

National Capital Area Emmaus



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

Dear Friends and Family,

On Monday, May 25, 2020, 8 minutes and 46 seconds of recorded video capturing the death of Mr. George Floyd in Minneapolis Minnesota changed the course of our everyday conversation from our new normal life in a pandemic due to COVID-19 to the state of racism in the United States.

As the events of the weekend following Mr. Floyd’s untimely death unfolded, angry citizens began protesting and rioting throughout the streets of Minneapolis (and many other cities throughout the world). My daughter and I were able to have a conversation about what was happening in the world. I could see the hurt in her eyes as she tried to wrap her thoughts and emotions around the events unfolding within her world. I asked her what was it that was causing her so much pain? She just looked at me and said, “I don’t understand why?” At that very moment flashes of time filled my mind and I was taken back to my daughter as a toddler who came home to describe her newest friend with “brown skin” just like Madame (her daycare provider for many years) to my wife and me.

Another time, on her second birthday, the only gift all she wanted was a black baby doll to call her own. When "Lola" became part of the family, she would cradle her as we would run errands and many African American strangers would stop us and tell us how much they loved what they were seeing. It was then I realized how ill-equipped I was as a dad to provide an answer.



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CLD Article Continued:

Our conversation continued and we discussed how police officers are sometimes not the good guys and why it's different and harder to grow up and live as a black person in America. I shared with her a lesson about race I learned from one of my pastors and friend Garret Caldwell. He shared with me years ago about how he was consistently pulled over by police for no reason, other than he was driving a nice car, and he fit a description provided by a complainant. He would have to go through this routine of explaining what he was doing in the area where he was pulled over and prove his story with his credentials. He described the fear he lived with each and every day as he ministered to his flock in this predominately white community where he was the pastor of a church who happened to be black. I will never forget his story and the lesson I learned that day about race and white privilege .

The National Capital Area Emmaus organization is an inclusive loving community committed to discipling others and building His kingdom. As part of the body of Christ, we cannot sit silent when our brothers and sisters, friends, and/or people we seek as pilgrims are being mistreated, abused, or killed unnecessarily. We need to seek to understand more and more of our brothers and sisters of color and the realities they go through. 1 Cor 12:26 "If one part suffers, every part suffers with it." We can do more.

I pray for the family of Mr. Floyd, my dear friend Garret, and all of the mothers and fathers who live in constant fear of racial injustice for their sons and daughters. I long for the day when we gather together at the table with our Savior and daughters will no longer look up at their fathers with questions of, "Why?"

DeColores – and so must our love be of many bright colors.

Chris Scholz

CLD

FROM THE SPIRITUAL DIRECTOR

Pastor Eric, Spiritual Director

The Gospel of The Kingdom

Dear brothers and sisters in Christ *Yeshua*:

The gospel is the revelation of Christ that communicates God's truth concerning salvation and His Kingdom. And so the gospel of the Kingdom has two parts: salvation *and* the Kingdom.

Concerning salvation, Jesus said, *"I am the way, the truth, and the life. No one comes to the Father except through Me."* (John 14:6, NKJV). *"And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent"* (John 17:3).

Salvation is simple to understand, even for a child. The gospel explained is the church sharing the good news of Jesus. This good news is His love for us and His desire to forgive humanity for its sinful and fallen condition.

This good news is also His promise of our resurrection and eternal life in Him, making us a new creation. We get a clean slate and a new beginning. Everything about this current life and the difficulties found in the world will one day soon fade away, and we will enter His glorious Kingdom for eternity. Now that is good news!

Concerning the Kingdom, most of Jesus' sermons were about His Kingdom. The disciples asked Jesus, *"Lord, will You at this time restore the kingdom to Israel?"* (Acts 1:6). Jesus lovingly answered, no. For now, the Kingdom of God, and more importantly, the King is living in our hearts. So yes, the Kingdom is at hand, but it is not here on the earth yet.

In the Book of Revelation, we read that when the angel blows the seventh trumpet, loud voices in heaven will declare: *"The kingdoms of this world have [now] become the kingdoms of our Lord and of His Christ, and He shall reign forever and ever!"* (Revelation 11:15).

Yeshua spoke plainly to His disciples, saying it had been given to us to know the mysteries of the Kingdom of Heaven (Matthew 13:11). And to Peter, He said, *"And I will give you the keys of the kingdom of heaven"* (Matthew 16:19). Keys in the Jewish tradition represent knowledge and understanding.

Spiritual Director Continued:

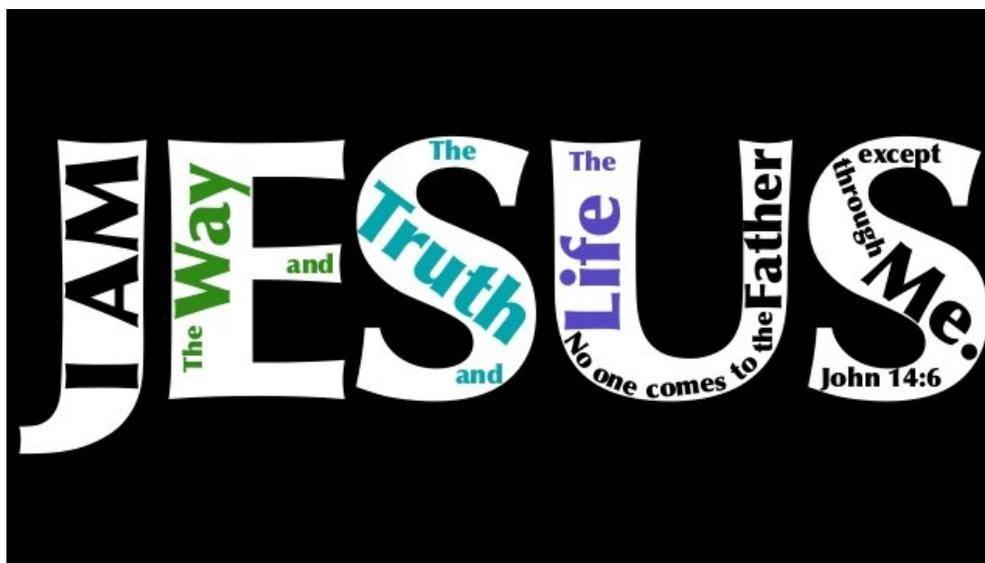
Therefore, we are called to preach the gospel, at the minimum, the gospel of salvation. This is the first step in fulfilling the great commission. The second step is the discipleship of all nations and requires the teaching of the gospel of the Kingdom (*Matthew 28:19*).

The gospel is both the good news of our immediate salvation in Christ and our future resurrection into the Kingdom of God. And our good works are a witness to those who are without Christ. If we do one without the other, our testimony of Christ to others will ring with the shallowness of a clanging cymbal.

Let us preach the gospel of the Kingdom to all, with confidence and love (*1 Corinthians 13:13*)—the gospel of salvation to those who need Christ, and the gospel of the Kingdom to those who are disciples of Christ.

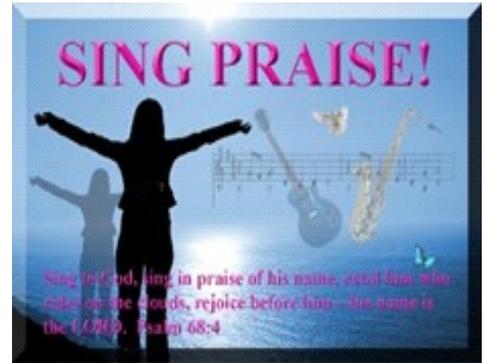
DeColores

Eric Michael Teitelman



From the NCAE MD

De Colores, Community Family!



Think on this: A SONG as a PRAYER. Prayer is communication with God and a beautiful vital resource during this challenging time. Things we recently learned from some Chrysalis friends about prayer - 1) All that we learn while talking to God applies to our communication with others - honesty, openness, etc. 2) Prayer develops good habits like being an active listener - we learn to listen to the heart, not just words. 3) It helps us to be more thoughtful in our choice of words, speaking the truth in love. 4) Prayer helps us desire communication with others, to connect with authenticity and intimacy. 5) We grow in our communication skills with others, which impacts our communication with God. This was a beautiful revelation to us - more depth as we view prayer/song. For a song can be a prayer. Joy!

David began to sing in the desert and it was an out-pouring of JOY! He sang "My help comes from the Lord, the maker of heaven and earth." (Psalm 121:2). During this "desert time", lyrics become stronger and more authentic to us. Recently, I saw a video of a mini-serenade Lindsey Kirkwood did for another member of the NCAE community in pure love. Touching. As I listened to the words "All the People Said Amen" once again, the lyrics meant more than ever. *"You are not alone if you are lonely, when you feel afraid, you're not the only - we are all the same in need of mercy, To be forgiven and be free. It's all we have to lean on but thank God it's all we need. And all the people said amen!"* Imagine what it meant to the Kirkwood's and those receiving the serenade! You'll hear more from Lindsey leading Ultreya music soon.

Are you enjoying the online Ultreyas? Sean Murphy and gang will be leading the music portion online in June. Songs chosen are prayed over and intentionally desired to express our souls, touch a heart, especially during this desert time... bring us out of the desert and into light! Marvelous Light.

Jim and Mary Ann (Mae) Krauss

703-850-8226

mkrauss70@aol.com

From the NCA Chrysalis



A Message from your Chrysalis CLD:

As most already know, we have postponed our summer weekends until further notice. We are hoping to get back together for the upcoming January weekend. During this time of social distancing, the Chrysalis Next Level team has been busy giving Chrysalis a long overdue face lift. We have been revamping all the talks to make them more relevant to the times. We are in Phase Two of our face lift. We have invited numerous folks who have been part of the Chrysalis community to read over the new talks and give their comments and suggestions. Next, we will present them to the board for a vote. We are also revamping our teaming process to help ensure a successful weekend without too many hiccups and unnecessary stress on the team. We are trying to make sure that the training for each team is consistent. We are very excited with the progress thus far. We would like to get this implemented before the next team heads to the mountain.



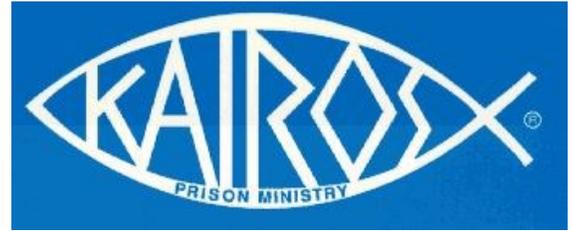
It's that time of year folks, election time! We are looking for anyone who is interested in being part of a great group of people who are passionate about bringing our youth and young adults closer to Jesus Christ and making a difference in their spiritual lives. You must have teamed at least twice on a Chrysalis weekend. You must also have a loving, kind heart and be a willing participant, who brings ideas to the table. It is a two year commitment. We meet every second Monday of the month. If you think you are this person, please reach out to me. My number is 703-969-1895 and my email is elerpr143@aol.com.

I encourage everyone to follow us on social media. We have been reading through the book of Romans. Why don't you join us and see what Paul has to say to us. Don't feel alone during this time of social distancing. Reach out to your fellow butterflies and join a reunion group. If you need help in finding one, just email or call me. I'm here to help.

Fly With Christ,
Erin Prendergast

KAIROS KORNER

Is Kairos A Good Fit For You?



My answer for you all is always going to be...

YES! I'm a firm believer that every Christian is a good fit for Kairos because the Holy Spirit gives us the power!!! But I understand that it can seem to be a bit frightening or maybe overwhelming for many folks.

We're entering into another season of team formation for the Sussex 1 state prison team. And each team formation begins, much like in Emmaus, with icebreaker questions to help us get to know each other better, and draw closer together as brothers in ministry, and help to discern who has a story that might bless the residents/participants. I've asked the team members who are willing to share their answer to this question:

Q: Why Do You Serve On Kairos? (What motivates you to join this ministry?)

Pat Schambach Commented:

"I volunteer with Kairos because I've come to the belief that I am looking into the face of Jesus when I am inside with the residents."

Steve Connely Shared:

"I enjoy the sense of community and I like the fellowship with teammates. I like the spiritual formation we encounter during team meetings. I feel that Prison Ministry is what our Lord has called me to do in His name. I enjoy bringing the good news to the men we minister to in the prison. I feel personally rewarded and blessed by our Lord in performing this ministry. There are many times I will leave a Kairos weekend enlightened; having personally learned from the men attending the weekend from their sharing as well as learning something about myself."

Dennis Fargo said:

"I had a pastor, who said in a homily, 'Jesus does not care about your sins: His power to forgive you is greater than any sin you can commit. He cares about your soul.' Surely if there is a place on earth where souls are in peril, it is prison. I saw a closing ceremony at VCCW and knew I was called to serve those souls."

Tom Weaver (K#10 Leader) said:

"I volunteer to team on Kairos because: I initially felt that God was calling me to the ministry. I continue to experience spiritual growth while in the ministry, a sign that God continues to bless my participation. It helps to keep me accountable to my role in God's kingdom on earth. It is a great spiritual retreat for me that helps center me on my daily walk."

Thank you all,

Michael Gentile

COMMUNITY PALANCA

This will be my last article for the 4th Day Journal. Ruth and Becca Washburg have graciously accepted to take the Palanca position for the Emmaus and Chrysalis Community.

Please contact them with any of your questions.

Many of you find yourselves trying to find things to do with your kids and even on an evening when you just can not take one more Netflix Series or just have to turn off the news to regroup.

So grab a piece of paper and a pen and write down some loving words, favorite verse, and funny little antidotes to pass on for the future weekends be it Emmaus or Chrysalis.

Please be safe and know you are in Jim and mine prayers.

With love,

De Colores

Donna Morris

Donnamor117@gmail.com



June Ultreya

June 19, 2020

Log in to emmausnca.org website

for instructions on the Virtual Ultreya!

Join the community in music, worship and prayer.

Virtual hugs and love from our music team and

others will fill your 4th day with JOY!

2020 Ultreyas

July 17, 2020 - Virtual Ultreya
August 21, 2020 - TBD
September 18, 2020 - Clarendon UMC
October 23, 2020 - Bethel UMC
November 20, 2020 - Christ Church
December 18, 2020 - TBD

2020 WEEKEND PRAYER WHEEL Needs You!

Sign up at emmausnca.org; click on weekend on the left; then click Prayer Wheel heading. Be a Blessing as the Body of Christ covers these weekends in prayer.



2020 WEEKEND EMMAUS FEES

Application Fee	\$35.00
Pilgrim Fee	\$215.00
Team Fee	\$250.00

2020 NCA Emmaus Walks

E 193 - Oct 1-4	Chris Scholz
E 194 - Nov 12-15	Sam Gero

NCA EMMAUS BOARD		
Term Expiring January 2021		
Jose Saldaña , SD	703-593-5340	jwsaldana@gmail.com
Liana Cuffman	703-899-4675	cuffli@comcast.net
Kat Schreiber Lopez	703-568-9710	kat.schreiber@verizon.net
Raúl Castillo	703-307-8070	RaulCastillo6413@gmail.com
Chris Scholz	703-929-7931	ccscholz@gmail.com
Jim Rogers	202-210-6792	james.rogers3@verizon.net
Term Expiring January 2022		
Tom Lambert		tmlfam@aol.com
Jodene Roark		jodroak@aol.com
Leanne Siedlarz		siedlarl@yahoo.com
Shari Spring		nomasweetpea.shari@gmail.com
Chris Wiggins		chrisjwiggins@yahoo.com
Eric Teitleman		eric@thehouseofdavid.org
COMMUNITY SUPPORT LEADERS		
Applications ~ NCA Emmaus Pilgrims& Team		
Charlie & Vickie Carroll	703-887-7590	Cand_app@emmausnca.org
Audio-Visual/Software Managers		
Jim and Donna Morris	540-403-6155	avsoftware@emmausnca.org
Community Palanca/Agape Coordinators		
Ruth and Becca Washburg		Ruthwashburg@yahoo.com
Community Shed Coordinator		
Annette Barbier	703-491-2104	Abarbier2@aol.com
Facility Liaison		
Nancy Geeting	540-841-3343	ngeeting.54@gmail.com
Fourth Day Journal – Newsletter Editor		
Donna Morris	703-402-1155	DonnaMor117@gmail.com
Fourth Day Journal Mailing		
Beth Woodley	703-447-9553	4DayMail@emmausnca.org
Kairos Representative		
Mike Gentile	703-638-2545	michaelagentile@verizon.net
Kairos Outside Representative		
Barbara Teats	703-354-9043	barbteats@hotmail.com
Rector (a) Manuals Coordinator		
Mark Gibson & Susan Verghese		manuals@emmausnca.org
Music Directors		
Jim & Mae Krauss	703-850-8226	md@emmausnca.org
Outreach Palanca/Agape Coordinator		
Debbie McCluskey		gndmclcluskey2@verizon.net
Prayer Wheel Coordinator		
Lisa Giamette		Shark.mommy@gmail.com
Rector(a) Selection Coordinator		
Jack Christie	703-491-8670	Jackchristie153@gmail.com
Reunion Group Coordinator		
Liana Cuffman	703-920-6219	cuffli@comcast.net
Scholarship Coordinator		
Lindsey Kirkwood	571-236-4563	lindsey.kirkwood@gmail.com
Talk Folder Coordinator		
Al Barbier	703-491-2104	Ajbarbier@aol.com
Treasurer		
Donna Morris	703-402-1155	ncaetreas@gmail.com
Website Manager		
Rob Cannon	703-965-8045	webadmin@emmausnca.org
Weekend Handouts Coordinator		
Mark Segnari	703-670-3145	4daypack@emmausnca.org
Wooden Crosses & Ropes		
John Lohr		FortyAkers@hotmail.com
Safety Coordinator		
Jon Guest		Jon.guest@verizon.net

Chrysalis Community Lay Director		
Erin Pendergast		elerper143@aol.com
Assistant Lay Director		
Becca Washburg		
Spiritual Directors		
Daniel Andersen	Rich Saunderws	
Other Chrysalis Board Members		
Adult Members		Youth Members
Doug Radoye		Katie Rowe
Dan Hughes		Bryson Frankfort
Charley Hays		Kayleigh Sullivan
Allison Rock		Becca Washburg
Kelly Boden		Matt Lehmer
ReAnne Newberry		
Chrysalis Support Personnel		
Supply Coordinators:		
Doug Radoye		mroew.art@gmail.com
Prayer Wheel Coordinator		
Volunteer Needed - Currently Online Access		
Manuals and Talk Folders		
Kurt Bubenhofer		fkubub@yahoo.com
Community Music Director		
Jerry Wills		jerry@hippofamily.com
Chrysalis Registrar		
Jerry Wills		jerry@hippofamily.com
Chrysalis Secretary		
Jerry Wills		jerry@hippofamily.com
Chrysalis Treasurer		
Bob LeMay		rlemay@lemayandcompany.com
Worldwide Agape Coord.		
Bryson Frankfort		
Facilities Coordinator		
Erin Prendergast & Charley Hays		
Fourth Day Packet Coordinator		
Bob LeMay		rlemay@lemayandcompany.com
Historian		
Volunteer Needed		
Outreach Coordinator		
ReAnn Newberry		
Clown Communion Coordinator		
Jan Niehoff		
Chrysalis Cross Coordinator		
Janet & Lindsey Matthews		jam5016@yahoo.com
Hoot Coordinators		
Chrysalis Board		
Agape Coordinator - I am Lovable, Team & Butterfly Pins/Placemats/Agape Bags		
Nicole Mosher		haleycomet125@gmail.com
Website Coordinator		
Sarah Kleppinger & Becca Wasburg		
Website Administrator		
Jerry Wills		jerry@hippofamily.com

Fourth-Day-Journal
National Capital Area Emmaus

