

National Capital Area Emmaus



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

Recently at my church the pastor was talking about Tabitha who was known for her good works and acts of charity. One of the phrases he used was “Agents of Grace”. That immediately made me think of you – our Emmaus community – agents of Grace.

When I walked on E 100, I really did not understand grace. It was something we said before eating a meal or sang about at funerals. When that AH-HA moment came to me on that weekend, it told me what His grace was all about. I’m sure many of you know that feeling as well.

The verse that struck me about grace was: Eph 2:8 *“For by grace you have been saved through faith; and that not of yourselves, is a gift from God; not as a result of works, that no one should boast.”* Nothing I can do will earn me His grace - for someone who is do-er, that’s hard to think of. I’ve pretty much done everything I’ve needed to in order to live my life. If I couldn’t do it, I learned or found a different way to achieve my goal. I’ve had to learn to accept that gift from God, and it’s an ongoing process. We tend to think of ourselves as unworthy to accept such a gift from God or from/through others.

At this point I could go on about the events in my life and just how this gift of grace was shown to me and my family when my late wife was ill by various people in this community. I had to learn to accept His grace, because this was a situation that I could not control. Coming to you, my Emmaus community; in James 2:17 we learn *“In the same way faith by itself, if not accompanied by action, is dead.”* We can’t be saved by OUR actions – we are saved by His grace. Our faith produces the action of grace to those around us. When it’s time to receive grace from those around us, we accept with a humble heart. When it’s our turn to show His grace, we do so willingly and joyfully. That is what we are called to do.

Live your life showing His grace to others. Start now and pray about who you are being called to show His grace to – at your home, workplace, community, on I 95.... You never know what word or action of yours could lead someone nearby to a closer walk with the Lord. Our weekends are what I call a tool in my toolbox. Another opportunity I have to show grace to others. Let’s fill the coming weekends. Let’s be His Agents of Grace.

Let your light shine,

Mark Gibson

Community Lay Director

INSIDE THIS ISSUE

NCA Emmaus CLD Message	1
NCA Emmaus SD Message	2
Sing Praise NCAE MD	3
Community Palanca	3
Chrysalis	4
2019 Ultreya Gatherings	4
Community Palanca	5
NCA Emmaus/Chrysalis Directory	6

FROM THE SPIRITUAL DIRECTOR

Its June, 2019 is half over this month. Have you grown in the Lord? Have you met the goals you set in January? It's not too late. God's always looking for you, always waiting patiently for you to realize that He is right there beside you and living in your heart. Ephesians 6:10 reminds us to be strong in the Lord and in his mighty power.

June is the perfect time for all of us to pause, to listen, to hear from our creator about what we should be about. June is the perfect time for us to assess how we are doing on our goals for the year. As members of the NCA Emmaus community, have you kept the community in your prayers, have you prayed for the pilgrims, the teams, the Chrysalis 'bugs' and their teams, the Kairos community? Have you heard from God about teaming, about sponsoring?

June is a perfect time for us to cast a vision for what the Lord desires for us to be and be about for the rest of 2019. What does the Lord require of you this year? Are you listening? Are you stepping out in faith to answer God's call in your life.

In Ephesians 6, starting at verse 11, the Apostle Paul goes on to remind us to put on the full armor of God, so that you can take your stand against the devil's schemes. ¹²For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³Therefore put on the full armor of God...

As Christians and Emmaus 4th day people, we trust in the Lord to guide our every step, to uphold us in times of distress and in times of plenty. We believe that God is with us and that when we trust in Him, He will guide us in paths of righteousness, doing His will in and through our lives for His Glory. We believe that this is not only the best way to live but the only way that leads to life.

How about it, are you ready to become what God wants you to be? It won't happen on its own. God is ready, but are you? Are you willing and ready to become the Christian who hears and does what the Lord requires of you. Take it from me once you take that step of faith, God will bless you and life will never be the same.

DeColores, Fly With Christ, and Love, Love, Love,
Rev Jose Saldana
Spiritual Director



From the NCAE MD

Hallelujah- summer is here! Teams are spinning up- NCA Emmaus and Chrysalis, and tunes are buzzing!

Music talent is growing in our community - praises. Sarah Kleppinger, Sierra Hayes, from the past Joe Forrer, Tyler Mertz, Brianna Ornstein, and others. Look for these fresh new faces on the mountain and at Ultreya. We are thrilled and God is glorified!

June Ultreya will be lead by the MDs of the men's weekend E-189, Milton Zapata and Joe Forrer. What a blessing this will be. They rocked the May closing - fun and worshipful! Thank you guys for that JOY.

Join in the song and let us know your favorite oldie via email to us. July BBQ Ultreya will be filled with songs from the past - to include some fun ones.

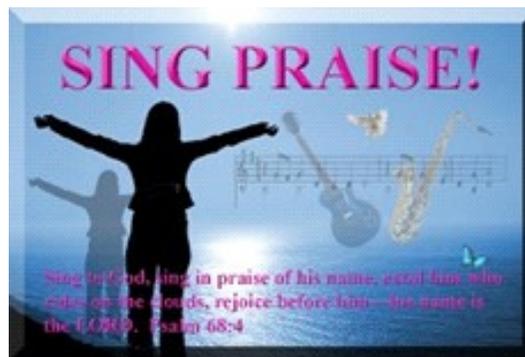
If you are interested in participating in NCAE music, please contact us at the address below. We would love it!!

De Colores!

Jim and Mary Ann (Mae) Krauss

703-850-8226

mkrauss70@aol.com



2019 NCA Emmaus Walks

E 190 - September 26-29 Carol Cobb

E 191 - November 14 - 17 Jon Guest
Camp Happyland Fredericksburg Va.

2020 NCA Emmaus Walks

E 192 - Mar 5-8 Gaylene Guest

E 193 - Apr 30-May 3 Chris Schulz

E 194 - Oct 1-4 Sam Gero

E 195 - Nov 12-15 Milton Zapata

2020 Weekends will be held at
Camp Happyland Fredericksburg Va.

2019 WEEKEND EMMAUS FEES

Application Fee	\$ 35.00
Pilgrim Fee	\$215.00
Team Fee	\$250.00

From the NCA Chrysalis, CLD



The young adult team is waiting to begin their weekend on June 13-16.

Please remember that in order to go to the mountain - we need bugs: your sons, daughters, nieces, nephews, friends, youth group members. In the meantime, be on the lookout for other ways to assist the time by signing up on the prayer wheel, bringing food and writing agape (palanca) for the team and bugs. The summer high school weekend will be August 15-18 and they have begun to select team members for that weekend. Please keep mindful of any students that would like to be a part of this wonderful experience. We will keep you informed on ways that you can assist as the time draws nearer.

Finally, please start praying about becoming a member of the Chrysalis Advisory Board. We will have elections this summer and you will begin your duties in September. If you have any questions or would like more information, please contact Jon Guest at jon.a.guest@gmail.com or 703-586-7718 or Erin Prendergast at elerpr143@aol.com.

Jerry Wills

Chrysalis Community Lay Director

June Ultreya

St. Paul UMC

Woodbridge, VA 22191

6:30pm - Dinner

7:30pm - Ultreya

Lets help fill the shelves of
St Paul UMC's Food Pantry.

<i>2019 ULTREYA GATHERINGS</i>	
June 21	St. Paul UMC
July 19	Sleepy Hollow UMC w/ith Annandale UMC
Aug. 16	First Baptist Church
Sept. 20	Bethel UMC
Oct. 18	First United Presbyterian
Nov. 15	Christ Church
Dec. 20	TBD

COMMUNITY PALANCA

Summer is here! Please help share your love for each team member and bugs with prayers, snacks, and letters! Our next Ultreya is June 21 at St. Paul UMC. If you need help getting your Palanca up to the mountain for C-102, please bring any items with you to the Ultreya. There will be a container for you to place your love, please make sure that the walk number is listed. I will send out a reminder about the food sign up.

There will be placements available for those that need more to decorate. If you have any questions please feel free to email me or contact me on Facebook. With love,

DeColores,

Nicole Mosher



Beginning in July special 4th Day testimonies from your community. If you would like to share your story please contact: Donna Morris @ dmorris117@gmail.com

Testimonies will be one page in length and can include pictures to share your story.

INCLEMENT WEATHER POLICY

In the case of inclement weather, each church will notify the NCA Emmaus Board to determine whether they will be open for any functions that day. Any NCA Emmaus gathering (Ultreya, team meetings, board meetings) where the activity is to be held will follow the individual church closures. Cancellation notifications will be made via NCA Emmaus website and/or Facebook.

2019 WEEKEND PRAYER WHEEL Needs You!

Sign up at emmausnca.org; click on weekend #E190 on the left; then click Prayer Wheel heading. Be a Blessing as the Body of Christ covers these weekends in prayer.

NCA EMMAUS BOARD		
Term Expiring January 2021		
Jose Saldaña , ASD	703-593-5340	jwsaldana@gmail.com
Liana Cuffman	703-899-4675	cuffli@comcast.net
Kat Schreiber Lopez	703-568-9710	kat.schreiber@verizon.net
Raúl Castillo	703-307-8070	rcasti@cox.net
Chris Scholz	703-929-7931	ccscholz@gmail.com
Jim Rogers	202-210-6792	james.rogers3@verizon.net
Term Expiring January 2020		
Stephanie Williams	330-340-4720	teacherpm1@gmail.com
Gail Dietz, SD	540-545-1327	gaile44@aol.com
Tammy Crouch	703-346-3190	tammycrouch81@yahoo.com
Glenda Lambert	703-618-6273	gcljewelry@gmail.com
Charlie Carroll	703-887-7591	ccarroll813@me.com
Mark Gibson CLD	703-926-5030	m5gibson@aol.com
COMMUNITY SUPPORT LEADERS		
Applications ~ NCA Emmaus Pilgrims		
Charlie & Vickie Carroll	703-887-7590	Cand_app@emmausnca.org
Applications ~ NCA Emmaus Team		
Charlie & Vickie Carroll	703-887-7590	Team_app@emmausnca.org
Audio-Visual/Software Managers		
Jim and Donna Morris	303-906-8630	jimanddonnamorris@va.metrocast.net
Community Palanca/Agape Coordinators		
Nicole Mosher		haleycomet125@gmail.com
Community Shed Coordinator		
Annette Barbier	703-491-2104	Abarbier2@aol.com
Facility Liaison		
Nancy Geeting	540-841-3343	ngeeting.54@gmail.com
Fourth Day Journal – Newsletter Editor		
Donna Morris	703-402-1155	DonnaMor117@gmail.com
Fourth Day Journal Mailing		
Beth Woodley	703-447-9553	4DayMail@emmausnca.org
Kairos Representative		
Mike Gentile	703-638-2545	michaelagentile@verizon.net
Kairos Outside Representative		
Barbara Teats	703-354-9043	barbteats@hotmail.com
Rector (a) Manuals Coordinator		
Linda Girten	703-491-3801	manuals@emmausnca.org
Music Directors		
Jim Krauss	703-850-8226	md@emmausnca.org
Mary Anne Krauss	703-850-8226	md@emmausnca.org
Outreach Palanca/Agape Coordinator		
Debbie McCluskey		gndmcccluskey2@verizon.net
Prayer Wheel Coordinator		
Lisa Giamette		Shark.mommy@gmail.com
Rector(a) Selection Coordinator		
Jack Christie	703-491-8670	Jackchristie153@gmail.com
Reunion Group Coordinator		
Liana Cuffman	703-920-6219	cuffli@comcast.net
Scholarship Coordinator		
Lindsey Kirkwood	571-236-4563	lindsey.kirkwood@gmail.com
Talk Folder Coordinator		
Al Barbier	703-491-2104	Ajbarbier@aol.com
Treasurer		
Lindsey Kirkwood	571-236-4563	treas@emmausnca.org
Website Manager		
Rob Cannon	703-965-8045	webadmin@emmausnca.org
Weekend Handouts Coordinator		
Mark Segnari	703-670-3145	4daypack@emmausnca.org
Wooden Crosses & Ropes		
Jim & Jan Womer	703-670-5236	jmwomer@verizon.net
Security		
Jon Guest		Jon.guest@verizon.net

Chrysalis Community Lay Director		
Jerry Wills		jerry@hippofamily.com
Assistant Lay Director		
Erin Pendergast		elerpr143@aol.com
Judiclaire Kinerney		
Spiritual Directors		
Robin BeMiller		
Other Chrysalis Board Members		
Doug Radoye		Youth Members
Alison Wills		Sarah Kleppinger
John Lohr		Nick Reagan
Emma Grammer		Kayleigh Sullivan
Charley Hays		Becca Washburg
Chrysalis Support Personnel		
Supply Coordinators:		
Michelle & John Rowe		mrowece@yahoo.com
Prayer Wheel Coordinator		
Volunteer Needed - Currently Online		
Manuals and Talk Folders		
Kurt Bubenhofer		
Community Music Director		
Jerry Wills		jerry@hippofamily.com
Chrysalis Registrar		
Jerry Wills		jerry@hippofamily.com
Chrysalis Secretary		
Jerry Wills		jerry@hippofamily.com
Chrysalis Treasurer		
Bob LeMay		rlemay@lemayandcompany.com
Worldwide Agape Coord.		
<i>Volunteer Needed</i>		
Facilities Coordinator		
<i>Volunteer Needed</i>		
Fourth Day Packet Coordinator		
Bob LeMay		rlemay@lemayandcompany.com
Historian		
<i>Volunteer Needed</i>		
Outreach Coordinator		
<i>Mark and Pat Fahner</i>		
Clown Communion Coordinator		
<i>Jan Niehoff</i>		
Chrysalis Cross Coordinator		
<i>Janet & Lindsey Matthews</i>		
Hoot Coordinators		
<i>Chrysalis Board</i>		
Agape Coordinator - Placemats/Butterfly, Team, and I am Lovable Pins/Agape Bags		
<i>Nicole Mosher</i>		haleycomet125@gmail.com
Website Coordinator		
Sarah Kleppinger & Becca Washburg		
Website Administrator		
Jerry Wills		jerry@hippofamily.com

Fourth-Day-Journal
National Capital Area Emmaus

