

National Capital Area Emmaus



FROM THE NCA EMMAUS COMMUNITY LAY DIRECTOR

Dear Friends and Family,

On Monday, May 25, 2020, 8 minutes and 46 seconds of recorded video capturing the death of Mr. George Floyd in Minneapolis Minnesota changed the course of our everyday conversation from our new normal life in a pandemic due to COVID-19 to the state of racism in the United States.

As the events of the weekend following Mr. Floyd’s untimely death unfolded, angry citizens began protesting and rioting throughout the streets of Minneapolis (and many other cities throughout the world). My daughter and I were able to have a conversation about what was happening in the world. I could see the hurt in her eyes as she tried to wrap her thoughts and emotions around the events unfolding within her world. I asked her what was it that was causing her so much pain? She just looked at me and said, “I don’t understand why?” At that very moment flashes of time filled my mind and I was taken back to my daughter as a toddler who came home to describe her newest friend with “brown skin” just like Madame (her daycare provider for many years) to my wife and me.

Another time, on her second birthday, the only gift all she wanted was a black baby doll to call her own. When "Lola" became part of the family, she would cradle her as we would run errands and many African American strangers would stop us and tell us how much they loved what they were seeing. It was then I realized how ill-equipped I was as a dad to provide an answer.



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CLD Article Continued:

Our conversation continued and we discussed how police officers are sometimes not the good guys and why it's different and harder to grow up and live as a black person in America. I shared with her a lesson about race I learned from one of my pastors and friend Garret Caldwell. He shared with me years ago about how he was consistently pulled over by police for no reason, other than he was driving a nice car, and he fit a description provided by a complainant. He would have to go through this routine of explaining what he was doing in the area where he was pulled over and prove his story with his credentials. He described the fear he lived with each and every day as he ministered to his flock in this predominately white community where he was the pastor of a church who happened to be black. I will never forget his story and the lesson I learned that day about race and white privilege .

The National Capital Area Emmaus organization is an inclusive loving community committed to discipling others and building His kingdom. As part of the body of Christ, we cannot sit silent when our brothers and sisters, friends, and/or people we seek as pilgrims are being mistreated, abused, or killed unnecessarily. We need to seek to understand more and more of our brothers and sisters of color and the realities they go through. 1 Cor 12:26 "If one part suffers, every part suffers with it." We can do more.

I pray for the family of Mr. Floyd, my dear friend Garret, and all of the mothers and fathers who live in constant fear of racial injustice for their sons and daughters. I long for the day when we gather together at the table with our Savior and daughters will no longer look up at their fathers with questions of, "Why?"

DeColores – and so must our love be of many bright colors.

Chris Scholz

CLD

FROM THE SPIRITUAL DIRECTOR

Pastor Jose, Spiritual Director

Freedom

It is for Freedom we have been saved, Paul declares in Gal 5:1: It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery, slavery to sin and death. Paul tells us, be free and in your freedom, live as the children, as the people of God, as one nation under God.

We are Americans and we honor this great country that God has given us and the Declaration of Independence that freed her from tyranny and oppression.

As Christians though, we must be careful to recognize the limits on our freedom of which Paul speaks. Our freedom, our declaration to “independence,” is freedom from sin, freedom to love God and love each other. Our faith tells us of our need for a Savior and our need for one another, for all who will partner with us as companions on our journey of faith to being disciples of Jesus Christ.

As Christians, we belong to God, Who made us and sustains us. We should observe our independence in worship, with thanksgiving for the freedoms we enjoy as a nation and as a people. It is always appropriate to give God thanks for the blessings we too often take for granted. But we need to remember that our freedom has responsibilities and choices.



Spiritual Director Continued:

As Christians, we must choose to exercise our freedom within the constraints of His word, loving God and loving neighbor. As Christians we give our first allegiance to the Lord our God Who calls us to love and not judge, to choose to follow the example of Christ Who for us chose the cross so that we could choose freedom from sin. And when we choose Christ, we are called to lay down our lives for Him and like Him, for each other.

This is our call for freedom, for independence from sin and for life in God through the power of the cross. We are free to follow Christ our Lord and Savior, to take up our cross as He did, to love our neighbors as ourselves.

Freedom is something we can claim and something we can proclaim. The question is will you?

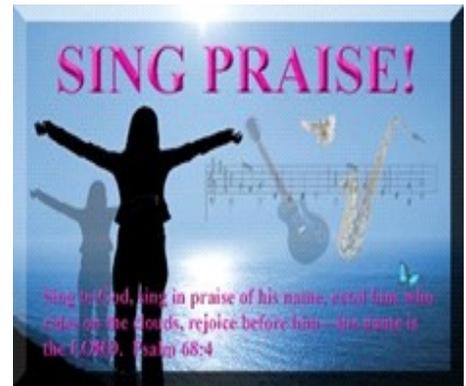
DeColores

Jose Saldana



From the NCAE MD

Dance and Sing. Quit Striving. Listen. Eyes on Jesus. Bless this day, Lord. "But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may now rejoice in you." Psalm 5:11



So much advice nowadays, so much news - let's hang on to the Good News of Jesus who is the only answer. We sing in the middle of it all, it expresses our souls, it lifts our spirits.

Kudos for all who have paused and shown up to share song, express and encourage our hearts by being part of the online Ultreyas during this season. Weekend MDs are leading the recorded Ultreyas along with a standard crew who are familiar with the process. For July, Lindsey Kirkwood is featured and brings a lot of spirit and joy. She put much thought and prayer into the choice of songs and sacrificed time in preparing, as all do. We hold a Zoom two or three days before we record at Family Worship Center, Bealton, VA. We are so grateful to them, as they have gone above and beyond blessing us by making us feel so welcome and by making this possible. The crew supporting each month has generally been Phil Wisner on bass, Ed Darden on drums, Josh Reese (from home) on electric guitar, Elaine Miller on keys. Production group is lead by Mike Frankfort, Jim Morris, Bryson Frankfort, and Chris Sholtz. Past recordings were lead by Jim, Joe Forrer, Jerry Wills, and Sean Murphy. Future arrangements are tentatively set with Dave Charboneau, Scott Niehoff, Milton Zapata, and others. If you are or have been a weekend MD, we will be in touch or please reach out to us and let us know you are willing to serve in this capacity. We are "social distancing" and remain conscious of the need to sanitize.

God has been so very good, and you have been supportive and patient as we venture in this new territory. He has great things ahead and we can look at this expectantly. Even when we don't see it He's working! We love you,

Jim and Mary Ann (Mae) Krauss

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From the NCA Chrysalis



A Message from your Chrysalis CLD:

As most already know, we have postponed our summer weekends until further notice. We are hoping to get back together for the upcoming January weekend. During this time of social distancing, the Chrysalis Next Level team has been busy giving Chrysalis a long overdue face lift. We have been revamping all the talks to make them more relevant to the times. We are in Phase Two of our face lift. We have invited numerous folks who have been part of the Chrysalis community to read over the new talks and give their comments and suggestions. Next, we will present them to the board for a vote. We are also revamping our teaming process to help ensure a successful weekend without too many hiccups and unnecessary stress on the team. We are trying to make sure that the training for each team is consistent. We are very excited with the progress thus far. We would like to get this implemented before the next team heads to the mountain.



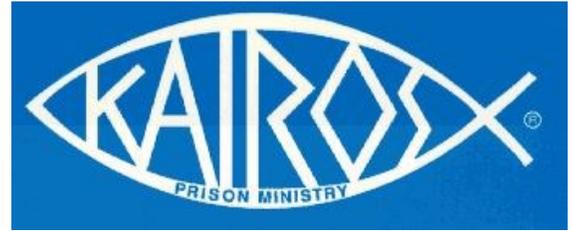
It's that time of year folks, election time! We are looking for anyone who is interested in being part of a great group of people who are passionate about bringing our youth and young adults closer to Jesus Christ and making a difference in their spiritual lives. You must have teamed at least twice on a Chrysalis weekend. You must also have a loving, kind heart and be a willing participant, who brings ideas to the table. It is a two year commitment. We meet every second Monday of the month. If you think you are this person, please reach out to me. My number is 703-969-1895 and my email is elerpr143@aol.com.

I encourage everyone to follow us on social media. We have been reading through the book of Romans. Why don't you join us and see what Paul has to say to us. Don't feel alone during this time of social distancing. Reach out to your fellow butterflies and join a reunion group. If you need help in finding one, just email or call me. I'm here to help.

Fly With Christ,
Erin Prendergast

KAIROS KORNER

Is Kairos A Good Fit For You?



My answer for you all is always going to be...

YES! I'm a firm believer that every Christian is a good fit for Kairos because the Holy Spirit gives us the power!!! But I understand that it can seem to be a bit frightening or maybe overwhelming for many folks.

We're entering into another season of team formation for the Sussex 1 state prison team. And each team formation begins, much like in Emmaus, with icebreaker questions to help us get to know each other better, and draw closer together as brothers in ministry, and help to discern who has a story that might bless the residents/participants. I've asked the team members who are willing to share their answer to this question:

Q: Why Do You Serve On Kairos? (What motivates you to join this ministry?)

Pat Schambach Commented:

"I volunteer with Kairos because I've come to the belief that I am looking into the face of Jesus when I am inside with the residents."

Steve Connely Shared:

"I enjoy the sense of community and I like the fellowship with teammates. I like the spiritual formation we encounter during team meetings. I feel that Prison Ministry is what our Lord has called me to do in His name. I enjoy bringing the good news to the men we minister to in the prison. I feel personally rewarded and blessed by our Lord in performing this ministry. There are many times I will leave a Kairos weekend enlightened; having personally learned from the men attending the weekend from their sharing as well as learning something about myself."

Dennis Fargo said:

"I had a pastor, who said in a homily, 'Jesus does not care about your sins: His power to forgive you is greater than any sin you can commit. He cares about your soul.' Surely if there is a place on earth where souls are in peril, it is prison. I saw a closing ceremony at VCCW and knew I was called to serve those souls."

Tom Weaver (K#10 Leader) said:

"I volunteer to team on Kairos because: I initially felt that God was calling me to the ministry. I continue to experience spiritual growth while in the ministry, a sign that God continues to bless my participation. It helps to keep me accountable to my role in God's kingdom on earth. It is a great spiritual retreat for me that helps center me on my daily walk."

Thank you all,

Michael Gentile

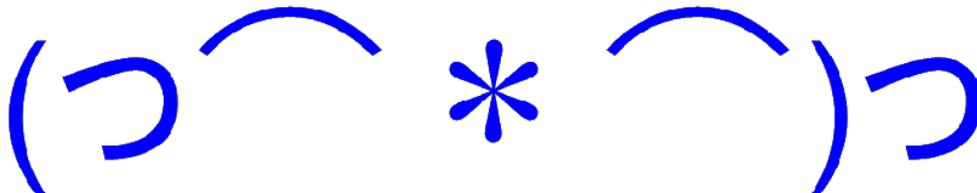
COMMUNITY PALANCA

Three Cheers for Palanca ! We are so excited to carry on our love of Emmaus by helping with Palanca . We are ready to collect, organize and distribute Palanca.

Do you want to make palanca bags ? We have a pattern .

Join us on this Rainbow journey... As we share God's love .

Ruth Washburg and Becca Washburg



July Ultreya
July 17, 2020

Log in to emmausnca.org website

for instructions on the Virtual Ultreya!

Join the community in music, worship and prayer.

Virtual hugs and love from our music team and

others will fill your 4th day with JOY!

2020 Ultreyas

August 21, 2020 - Virtual Ultreya
September 18, 2020 - Clarendon UMC
October 23, 2020 - Bethel UMC
November 20, 2020 - Christ Church
December 18, 2020 - TBD

2020 WEEKEND PRAYER WHEEL Needs You!

Sign up at emmausnca.org; click on weekend on the left; then click Prayer Wheel heading. Be a **Blessing** as the **Body of Christ** covers these **weekends** in **prayer**.



2020 WEEKEND EMMAUS FEES

Application Fee	\$35.00
Pilgrim Fee	\$215.00
Team Fee	\$250.00

2020 NCA Emmaus Walks

E 193 - Oct 1-4	Chris Scholz
E 194 - Nov 12-15	Sam Gero

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Jon Guest		Jon.guest@verizon.net

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Assistant Lay Director		
Becca Washburg		
Spiritual Directors		
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Dan Hughes		Bryson Frankfort
Charley Hays		Kayleigh Sullivan
Allison Rock		Becca Washburg
Kelly Boden		Matt Lehmer
ReAnne Newberry		
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Prayer Wheel Coordinator		
Volunteer Needed - Currently Online Access		
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Chrysalis Treasurer		
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Bryson Frankfort		
Facilities Coordinator		
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Fourth Day Packet Coordinator		
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Historian		
Volunteer Needed		
Outreach Coordinator		
ReAnn Newberry		
Clown Communion Coordinator		
Jan Niehoff		
Chrysalis Cross Coordinator		
Janet & Lindsey Matthews		jam5016@yahoo.com
Hoot Coordinators		
Chrysalis Board		
Agape Coordinator - I am Lovable, Team & Butterfly Pins/Placemats/Agape Bags		
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Website Coordinator		
Sarah Kleppinger & Becca Wasburg		
Website Administrator		
Jerry Wills		jerry@hippofamily.com

Fourth-Day-Journal
National Capital Area Emmaus

