and look forward to when we can return. I recall the last time this occurred and how we all just wanted to do something, we tried to manufacture some best response, but in the end we simply had to accept it for what it was. And when that weekend did finally come off, it was powerful and transformational. And many of those men who attended that weekend continue to serve faithfully to this day. God's Special Time is best left in God's hands. He has a special plan.

Respectfully
Michael Gentile

Thank you
Michael Gentile E-145

2018 ULTREYA GATHERINGS	
Nov., 16	Christ Church, UMC
Dec. 21	St. Paul UMC

If you are interested in hosting an Ultreya gathering, please contact the Emmaus Board.



COMMUNITY PALANCA

Greetings from Palanca Central!
Fall is around the corner and that means Ladies E-186 & Men's E-187 are preparing for the mountain. Please share your love with the team and pilgrims with prayers, snacks and love letters. Placemats are available upon request at Ultreyas if you wish to decorate. I am in Colorado beginning mid October and Nicole Mosher will be filling in for me while Jim and I are here on temporary assignment. If you have any questions you can still reach me by email and the Palanca team will get back to you. Love, Love,
Donna Morris & Nicole Moher
Dmorris117@gmail.com

2018 WEEKEND EMMAUS FEES	
Application Fee	\$35.00
Pilgrim Fee	\$250.00
Team Fee	\$250.00

2019 NCA Emmaus Walks	
E 188 – W-March 21-24, 2019.....	Debbie McCluskey
E 189- M-May 2-5, 2019.....	John Rowe
E 190 – W-Sept. 26-29, 2019.....	Carol Cobb
E 191 –M Oct 31- Nov 3, 2019.....	Jon Guest

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SD	Robin Bemiller	
Other Board Members		
	Doug Radoye	Nick Reagan
	Alison Wills	Emma Grammer
	John Lohr	Erin Pendergast
	Scott Marth	Molly Haynes
	Sarah Kleppinger	Kayleigh Sullivan
	Becca Washburg	Charley Hays
Chrysalis Support Personnel		
Supply Coordinators	Linda Russ/ Melissa Detwiler	
Prayer Wheel Coordinator	Volunteer Needed	
Manuals and Talk Folders Coordinator	Kurt Bubenhofer	
Community Music Director	Dave Moore	
Registrar	Jerry Wills	
Secretary	Aliecia Whalen	
Treasurer	Bob LeMay	
Clothe Agape Bags Coordinator	Beth Ann Eadie	
Dining Room Coordinator	Donna Morris	
Worldwide Agape Coord.	Volunteer Needed	
Facilities Coordinator	Volunteer Needed	
Fourth Day Packet Coord.	Bob LeMay	
Historian	Volunteer Needed	
Outreach Coordinator	Mark and Pat Fahner	
Clown Communion Coord.	Jan Niehoff	
Chrysalis Crosse Coord.	Janet & Lindsey Matthews	
Hoot Coordinators	Donna VanWert/Bob LeMay Karen Kimberlin	
I am Lovable Pin Coordinator	Donna Morris	
Website Coordinator	Clayton Newberry	



**Fourth-Day-Journal
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