

# *National Capital Area Emmaus*



## **FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR**

Happy New Year. My name is Chris Scholz. I worship at Christ Church, I walked on E-153, and I sat at the table of "the Voice of Truth". I have the distinct privilege of serving as the Community Lay Director this year. I am humbled by the call to serve in this capacity and am thankful I will have the wisdom of the many CLD's that have preceded me.

First, I want to thank the Board members from the Class of 2019 who served the past two years and the Spirit-filled decisions they made to strengthen our community. Charlie Carrol, Tammy Crouch, Glenda Lambert, Gail Dietze, Stephanie Williams, Mark Gibson (CLD) and Susan Verghese as Secretary. Your service on the Board concludes with our sincerest gratitude.

Next, I would like to welcome the Class of 2021 to the Board Tom Lambert, Jodene Roark, Leanne Siedlarz, Shari Spring, Chris Wiggins, and Eric Teitleman, Spiritual Director. Together with the Class of 2020, we solicit your prayers as we seek His guidance and discernment for this coming year.

There are four weekends scheduled for 2020

at Camp Happyland.

E-192 - Gaylene Guest

E-193 - Chris Scholz

E-194 - Sam Gero

E-195 - Milton Zapata



As a community, we provide support to each weekend in a multitude of ways, Palanca, the Prayer Wheel, Snacks and Drinks, Placemats, and Mananita. However, our greatest need for each weekend is Pilgrims. Today, there are applications for 42 women and 26 men on file. This is quite a bit short of the number needed to fill our upcoming weekends. As a community, we need to be prayerfully considering someone who God might be leading you to sponsor on a weekend. I am challenging each of you to commit to praying each day for our weekends and the Pilgrims who will be attending them. 1 John 5:14-15 says, "This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us. And if we know that He hears us - whatever we ask - we know that we have what we asked of Him." Let us approach boldly before His throne and seek those whom He is calling to walk on a weekend.

Our next Ultreya will be at Dumfries United Methodist Church. Potluck will begin at 6:30 p.m. Service will follow immediately after at 7:30 p.m. The community will continue the tradition of gratitude to the Ultreya host churches by supporting their outreach ministries through donations. Dumfries UMC is asking for donations of non-perishable items for their Bread and Fishes ministry.

I look forward to seeing each of you at any of our Emmaus events throughout the year. If we haven't met before, please don't hesitate to seek me out and introduce yourself. The Board member's contact information is available on the NCA Emmaus website: [www.emmausnca.org](http://www.emmausnca.org)

Please feel free to reach out to any one of us should you have a question, suggestion, or idea to improve our community.

De Colores  
Chris Scholz  
Community Lay Director

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## FROM THE SPIRITUAL DIRECTOR

*Pastor Jose, Spiritual Director*

The season of Christmas has come and gone and a new decade has begun. What does the Lord require of you this day, this year, this decade? Of course we all understand that God is the same today as He was yesterday and will be tomorrow. It is we who need to reflect, renew, reenergize, and perhaps redirect.

As Christians we believe that God is within us in the power of His Holy Spirit. Our issue is finding that balance of God in the Spirit and our own Spirit. God never wanted puppets. He could easily have taken that tree out of the Garden and never allowed us choice. What God has declared throughout Scripture is that He wants us to choose, choose to be disciples who recognize His love, choose to share that love with all we meet and choose to live in that love by honoring our covenant to be Christ today.

As we start this New Year, reflect first on God and on Who He has revealed Himself to be. Reflect on the cross and the love expressed through a baby born to show us how to live and Who came to die for our sins. Reflect on what that love means to you and your response to that love.

Let God's love renew and reenergize your Spirit in the power of the Holy Spirit and drive your every act to make Christ known. No greater love has anyone than this: to lay down one's life for another. Christ laid down His life for you and Christ calls each of us to lay down our lives for our friends.

The New Year is here, what do you need to redirect, in order to respond today to God's love in your life?

Pray on that – De Colores/Fly With Christ

Jose Saldana  
Spiritual Director

## From the NCAE MD

Happy New Year, Community! He is alive and the fresh new year exudes His presence and blessings. You are so loved and appreciated as this year kicks off. We pray your heart is full of expectation of His goodness and joy. Be audacious for Him this year!



Hallelujah for the men of E-191 and music lead by Dave Charboneau and Phil Wisner at the December Ultreya. We were blessed with great music from their weekend and worshipped together in song. Dave was also the 4th Day speaker and lead his own talk song of “God only Knows” which rocked the house! Thank you, Dave and gang.

January Ultreya will be bringing music tunes from the NCAE Praise Team. “In Christ Alone” is the talk song and we ask you pray with us as we prepare the music and our hearts for this special time. While we are at Ultreya, Jerry Wills and Brianna Ornstein will be leading youth in music on the Chrysalis mountain. Lord, please richly bless it all.

If you are interested in being a part of NCAE music or know someone who is, please reach out to us at [mkrauss70@aol.com](mailto:mkrauss70@aol.com).

*Jim and Mary Ann (Mae) Krauss*

703-850-8226

[mkrauss70@aol.com](mailto:mkrauss70@aol.com)

### **INCLEMENT WEATHER POLICY.**

In case of inclement weather on the night of an Ultreya, please listen to the local television or radio. **If Public Schools are closed, and after school activities are canceled in the locality where the Ultreya is being held, the Ultreya will also be cancelled.**



## COMMUNITY PALANCA

It is time for the team and bugs of C-103 to go to the mountain. They need your love and prayers. Check out the Chrysalis section for information on location and times for activities.

The ladies and men are also preparing for their weekends and could use our support. There will be clipboards passed around at the January and February Ultreya to sign-up for food for the weekends along with placemats that need decorating.

A drop off basket will also be at the entrance to collect Palanca and food that you can drop off to help with the weekends. If you need to contact someone to assist you with your donations please let me know at the email below.

So glad to be back from Colorado and looking forward to getting started spreading the love for the community!

With love,

De Colores

Donna Morris

Donnamor117@gmail.com



## January Ultreya January 17, 2020 Dumfries UMC

3890 Cameron St, Dumfries, VA 22026



**Bring a dish to share.**

**6:30pm - Dinner**

**7:30pm - Ultreya**

**Love Offering**

**Non-perishable items for their Bread and Fishes ministry**

# KAIROS KORNER

## Are you being called to serve?



Looking For A New Year's Resolution...

Kairos of Northern Virginia ministers to two Men's Prisons

GCC S-3 contact: [frcars@icloud.com](mailto:frcars@icloud.com)

Sussex 1 contact: [michaelagentile@verizon.net](mailto:michaelagentile@verizon.net) |

Find out how you can become a servant in God's work.

## How to Participate:

### Be a Team Member

You can become a Kairos volunteer, and participate in the Weekends at the prison. There are also other ways to support the Team that do not involve a prison visit (Outside Support Team).

### Bake Cookies

We need dozens of cookies for a typical Kairos Weekend. Instructions available.

### Pray for Us

Without prayer, a Weekend cannot happen. We have people like you praying every minute of the weekend—even through the night! Join your prayers with ours on the prayer chain.

### Involve Children and Youth

Let children or youth groups draw placemats to be used at the meals in the prison. These drawings mean a lot to the men. One of the few hand made gifts they are allowed to keep.

### Giving to Kairos

Your tax-deductible donations help make our ministry possible! Checks should be made out to Kairos of Virginia and mailed to P.O. Box 245, Annandale, VA 22003-0245.

Our tax ID is 54-1970458.

## Special Note from Rectora E - 192

***“Behold, I stand at the door and knock; if anyone hears My voice and opens the door, I will come in to him and will dine with him, and he with Me.***

***” Revelation 3:20***



As I was considering a theme, I was reminded of a poem that was printed on a paper that we discovered on my mother's bed after she unexpectedly passed in October 2012. I truly think it may have been one of the last things that she read. The poem is called:

*“The Invitation”*

*You are invited to come dine with Me,  
From here until eternity,  
Believe in the Father, Son and Holy Ghost,  
And dine with Jesus as your host.  
To live in Heaven eternally,  
All you must to do is.....R.S.V.P.*

This poem gave us, as a family, much comfort knowing that she was in heaven, dining at a heavenly banquet with Jesus as her host. After all, when you get an invitation like that, you must go!! This poem came full circle when my brother passed away a couple of years ago, also unexpectedly. He led a difficult life and we didn't really talk much about matters of faith. After his memorial service, a life-long friend in attendance told me that she and my brother accepted Jesus Christ as their Savior when they were 15 years old. He had made his R.S.V.P. when he accepted Jesus into his heart as a teenager. He was most certainly dining at that heavenly banquet with my mother and all that have accepted Him.

It doesn't matter who we are, it doesn't matter what we have done, we are all invited to ***“Come to the Table”***, we only need to R.S.V.P.!! Praise God! There is the heavenly table which we are invited to dine for eternity, the Communion Table where we are reminded of the sacrifice Jesus made for us and the table of fellowship where we come together to dine and to serve all who would come to be fed.

## Special Note from Rectora E - 192 Continued

I believe that **“Come to the Table”** says everything about the Emmaus Community. We come from so many different places in our faith walk, different churches and denominations, and backgrounds, yet when we come together, we worship the one true Lord and Savior.

The theme song for E-192 is “The Table” by Chris Tomlin which says:

I'm invited to the table of the Lord  
I'm invited to the table of the Lord  
He says, "Come just as you are"  
To His table.

The team of E-192 is excited to serve the pilgrims that God will send our way. I am humbled to have been chosen by the community to lead this wonderful team and look forward to see what he has planned. We appreciate your prayers as we prepare to welcome all who will “Come to the Table”.

***Note: We are in the process of calling pilgrims for E-192, but have room for more!! If you have a mother, daughter, sister, co-worker, neighbor or fellow church member that you think could benefit from an Emmaus weekend, please consider sponsoring and sending in an application!***

Gaylene Guest

“R” E-192

### 2019 WEEKEND EMMAUS FEES

Application Fee	\$35.00
Pilgrim Fee	\$215.00
Team Fee	\$250.00

### 2020 NCA Emmaus Walks

E 192 - Mar 5-8	Gaylene Guest
E 193 - Apr 30-May 3	Chris Schulz
E 194 - Oct 1-4	Sam Gero
E 195 - Nov 12-15	Milton Zapata



## **E-192 Team Assignments**

**Cathy Albrecht** ~ Agape Feast Cha, Assistant Dining Room Cha, *Priority Talk*

**Bev Barthmaier** ~ Assistant Agape Feast Cha, Floater Cha, *Chapel Reading*

**Megan Billingsley** ~ Music Director, *Who Me Reading*

**Debbie Boisvert** ~ Chapel Cha, *Stations of the Cross Narrator*

**Vickie Carroll** ~ Assistant Head Cha, *Christian Action Talk*

**Ashley Clairmont** ~ Assistant Talk Room Cha, *Please Hear What I'm Not Saying Reading*

**Jennifer Clardy Chalmers** ~ A/V Cha, Assistant Mananita Cha

**Lisa Giamette** ~ Table Leader, *Seeing Clearly Reading, DDU Fourth Day Talk*

**Gaylene Guest** ~ Rectora, *Fourth Day Talk*

**Vanessa Jones** ~ Palanca Cha, *Body of Christ Talk*

**Lindsey Kirkwood** ~ Head Cha, *A Time for Everything Reading*

**Kat Lopez** ~ Table Leader, *Changing Our World Talk, Chapel Reading*

**Marsha Lunceford** ~ Mananita Cha, Assistant Closing Cha, *Chapel Reading*

**Hilda McHugh** ~ Assistant Chapel Cha, *Chapel Reading*

**Carol Miller** ~ Assistant Dining Room Cha, *Lord I Have Time Reading*

**Caye Nelson** ~ Closing Cha, Assistant Palanca Cha, *Discipleship Talk, Ragman Narrator*

**Denise Parris** ~ Old Buffalo, Floater Cha, *Stations, Chapel Reading, Fourth Day Ultreya Talk*

**Nicole Parrish** ~ Assistant Music Director, *Chapel Reading*

**Denise Perry** ~ Assistant Palanca Cha, *Please Hear What I'm Not Saying Reading*

**Patty Plummer** ~ Table Leader, *What is Truth Reading, Four Responses Chapel*

**Carolyn Ritenour** ~ Table Leader, *Four Responses Chapel, Chapel Reading*

**Jodene Roark** ~ Talk Room Cha, Assistant A/V Cha, *Growth Through Study Talk*

**Linda Saldana** ~ Table Leader, *Life in Piety Talk, Stations of the Cross Narrator*

**Jose Saldana** ~ Spiritual Director, *Prevenient, Obstacles to, and Sanctifying Grace Talks*

**Stephanie Sheridan** ~ Table Leader, *Facing Trials Reading*

**Joann Smith** ~ Spiritual Director, *Justifying and Means of Grace Talks*

**Ruth Washburg** ~ Assistant Rectora, *Perseverance Talk*

**Morgan Wiggins** ~ Dining Room Cha, *Priesthood of All Believers Talk*

## From the NCA Chrysalis - CLD

Here's a little update from your favorite CLD. Right now, C103 just finished their last meeting. They are headed up to the mountain in less than two weeks.

We almost have a full house of bugs.

We currently have 22 caterpillars that are waiting very patiently for their sponsors to drop them off at Caroline Furnace. The address is 8481 Moreland Gap Road, Fort Valley, VA. The R's of C103, Madison and Aiden, have done a fine job putting this team together with the guidance of our awesome Lord, Jesus Christ. The theme of the weekend is 'Oh How He Loves' The verse for the weekend is John 3:16.



As for our board, we are working hard to make Chrysalis thrive within our communities. We have lit up social media, both Facebook and Instagram. Last month, we read through the Gospel of Luke. We have been reaching out to other Chrysalis communities through our social media sites. We have been working hard to reunite bugs and team members from past walks. We through an Ugly Sweater party last month. We had a great turnout considering it was the weekend before Christmas, so the odds were against us. There were a lot of Ugly Sweaters that night and plenty of Reindeer games, singing and laughing all night long. We are planning our next reunion during spring time. So, keep your eyes open for more details as to come. We are also looking to enhance our teaming experience by adding relational evangelism aspect to the process. We look forward to teaching the entire team how to share their story with confidence anywhere, any place.

Fly With Christ,

Erin Prendergast

### **2020 WEEKEND PRAYER WHEEL Needs You!**

Sign up at [emmausnca.org](http://emmausnca.org); click on weekend #E192 on the left; then click Prayer Wheel heading. Be a **Blessing** as the **Body of Christ** covers these **weekends** in **prayer**.

# Welcome to C-103!

The theme of this

weekend is “Oh, how he loves us!”

and the weekend verse is **John 3:16**.



We chose the song “How He Loves” by the David Crowder Band.

**God has placed some amazing people on this team to do His work. Assignments have handed out. We are ready and willing to serve in His name. We are ready for an amazing weekend! But we need your help. See, without bugs, the weekend can't happen. We need YOU to go out and get some bugs! So put the word out, be it at your church, your school, or wherever you go, let them know that C-103 is coming up: January 17-20, 2020 at Carline Furnace Retreat.**

Love,

**Aiden Wills and Madison Mosher**

**The R's for C-103**



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<b>Term Expiring January 2021</b>		
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<b>Chrysalis Community Lay Director</b>		
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<b>Assistant Lay Director</b>		
Becca Washburg		
<b>Spiritual Directors</b>		
Daniel Andersen	Rich Saunderws	
<b>Other Chrysalis Board Members</b>		
<b>Adult Members</b>		<b>Youth Members</b>
Doug Radoye		Katie Rowe
Dan Hughes		Bryson Frankfort
Charley Hays		Kayleigh Sullivan
Allison Rock		Becca Washburg
Kelly Boden		Matt Lehmer
ReAnne Newberry		
<b>Chrysalis Support Personnel</b>		
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<b>Facilities Coordinator</b>		
<i>Erin Prendergast &amp; Charley Hays</i>		
<b>Fourth Day Packet Coordinator</b>		
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<b>Chrysalis Cross Coordinator</b>		
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<b>Hoot Coordinators</b>		
<i>Chrysalis Board</i>		
<b>Agape Coordinator - I am Lovable, Team &amp; Butterfly Pins/Placemats/Agape Bags</b>		
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Sarah Kleppinger & Becca Wasburg		
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Jerry Wills		jerry@hippofamily.com

**Fourth-Day-Journal**  
**National Capital Area Emmaus**

